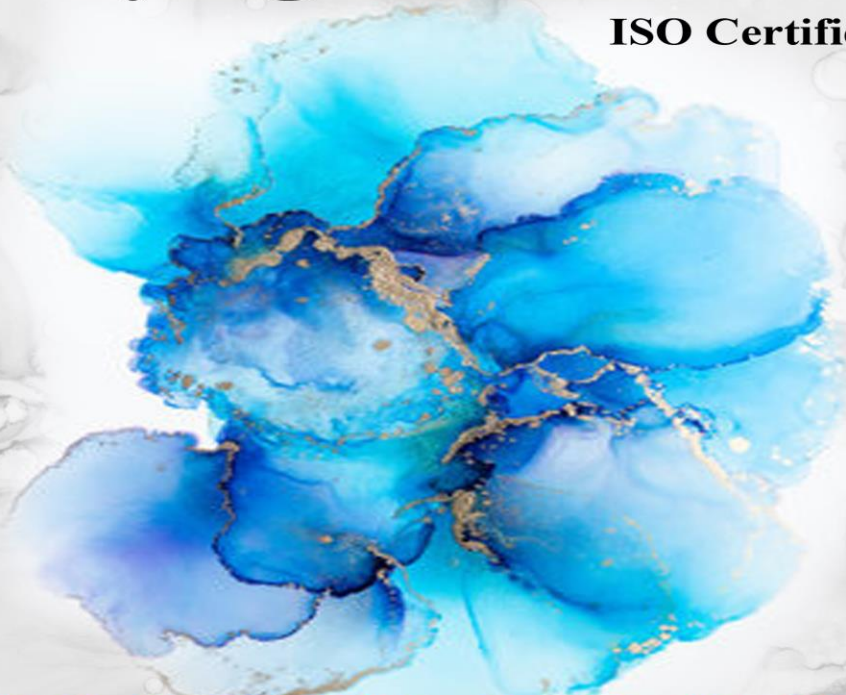




Bunts Sangha's  
**S M Shetty High School & Jr. College**

ISO Certified 21001:2018



**KALEIDOSCOPE**

2021-22

# CONTENTS

- Editorial
- Vision , Mission and Core Values
- From the Desk of the Principal
- From the counsellor's Desk
- Administrative and Non- teaching Staff

## PRIMARY SECTION

- Students' Council 2020-21
- Experiences 2020-21
- From the Desk of Event Managers
- Mentors and Facilitators
- Activities 2020-21
- Art Stroke By Kids
- Students' and Teachers' Corner
- Students' Wellbeing

# EDITORIAL BOARD



Principal -

Ms. Seema Sabhlok

Vice Principal -

Ms. Reshma Rao

Head Mistress

Primary Section -

Ms. Kumudni Rana

I.T. Teacher -

Mr. David Maxwell

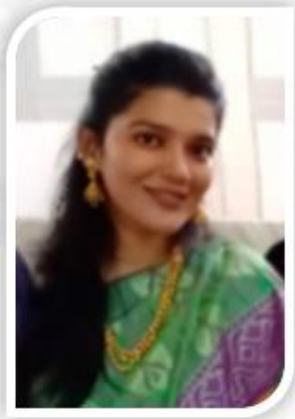
English, Science &  
Math Teacher-

Ms. Manisha Singh

English & SS  
Teachers-

Ms. Shaili Shah

Ms. Zeenath Khan



# Vision, Mission and Core

## *"OUR VISION"*

*"India is on its growth path of developing through different industries and agriculture. World is becoming smaller and globalization has come to stay. In this process of inevitable changes in the world, there is a need to prepare value driven global citizens and technically competent socially conscious people for India.*

*In Bunts Sangha's S.M. Shetty Educational Institutions we will prepare the critical mass of human resources for preparing "New India". We will continually provide the environment and facilitate students to discover and develop their potential. This will be done through unique learning centres which will become the benchmark for academic institutions globally."*

## *"OUR MISSION"*

### *"Personality Development for Nation Building"*

*We deliver excellent and holistic quality education for overall development of students and strive for their continual development in our endeavor of making them quality human beings and responsible citizens of our nation.*

## *"CORE VALUES"*

- ✓Competent and committed academic staff*
- ✓Need based individual attention*

*Holistic approach to child's development*



## From The Desk of Principal

Sharing my thoughts at this moment has helped me connect the dots and I must admit that I was never an educationist. I became an educationist by chance and not by choice. However, once I stepped into this field, I gave it my all and therein began my journey of self-exploration. Believing in myself and my mission entrusted in me by the Almighty Himself, I let self-awareness be my science, self-discovery be my research and my gut instinct and intuition be my guiding light. This resulted in an endless curiosity to help myself and my team evolve and bring forth our best potential. The realization that my organization and I share the same goal of giving back to the society has propelled me to help us together going beyond our comfort zone. I must say that the trust we had in each other trumped everything else. Along with knowing the prowess of my teachers and expecting the best from them, I understood that creativity has always depended on openness and flexibility. A free rein to express and actualize our ideas and sync each one's goals and objectives with that of the organization has helped us together to evolve while accomplishing our vision, 'Personality Development for Nation Building'. Our institution gave us all a platform to enhance and polish our skills, actualize our dreams and we must have made mistakes but we never quit, and along this journey we have forged strong bonds of trust and friendship that is for keeps. Our success is connected with action and we will keep moving forward. Our mission aligned with that of our institution has helped us enhance our own personalities and shine our way ahead. My journey as an educator has also been fulfilling because I am fueled by the ideologies of such great stalwarts from our ancient times. I am a big fan of Chanakya, Dronacharya and Krishna. Chanakya's thinking ideology revolves around a sense of realism and practicality. One needs to realize the facts of life and society in order to rise above and eventually beyond it. Dronacharya was a renowned teacher who posed great challenges to his students so that they could acquire the unwavering spirit of mastering the skills of military and archery. Krishna's philosophy of the two paths in human life – Pravritti, the path of action and progress and Nivritti, the path of inward contemplation and spiritual perfection. The amalgamation of these ideologies in a teacher transform them from ordinary to extraordinary. This is what my staff of teachers and I have endeavoured to uphold and imbibe so that we can impart quality education which again is aligned with our institution's goal and vision to build personalities for building a strong nation and personalities just like Chanakya helped evolve the great Chandragupta Maurya, the bond of the mentor and disciple shared by Dronacharya and Arjun and yet again the inner consciousness lesson of Gita acquired by Arjun from Lord Krishna. Imparting the values of these great and revered teachers along with endeavoring to give a global experience to my teachers and students has been my objective. Let us celebrate our efforts to be the Chanakya's, Dronacharyas and Krishnas to our students. A celebration of many promises that we together have to fulfill and the most important goal to keep moving forward to take that big leap forward without hesitation, without once looking back and forging towards a bright future for all, leaving no one behind.

Thank you.

# The Counselling team



*Ms. Pratima Bhandarkar - Head,  
Counselling Centre*

*Ms. Natasha Mehta - Counselling  
Psychologist*

*Ms. Divya Nair - Clinical Psychologist*

*Ms. Lakshmi Vivishnavel - Special  
Educator*

*Ms. Regina Corda - Special Educator*

*Ms. Sarah Thomas - Special Educator*

*Ms. Trupti Shelke - Counselling  
Psychologist*

# From The COUNSELLOR'S DESK

## THE MOOD METER - Developing Emotional Quotient

Children with higher emotional intelligence are better able to pay attention, are more engaged in school, have more positive relationships, and are more empathic. They also regulate their behaviour better and earn higher grades.

Every morning, Ms. Meha thinks about how her feelings will affect her teaching. If she feels frustrated or overwhelmed when she arrives at school, she takes a deep breath and makes a plan for managing her emotions so that she can fully engage with her students and fellow teachers. She greets children as they walk through the door and asks how they are feeling. Throughout the day, children use a classroom mood meter to acknowledge their feelings. Ms. Meha also uses the mood meter to talk with children about her own feelings, how characters in books feel, what happened to cause their feelings, and how characters' emotions change throughout a story. In many different ways, Ms. Meha models emotional intelligence and supports its development in her students.

- Emotional Intelligence is the skill to recognize, manage and understand emotions.
- Emotional intelligence is essential for understanding yourself as well as successfully navigating your social world. While some people tend to come by these skills naturally, there are strategies that you can use to learn and strengthen your own emotional intelligence skills.

EI along with monitoring emotions (of self and others) provides an ability to use emotions to guide one's thinking and actions and is related to many important outcomes for children and adults. Children with higher emotional intelligence are better able to pay attention, are more engaged in school, have more positive relationships, and are more empathic. They also regulate their behaviour better and earn higher grades. For adults, higher emotional intelligence is linked to better relationships, more positive feelings about study and work, lower job-related stress, and burnout.

Mood meter for your class and home.

The Mood Meter is designed to help us learn to recognize emotions, in ourselves and others, with increasing subtlety and to develop strategies for regulating (or managing) those emotions. It provides us with a 'platform and language' to talk about our feelings.

**Recognize:** *How am I feeling?* Cues from our bodies (e.g., posture, energy level, breathing, and heart rate) can help us identify our levels of pleasantness and energy. Think about how our feelings may affect the interactions we have with others.

**Understand:** *What happened that led me to feel this way?* As feelings change throughout the day, think about the possible causes of these feelings. Identifying the things (e.g., people, thoughts, and events) that lead to these feelings.

**Label:** *What word best describes how I am feeling?* Although there are more than 2,000 emotion words in the English language, most of us use a very limited number of words to describe how we are feeling (e.g., happy, sad, mad). Cultivating a rich vocabulary allows us to pinpoint our emotions accurately, communicate effectively, and identify appropriate regulation strategies.

Place those feelings in the quadrant as you discuss them and their purposefulness.

The Mood Meter is a square divided into four quadrants – red, blue, green, and yellow – each representing a different set of feelings. Different feelings are grouped together on the Mood Meter based on their pleasantness and energy level.

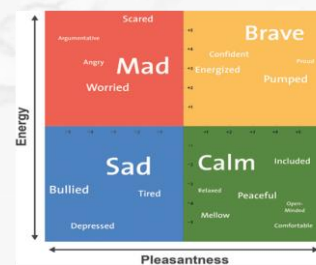
Feel free to choose your own colours (Refer to the diagram above)

- **RED** feelings: high in energy and low in pleasantness (e.g., angry, scared, and anxious);
- **BLUE** feelings: low in energy and low in pleasantness (e.g., sad, disappointed, and lonely);
- **GREEN** feelings: low in energy and high in pleasantness (e.g., calm, tranquil, and relaxed);
- **YELLOW** feelings: high in energy and high in pleasantness (e.g., happy, excited, and curious).

**Express:** *How can I express appropriately what I am feeling for this time and place?* There are many ways to express each of our feelings. At different times and in different contexts, some forms of expression are more effective than others. Explaining to children what we are doing and why, as we express different feelings, provides them with models of different strategies to express their own emotions. To use the tool, encourage your class, and if you are a parent reading this encourage the family to plot their feelings several times throughout the day or week. You can use the colors of the Mood Meter to discuss your feelings or inquire about your child's feelings. For example, you could say: "It seems you're in the red and you want to feel more green, is there something I can do to help?"

**Regulate:** *What can I do to maintain my feeling (if I want to continue feeling this way) or shift/ navigate my feeling (if I do not want to continue feeling this way)?* Having short-term strategies to manage emotions in the moment as well as long-term strategies to manage emotions over time is a critical part of effective regulation. Keep handy a range of regulation strategies, stories, and patience.

Best Regards,  
Natasha Mehta  
Psychologist  
Counselling Center Head





# ADMINISTRATIVE & NON-TEACHING STAFF



CENTRALISED		
Sr.No	Name of Employee	Designation
1	Dr. Sandeep Singh	General Manager-Administration & Academics
2	Ms. Savita Shetty	Assistant Manager- Central Purchase & Admin
3	Ms. Subhash Pandit	Admin Officer
4	Ms. Nivruti Fagare	Security Supervisor
5	Mr. Pradeep Shetty	Electrician
6	Mr. Sachin Tayade	Assistant Electrician
7	Mr. Santosh Mestri	Carpenter & Plumber
8	Mr. Santosh Jawandale	Supervisor
9	Ms. Pavitra Karthik	Assistant Manager- HR
10	Ms. Ankita Shetty	Senior Executive- HR
11	Mr. Ashok Shetty	Assistant Manager - IT
12	Mr. Prayer Raj Nadar	System Admin
13	Mr. Suchit Shetty	Junior Administrator
14	Mr. Irshad Shaikh	Junior Administrator
15	Mr. Ajinkya Lanke	Junior Administrator
16	Ms. Sumangala Shetty	Manager-Accounts
17	Mr. Devendra Kadam	Assistant Manager-Accounts
18	Ms. Priyanka Padwal	Senior Accountant
19	Ms. Gayathri Ajila	Receptionist
20	Ms. Mini Manoj	Staff Nurse
21	Ms. Neelam Gaikwad	Staff Nurse
22	Mr. Kalam Singh	Ground man
23	Mr. Sunil Shirsath	Peon
24	Mr. Vijay Kamble	Peon

<u>State Board Non Teaching</u>		
Sr.No	Name of Employee	Designation
1	Mr. Dayanand Shetty	Accounts Assistant
2	Mr. Amrut Pol	Lab Assistant
3	Ms. Bhagyashree Jadhav	Librarian
4	Ms. Swapna rane	Asst Librarian
5	Ms. Usha Shetty	Clerk
6	Ms. Sujata Shetty	Clerk
7	Ms. Kusum Dhabelkar	Data Entry Operator
8	Mr. Jaywant Pawar	Peon
9	Mr. Mohan Shetty	Peon
10	Mr. Ajinkya Sawant	Peon
11	Mr. Ravindra Shetty	Peon
12	Mr. Shankar Sawant	Library Attendant

## Students' Council

Core Committee 2021-22



Master Mohammad Sufiyan  
Head Boy

# Student Council

## Students' Council

Core Committee 2021-22



Master Reyansh Poojary  
Deputy Head Boy

## Students' Council

Core Committee 2021-22



Master Hrishit Shetty  
Sports Captain

## Students' Council

Core Committee 2021-22



Miss Shruti Thakur  
Deputy Head Girl

## Students' Council

Core Committee 2021-22



Miss Anusha Jain  
Head Girl

## Students' Council

Core Committee 2021-22



Miss Samriddhi Hegde

Rabindranath Tagore House Captain

## Students' Council

Core Committee 2021-22



Miss Ashna Madhavan

Swami Vivekananda House Captain

## Students' Council

Core Committee 2021-22



Miss Vedha Reddy

Lokmanya Tilak House Captain

## Students' Council

Core Committee 2021-22



Miss Sadichha Kadam

Bhagat Singh House Captain

# My Experience

This year's Investiture Ceremony was a first for me. A few of us were chosen as Students' Council Members after a three-round selection process. The Investiture Ceremony could have been cancelled because we were unable to attend school during the pandemic. Our school, on the other hand, held the Investiture Ceremony virtually. The ceremony was broadcast live on August 25, 2020. Students' Council Members were asked to prepare videos of themselves telling their name, post, and receiving honour (sash and badge) from their parents prior to the ceremony. I was proud to wear the blazer and receive the sash and badge from my father and mother. In an ideal world, we would have been at school and received the badge from the Dignitaries of the school. However, because the ceremony was held on a virtual platform, my entire family was able to attend. We also took the Oath of Office Bearers. I enjoyed seeing some of my friends serve as fellow office bearers in this Investiture Ceremony.

Overall, the Investiture Ceremony for the academic year 2020-2021 was a fantastic occasion.



# My Experience

and I would love to share my experience on the investiture ceremony for the academic year 2020-21 which was held on 25 August 2020 on the virtual platform for the very first time. Due to the physical closure of the school the council members were elected by the teachers. The investiture ceremony signified the belief that the school invests in the newly elected office bearers. The first ever virtual Investiture ceremony was yet another milestone reached in the journey of distance learning. The online event was witnessed by the students, teachers and parents. The occasion proved to be a very proud moment for me as well to all the office bearers who were filled with zeal to take up all the duties and responsibilities. I would like to thank the teachers for showing faith in me and giving me this opportunity to be a part of the council members. At last I would like to add that the investiture ceremony was a grand success, thanks to all the teachers, without them this would have not been possible.



# My Experience



I, Shruti Thakur from Grade 5 would like to share my feedback on the virtual sports day event. I had participated in Blowing and bursting the balloon event. It was a golden opportunity for me to participate in this event along with my partner, my aunt, as we required a partner for this event. It was indeed a very exciting game for me & my aunt. We participated together for the first time. As per the game, out of the 2 members 1 member had to blow the balloons & the other had to burst the balloons using their feet, in 30 seconds. We decided that I would blow the balloons & she would burst it. We were very excited & somewhere nervous too. We managed to burst 9 balloons. I am happy to announce that I bagged first prize in this competition. I would like to thank my dear teachers for motivating, cheering, and for giving such a good memorable experience through a virtual platform to all the participants & for organizing such an event. 🙏

The background features a soft, artistic watercolor design. A large, vibrant blue flower with delicate, golden-brown veins is the central focus. The rest of the page is filled with light, ethereal green and white floral patterns, creating a delicate and textured effect.

# *Class articles*



Vignan K. Thirude

Difficulties

Difficulties

Difficulties

Difficulties

Big results require big ambitions

A m b i t i o n

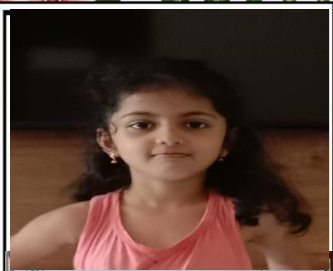
IA



The Doctor's Song

I use a stethoscope  
To listen to your heart.  
To help you be a healthy  
child  
And heal you when you  
aren't.

Doctor's drawing



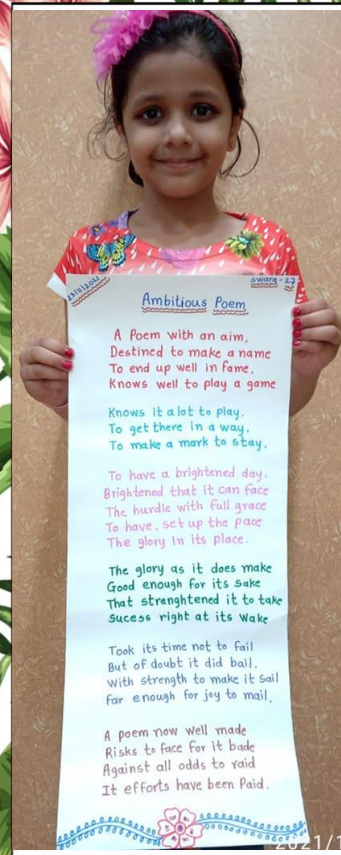
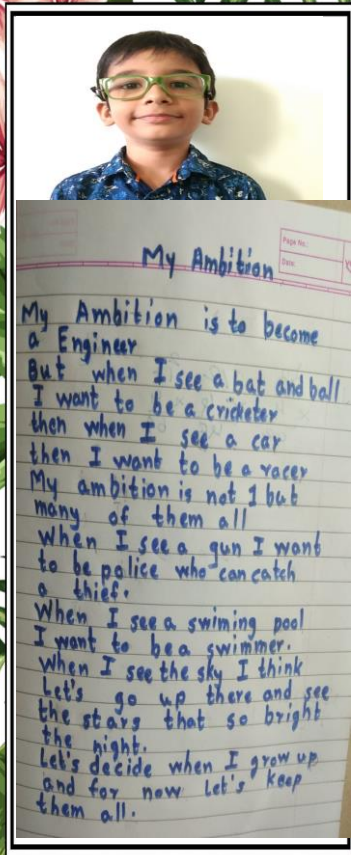
When your ambitions is big,  
Then Your Efforts should be  
even bigger.

by: SPRUTH RAI  
Std: 1-A  
Roll no-22



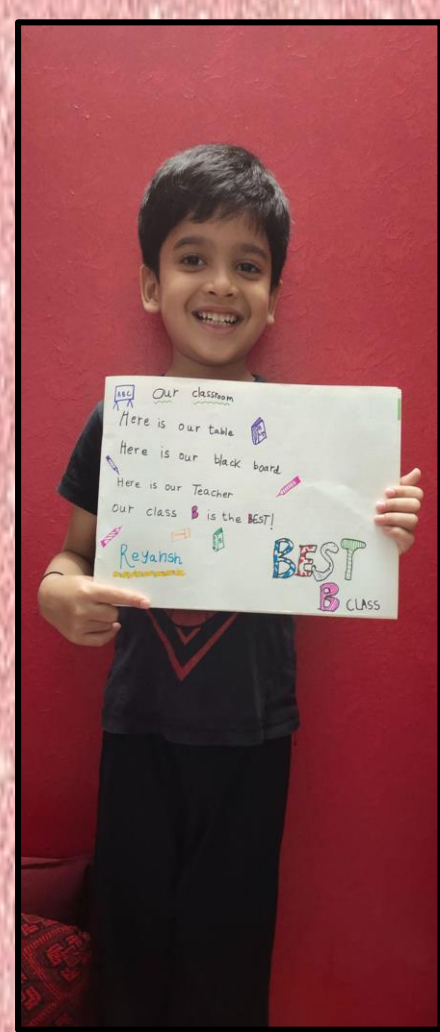
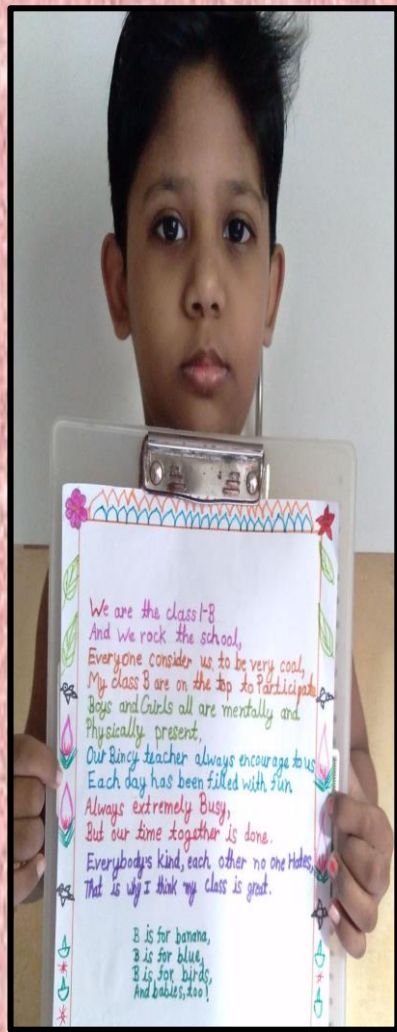
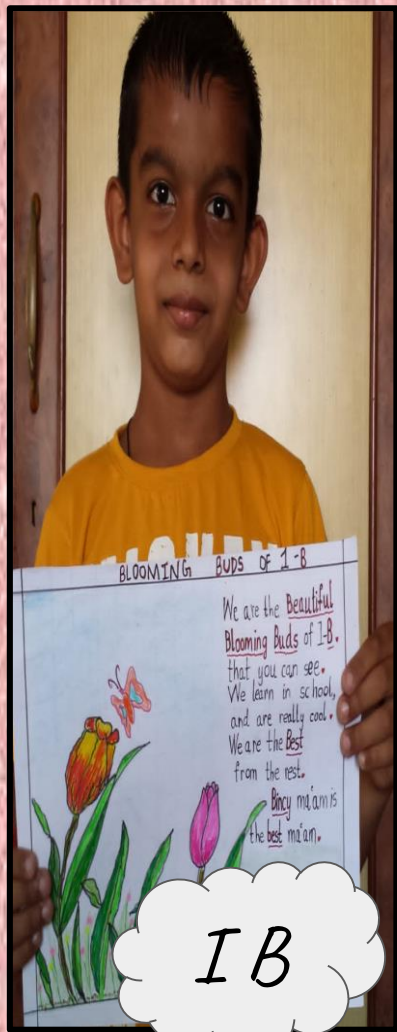
Ambitious  
"When it rains,  
look for rainbows"

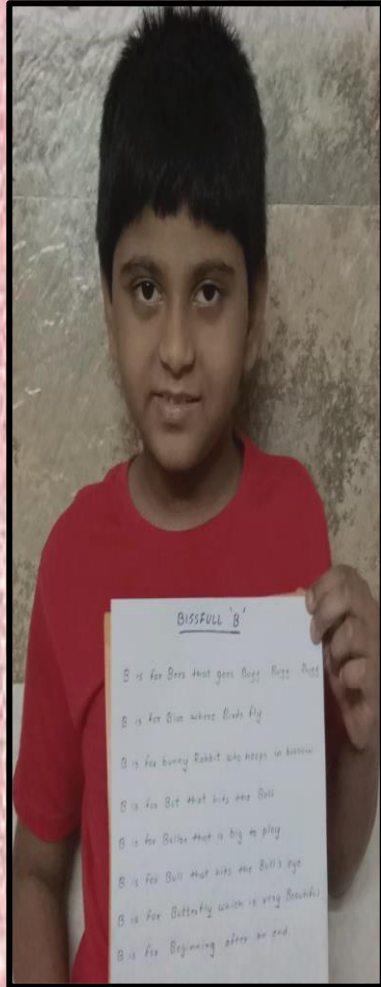
painting  
"When it's dark,  
look for stars"



IA









**"CREATIVITY IS INTELLIGENCE  
HAVING FUN."**

*Our Class is a creative class. We are creative minds and we inspire everyone around us. We don't think out of the box, we think of what we can do with the box.*



**IC**



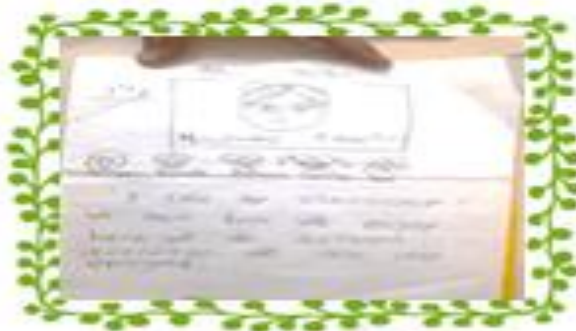


IC



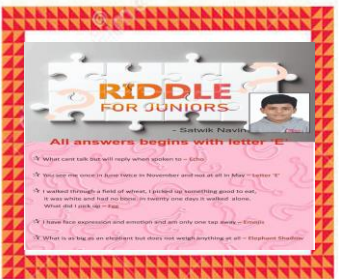
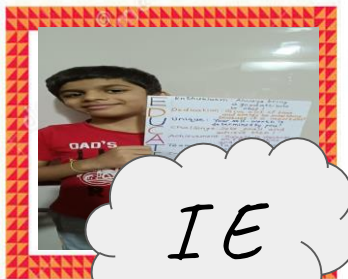
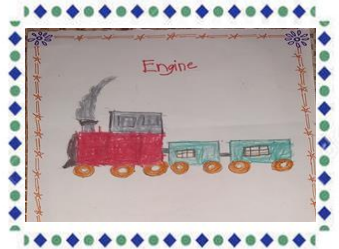
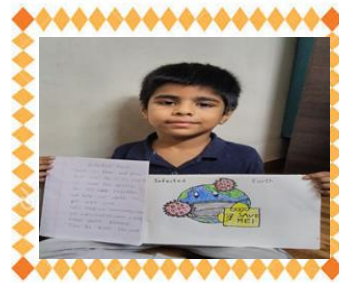


ID

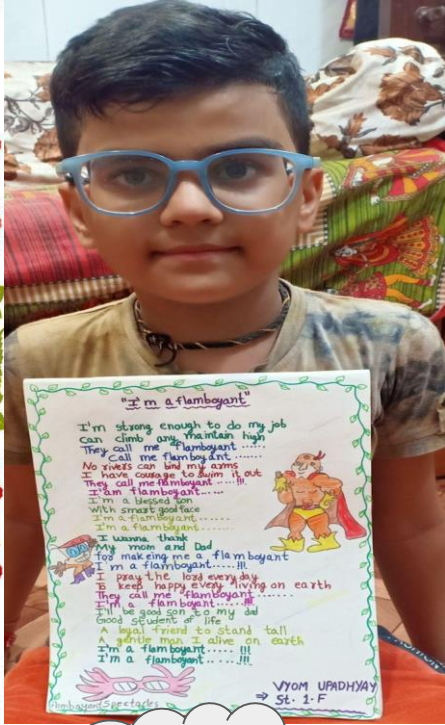


My name is  
My age is  
My address is  
My phone number is  
My school is  
My teacher's name is  
My friend's name is

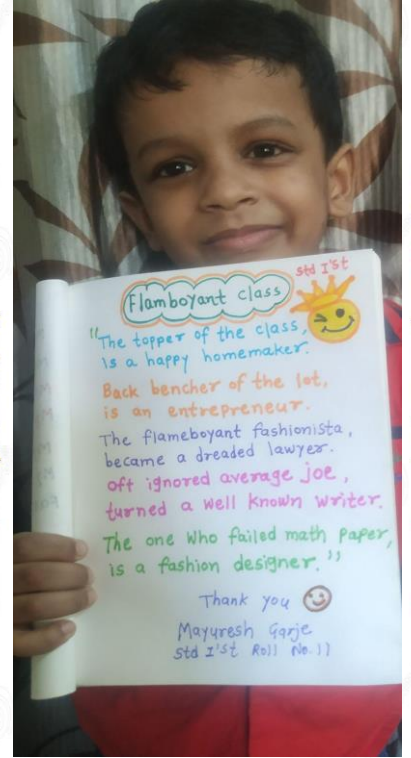
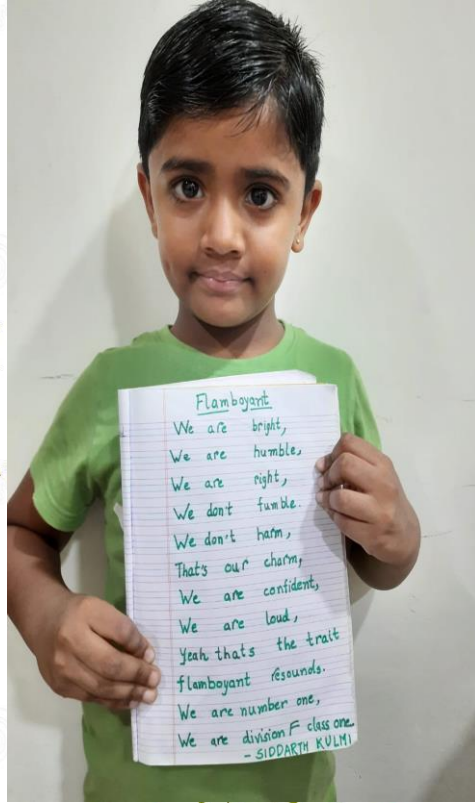




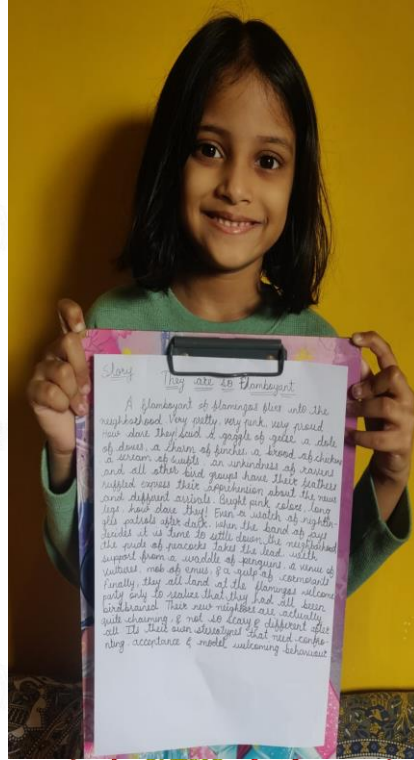
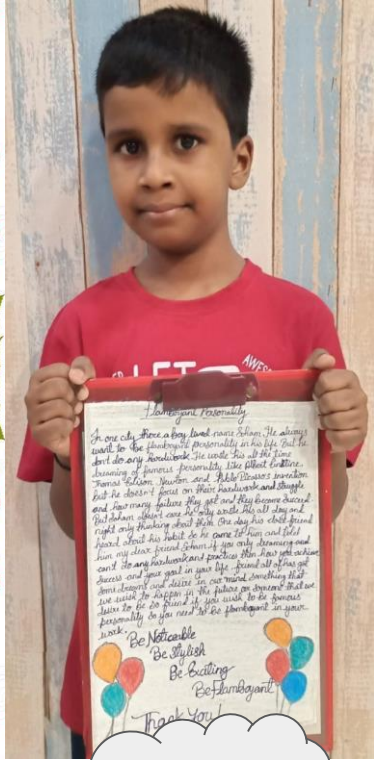
IE



IF







Navyaa Ramesh Gaikwad Roll No - 08

1<sup>st</sup> / F

"Flamboyant"

- 1] Our class 1<sup>st</sup> / F is the most Flamboyant class in our school.
- 2] We have decorated our class with Flamboyant pictures & posters, so it becomes exciting for us to learn new things.
- 3] Teachers of my class are Flamboyant women, very well dressed with stylish jewellery.
- 4] My classmates love to wear Flamboyant clothes like budding stars.
- 5] During my school's annual day, my class performs Flamboyant dances & drama.

IF





The image features a central watercolor-style flower in shades of light blue and cyan, with some darker blue and brownish-gold accents. The background is a light, pale green with a subtle, repeating pattern of overlapping circles and lines, resembling a cellular or molecular structure. The overall aesthetic is soft and artistic.

**STD II**

# Most Interesting Facts About Mumbai

- *Mumbai was initially called as Bombay, the name that was given by the British and it was used until the year 1995 and was later changed to Mumbai, which was derived from the Mumbā Devi Temple.*
- *The official language in Mumbai is Marathi. Mumbai is also famous for its local trains, Juhu beach, skyscrapers and its favourite street food - Vadapav.*
- *The letter 'B' in Bollywood is derived from the city's old name 'Bombay'.*
- *Dharavi is known to be one of the largest slums in Asia.*
- *Chatrapati Shivaji Terminal is 1<sup>st</sup> Railway Station of India.*
- *Mumbai local is the transport of more than 20,000 people.*
- *Mumbai was the first city to start bus service in India on 15 July 1926. The first route was between Afghan church and Crawford market.*
- *A large amount of migrating population of flamingos is found in the swamps of Sewri and Bhandup. Between the months of October to March, a lot of birding enthusiasts and photographers march to these marshlands with their props.*
- *Built during British rule, the gateway of India is one of the most iconic tourist places in Mumbai..*
- *Interestingly, after India's independence in 1947, the last British ships left the country from the gateway of India.*



II A

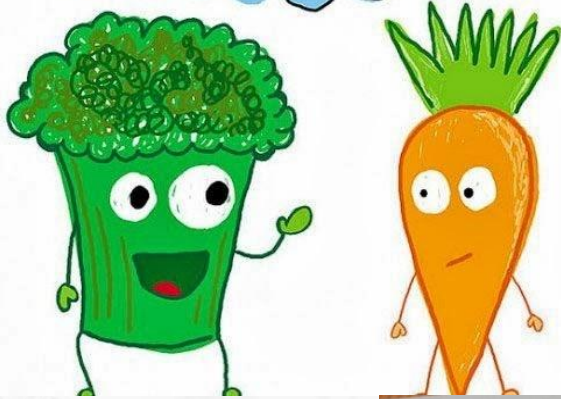


II A



# Laugh With My Jokes

HOW DO YOU KNOW CARROTS ARE  
GOOD FOR YOUR EYES?  
YOU NEVER SEE A RABBIT WEARING GLASSES!



Ayush Rane

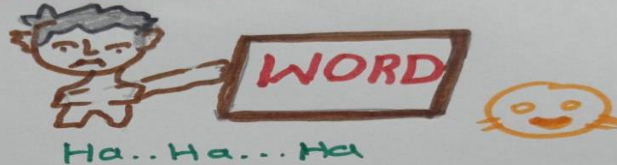
Why are sport  
stadiums always  
so cool?

They are  
filled with fans.

Shlok  
Suryawanshi

TEACHER : Frame the sentence  
for the given word .

Student :



II B

1. I have 88 keys but can't open a door. Who am I?

2. Which tyre does not move in a moving car?

3. Which two things you can never eat in the breakfast?

4. What is seen at the middle of the month March and April that cannot be seen at the beginning or end of the month?

5. I am a fruit but don't grow on trees  
I take time to ripe  
still I am very sweet.  
Who am I?

6. I come from mines and get surrounded by wood. Who am I?

7. I have elephant's head but human body  
I am loved by all Who am I?

8. I have a tail and a head but no body. Who am I?

1. Piano

2. Spare tyre

3. Lunch and dinner

4. Letter R

5. Fruit of hard work

8. Coin

17. Lord Ganesha

6. Pencil



9. I shave everyday but my beard stays the same. Who am I?

10. I have cities but no houses.  
I have mountains but no trees.  
I have water but no fishes.  
Who am I?

11. I don't have shape and colour.  
You can't see me but you can feel me.  
Who am I?

12. What has a bank but no money?

13. I am an odd number.  
When you remove first two letters i become even.  
Which number am I?

14. Which table does not have legs?

15. What sleeps throughout the day  
And works at night  
The more it works  
The more it creates light.

16. A man in car sees 3 doors A bronze, silver and golden.  
Which door will he open first?

13. Eleven

16. His car door

12. River

11. Air

15. Candle

10. Map

14. Vegetable

9. Barber

# Fun Facts about Sea Creatures

II C



Jelly fish does not have a backbone !



Sharks skins feels like sandpaper !



Sea otters have a secret pocket to store food !



Men seahorse have babies !



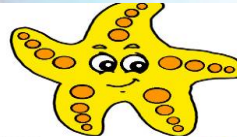
Dolphins live up to 50 years!



Sand temperature is important to turtles !



Octopus has blue blood!



Star fish have no brain or blood!



## Brain teasers for Money and Food

1> People make me, save me, change me, raise me. What am I?

2> What has bank but no money?

3> Remove the outside, cook the inside. Eat the outside, throw away the



I I D

4> I'm a friendly fruit that likes to meet people. What am I?

5> I'm a drink that loves an earthquake. What am I?

6> What's worth more after it's broken?

Answers-1> Money 2> Blood bank 3> Corn 4> Dates 5> Milkshake 6> Egg



**Octopus** has a tiny brain in each of its eight arms in addition to the central brain.

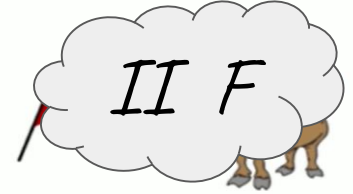
Dogs can detect cancer in their owner's body.



Pandas love to be alone.



Hippos can't swim or float and their sweat is pink.



The color red does not make bulls angry. Infact, they are partially colour blind.

[https://drive.google.com/file/d/1vJCjjPsfzcOrhGa1gKVy3W3HelmPV76f/view?usp=share\\_link](https://drive.google.com/file/d/1vJCjjPsfzcOrhGa1gKVy3W3HelmPV76f/view?usp=share_link)

1. This thing comes as a small grain, But it's not sugar or sand. It's often used when cooking, So that food doesn't taste bland.



2. I am a food with 5 letters. If you remove the first letter I am a form of energy. Remove two and I'm needed to live. Scramble the last 3 and you can drink me down. What am I?

- I am something yellow but not a light. A citrus fruit that's a flavor in Sprite.
- What has an ear but can't hear?
- I'm a fruit that lies a lot.
- I'm red and small, and I have a heart of stone.
- I'm as famous as a company and you know the sound of the letter 'a' because of me.
- I am a bird, I am a fruit and I am a person too.
- I'm a friendly fruit that likes to meet people.
- I can be red or green and I'm dried to make raisins.
- I am the richest nut of all.
- Rabbits like to eat me when I'm in the field. I'm an orange vegetable that tastes best when peeled

C	A	R	R	O	T	I	K
D	P	L	C	E	L	K	I
A	P	E	A	M	Y	G	W
T	L	M	S	N	C	R	I
E	E	O	H	S	H	A	C
C	H	N	E	W	E	P	O
A	E	P	W	P	E	E	R
C	H	E	R	R	Y	S	N

3. I look green but what you eat is red and what you spit out is black. What I am?



4. What kind of cup doesn't hold water?

5. I am green, I look like a tree, I am a vegetable, Who am I?



6. There are many types of this food Wild, brown and white to name a few Before it ever reached your plate, A paddy field is where it grew.



• Answer: 1. salt 2. wheat 3. Watermelon 4. Cupcake 5. broccoli 6. rice



## A Smart School Life to Prevent COVID-19

Open window often to let fresh air in and clean your desk regularly.  
 → Open the window for your health and right after arriving at school and during break, lunchtime and clean up time.  
 → Clean your own desk regularly.

This is how your school life should be:  
 → Always wear a mask during classes and breaks.  
 → Wash your hands often.  
 → Coughing or sneezing cover your mouth and nose with your sleeve.  
 → Avoid physical contact.  
 → Do not let others use your personal belongings.

Be considerate to your friends during  
 → School cafeteria, line up of lunchtime double arm's length apart from each other.  
 → Take all your face mask right before eating your meal.

If you are feeling ill, tell your teacher.  
 → If your nose itches, sore throat, cough or running nose, tell your teacher right away.  
 → If your friends becomes a confirmed case, do not panic, just follow teacher's instructions.

MY SAFETY RULES (Covid-19) For Office School...  
 The rules are very important. If not maintain it will be a big problem. The rules are many. But easy. It is a small step for us but a big step for the world! Be safe, be alert. Be inside your houses. Maintain social distance. You should be knowing that everyone is dying. Everyone has to maintain the rules that are written below:

III A

- Sanitizing hands
  - Wear mask
  - Keep 6 feet distance
  - Join hands instead of an handshake
- Doing simple things can change, That's why we say "Small hands can change the world" Treat the old people who need help. I am saying once again Always follow rules! Others will follow you.



### CORONAVIRUS COVID-19 SYMPTOMS

High Fever	Dry Cough
Sore Throat	Difficulty in Breathing

### HOW IT SPREADS

Air by Cough or Sneeze	Personal Contact	Contaminated Objects	Mass Gathering
------------------------	------------------	----------------------	----------------

### PREVENTION

Wash your Hands often	Wear a Face Mask	Avoid Contact with Sick People	Always Cover Your Cough or Sneezes
-----------------------	------------------	--------------------------------	------------------------------------

### LOOK OUT FOR EACH TRAFFIC SIGN

TOO, KEEP YOU SAFE, SECURE AND FINE

If a signal CHANGES TO THE COLOUR RED, STOP BY SIDE, DON'T GO AHEAD

GET READY BE VERY CAREFUL, WHEN IT TURNS YELLOW

WHEN IT TURNS GREEN, IT IS SAFE TO GO

Obey the rules without much fuss, AND REACH HOME SAFE, YOU ARE PRECIOUS

Traffic laws are designed to protect you and other drivers on the road. If we do not follow them we are not only putting ourselves at risk but also innocent bystanders and drivers.

WE HAVE TO ALWAYS FOLLOW THIS

1. never drink & drive.
2. always wear seat belt.
3. never break red signal.
4. always drive within speed limit.
5. watch out for drivers on the road.




**MY UNDERSTANDING ABOUT TRAFFIC RULES [POEM]**

When you go out into the street,  
We have to follow traffic rules,  
Yes, we have to follow traffic rules,  
To keep us safe in the life,  
**GREEN** light says **GO**,  
**RED** light says **STOP**,  
**YELLOW** light says **WAIT**,  
You would better go slow,  
We have to walk slowly on  
zebra crossing,  
When I reach a crossing place,  
I turn my face left and right,  
I walk, not run into the street,  
If we follow this traffic rules,  
Then we always be safe and  
happy in the life.


My Understanding about Traffic rules.

Keep on your left, allowing  
the vehicles from the  
opposite direction to pass  
give way to traffic on  
your right, especially at  
road junctions and around  
about. While turning either  
left or right, give way  
to vehicles going straight.



While turning left keep to the left side and  
turn close to the left side of the road  
which you enter.

Saurabh S. Sarani  
Div - 3.  
STD - III



My understanding about traffic rules

Don't pedestrians:

Always cross at zebra crossing.  
check the 'walk' or a walking man symbol  
cross the road only if there's no traffic  
but look to the left and right to ensure no  
vehicles are approaching.  
never cross the road if the sign says 'don't walk'  
or if the walking man symbol turns red  
for drivers.

I know signals green means: only when the signal  
turns green, vehicles move ahead  
red: when the signal turns red all the vehicles have to  
stop  
yellow: when the signal turns yellow, vehicles should  
slow down and prepare to stop

# My Beautiful & Green Earth....

Two are crying because it's not clean  
 Earth is dying because it's no longer green  
 Earth is our dear Mother, don't pollute it  
 She gives us food and shelter, just salute it  
 With global warming, it's in danger  
 Let's save it by becoming a stronger ranger  
 With dying trees and animals, it's in sorrow  
 Make green today and green tomorrow  
 With melting snow, one day it will sink  
 How can we save it, just think?  
 Trees are precious, preserve them  
 Water is a treasure, reserve it  
 Grow more trees, make Mother Earth green  
 Reduce pollution and make her once again QUEEN.

MYRA JAIN  
 III B



My beautiful and green earth

Earth is a beautiful living planet in the universe and the common habitat of more than seven billion human population and millions of species of biodiversity. our earth provides us with food, shelter and most of our requirements.

Despite unavoidable few services provided by the earth to humans we are not able to pay any fee. kindness to us rather we humans are being cruel to our earth with our selfish activities. We have brought soil with pesticides which is polluting every thing, earth is not giving more gifts.

Everyday we produce tons of disposable and non-degradable waste and it causes computer, plastic, smoke and harmful gases from cars, vehicles and industries are suffocating her. We are discarding dirty sewage, sewage and our chemicals recklessly although we know that more than 7 billion humans along with all plants and animals on this earth rely on earth for their lives. We are most concerned on saving these waste resources than in clean safe water supply. We are expensive as petrol on 1 day, petrol may die due to this. We have huge number of our finite population still in the land for our entertainment and industry, airplanes or other many vehicles for our luxury. We destroy forests for agriculture and settlement. We build huge industries, schools and factories beyond the carrying capacity.

III B

Point song in animal 3/16

## My Beautiful and Green earth

Earth is home to you and me  
 Let's try our best to keep it clean  
 Oh let's see how we can keep  
 our earth green!  
 Don't drop your rubbish  
 Don't leave the water running  
 Don't use up all that plastic  
 Do you really need light on?  
 Earth is home to you and me  
 let's try our best to keep it clean  
 I'll try my best to keep it green.



परी गार्गी  
 परीगार्गी परीगार्गी  
 खेर नु ज किरी  
 टंगातुन खानी सेगाना  
 मडी मजन का फिरी

निकला निकला आकाशी  
 तुझे डेप किनी घर  
 कुपपाखरोदी गाडी तुझे  
 हाना रेकेन वाखावर

मऊ मऊ मंगल प्रीक  
 गोखर गाल गेरे फान  
 जातु नी तुझे काडी  
 गामनी जमती मजा छान

शुभाज कडी दोपै हानी  
 आकाश परी तुझे भरारी  
 गोट गोट हसती कडी  
 सोनपरी आकडेन डारी

मैमिना मना अशी हवी  
 काका मिठेल का नी

आकडेन मना खुप खुप  
 राज राज स्वप्नात नी

दोही आशी रेवकु रेवकु  
 टंगातुन फेरफटका मोहन  
 पंखावर बसुन निच्या  
 गप्पा गोळी मजन करु

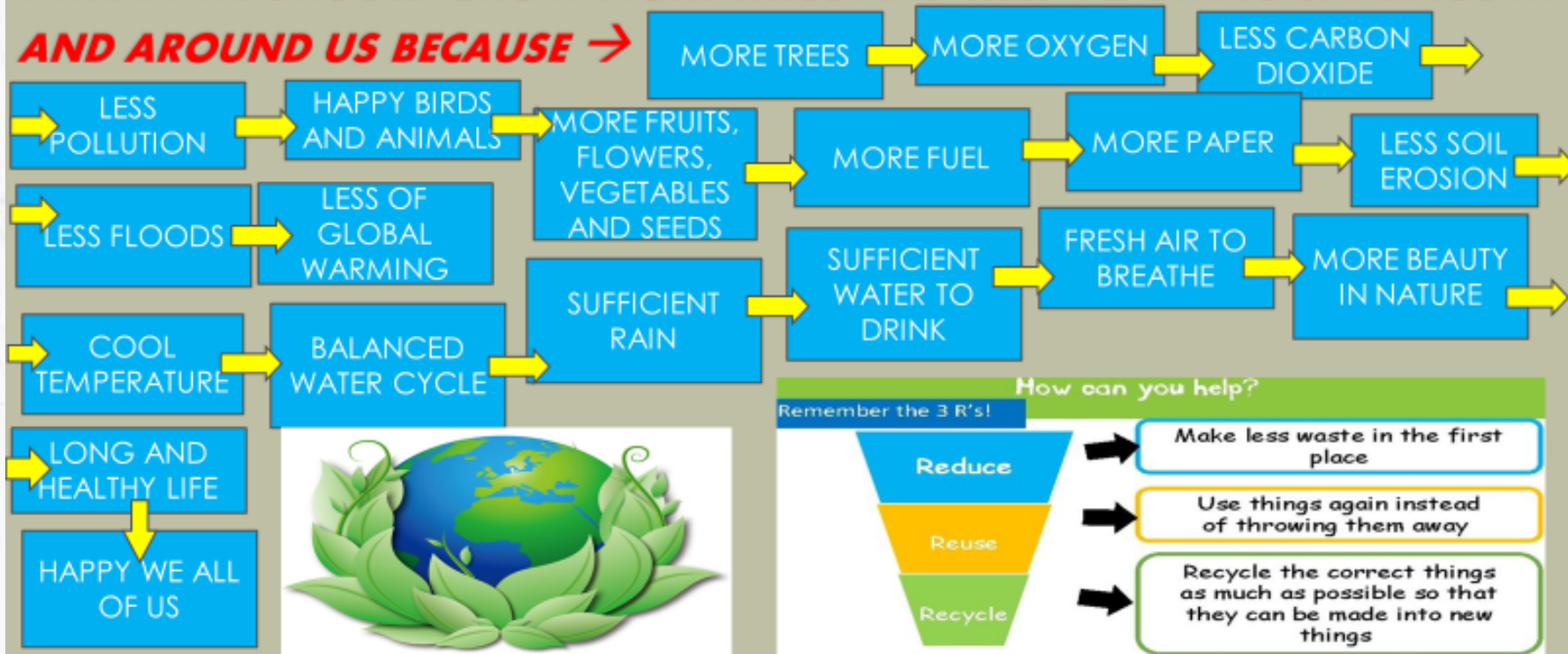
उमेम आकाश बटे  
 इमता- उरी व

- THE AMAZON RAINFOREST IS ALSO KNOWN AS THE LUNGS OF EARTH
- IT IS BELIEVED THAT THE RAINFOREST HAS EXISTED FOR OVER 55 MILLION YEARS
- THE AMAZON RAINFOREST IS MADE OF FOUR LAYERS STARTING



# MY BEAUTIFUL AND GREEN EARTH – MY IDEAS, MY OPINIONS –SARA III - C

**I THINK WE SHOULD GROW MORE TREES AND KEEP PLANTING SAPLINGS IN AND AROUND US BECAUSE →**



# In the world where I could be anything, I chose to be kind/ The Joy of GIVING or SHARING

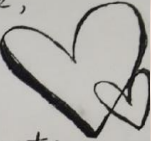
Our lives are richer when we share and that inner joy comes from helping others to better their lives.... Truly giving from the heart fills your life with joy and nourishes your soul. Giving provides an intrinsic reward that is far more valuable than the gifts



III D

## The Joy of Sharing and Giving

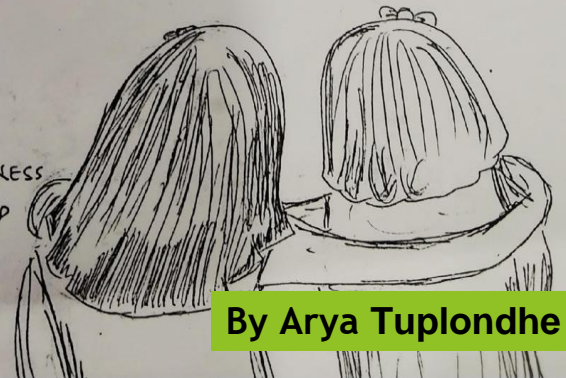
More than the things we give,  
More than the donations we make,  
A heart will be bigger when  
Empathy is shared...



A mind is sound when joy imparts  
A loving soul is forever peaceful

So let's try something new,  
Experience the joy of sharing & giving  
not just with the alms you give  
But with the affection and tenderness  
you share with one and all...

- # EMPATHY
- # FEELINGS
- # LOVE
- # TOGETHERNESS
- # BROTHERHOOD
- # HUMBLE
- # JOY
- # GIVING
- # SHARING



By Ruqayyah Ansari

By Arya Tuplondhe

## **Sometimes it takes only one act of kindness and caring to change in person's life**

We must have heard this quote several times in our life, but have you ever think about what actually is kindness and why it is important? And have you ever tried to act upon this? how does it feel to be kind to others?

**Have you ever tried to be kind?**

**If we all do one act of kindness daily, we could set world in proper direction.**

You probably would have done hundreds of acts of kindness but if you haven't tried it, let's try it out.

This week I tried to do one random act of kindness a day and here is what I did

- comfort my friend when she was sad
- give thirsty animals water on a hot day.
- helped my younger sister on studies
- removed stones from the pathway so no one would trip from it.



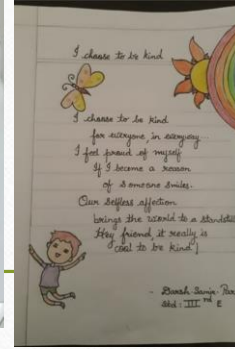
by Mohita Devadiga

Giving and helping people is what everyone should do. Generosity is nothing but the habit of giving. Blessed are those people who are generous and believe in the joy of giving. It's definitely an act of philanthropy that spreads happiness and peace, and lets goodness prevail in the world!

There are many people that we come across in our everyday life that perhaps make our days easier, such as neighbours, co-workers, even mail carriers or the local cashier at the grocery store. While giving does not always have to be a gift, offering a kind word or a friendly smile goes a long way in saying thank you for all you do, and will encourage the chances of a friendly and successful relationship.

by Aditya Kumbheshwar

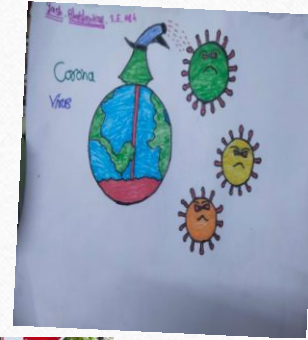
*As the schools reopen, it is important that precautions are to be taken both inside and outside of the school and classrooms to prevent further spread of COVID-19.*



*During this pandemic, our teachers played a vital role in ensuring that we students continue learning.*

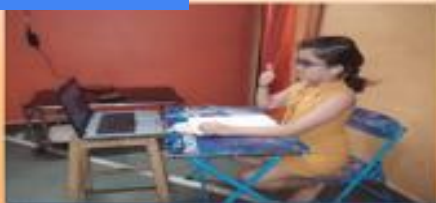
*Now as our schools have gradually started offline, we students will have to be responsible in understanding the safety measures while attending the school.*

*Understanding COVID-19, how it spreads and how we can protect ourselves and others is the first important step in establishing safety protocols.*



St IV -A

# OFFLINE CLASS / ONLINE CLASS



First Day of Online class



shutterstock.com · 3812591067



## A GIRL NAMED DEVIKA.

Once upon a time there was a girl named Devika. She loved going to school every day. But December 2019 was the start of virus named Covid -19 and it spread quickly all over the world. It became a pandemic and all schools got closed. Devika got admission in S M Shetty School but due to Covid pandemic she could not go to her new school. After the summer vacations the school reopened but it was online. Still she was very excited. Devika made new friends and participated in many school events and projects. After the Diwali break her teacher asked students to write about their unforgettable memories of online classes. Devika shared few of hers which included Science experiments, having lunch with her teacher and making a poem on a life cycle of a frog. There are countless memories Devika has!

(Written by Ms. Devika Kumar - Class IV B)



## "MY ONLINE CLASS"

A LITTLE VIRUS OF CORONA ENTERED IN THE WORLD,

LOCK DOWN, LOCK DOWN, LOCK DOWN  
EVERYTHING WAS LOCKED AND CLOSED.

NO SCHOOL, NO GARDEN, NO PLAYGROUND,

ONLY INSTRUCTIONS AND INSTRUCTIONS,  
'STAY HOME' AND 'BE SAFE'

'WASH YOUR HANDS' AND 'WEAR MASK'.  
STAYING AT HOME WAS TOO MUCH BORING

WHAT TO DO? I WENT ON THINKING.

ONE FINE DAY WE RECEIVED A MESSAGE

'BUNTS SANGHA'S S.M. SHETTY SCHOOL IS REOPENING.'

ONLINE CLASSES WERE LIKE BLESSINGS,

A NEW MOBILE WAS MY GIFT,

ONLINE SCHOOL WAS A LOVELY TREAT.

VIRTUAL CLASSROOMS, TEAMS MEETINGS,  
AND MY LEARNINGS, WAS IN FULL SWING.

I HAVE FEW UNFORGETTABLE MEMORIES TO SHARE,

SCIENCE EXPERIMENTS, ENGLISH ACTIVITIES AND SSR'S - CARE TO SHARE.

BY VYAS KASHID - CLASS IVB

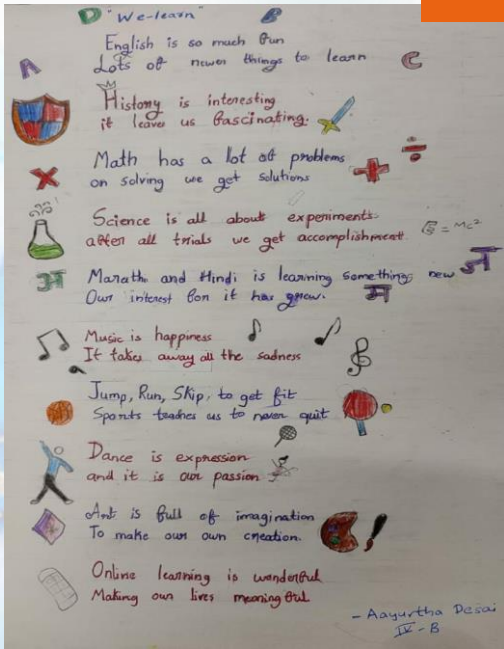
# IVB



# Rudula - A girl who became phytophilous.

There was a girl named Rudula Patil in IVB class of Bunts Sangha's S.M. Shetty High School. She never planted a plant as she was not aware of the importance of plants and trees. One day her teacher Ms. Zeenath Khan conducted an activity 'My Mini Farm.. My Earning'... That activity helped her imbibe love for plants and trees... She learnt Plants are really important for the planet and for all living things. Plants absorb carbon dioxide and release oxygen from their leaves, which humans and other animals need to breathe. Living things need plants to live - they eat them and live in them. Plants help to clean water too. Hence, Rudula on the very day planted three saplings and took great care of them. That was one of the best experiences Rudula ever had which she would never forget.

Moral- We Should love and take care of our plants.  
(Written by Ms. Rudula Patil – Class IV B)





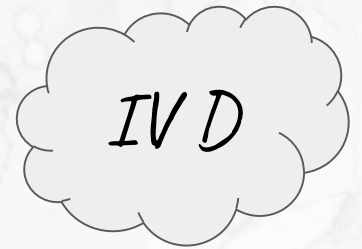
We shared laughter even when we were in grids, From muting to unmuting ourselves we all adjusted and learning continued, We coordinated, helped our friends and shared our thoughts in the break out rooms to accomplish the group work. We enjoyed every bit of it!!!

IV C





Memorable  
Moments of IVD



# Importance of playing outdoor during lockdown–Sadichha Kadam

Regular physical activity benefits both the body and mind. While in lockdown physical activity needs to be maintained. Maintaining bone strength and muscle tone through exercise is important especially as the regular outdoor activity is curtailed during the covid 19 pandemic. Exercise also helps boost immunity, reduces the risk of mental health issues like depression. You can walk for short periods such as 10 minutes at a time, or practice yoga routine or interval training, depending on your age , health conditions and doctor's advice.



IVE

# My innovation during lockdown-Devasya Rane & Zia Shah

When the lockdown started, the early days were very boring. Then my mother started teaching me how to cook. My mother started teaching me how to cook tea, coffee, omelette, sandwich, tortilla and pizza. Then I learnt how to make DIY's from cardboard. Then my sister learnt how to draw. Now she makes nice drawings. I also learnt shading in drawings. Lockdown were very boring days but also very innovative days.



IV F

The image features a soft, artistic background. A central, multi-petaled flower is rendered in shades of light blue and cyan, with delicate gold or brownish veins radiating from its center. This flower is set against a pale, mint-green background that is filled with a subtle, repeating pattern of overlapping circles and organic shapes, reminiscent of a marbled paper or a microscopic view of cells. The overall aesthetic is clean, modern, and gentle.

**STD V**

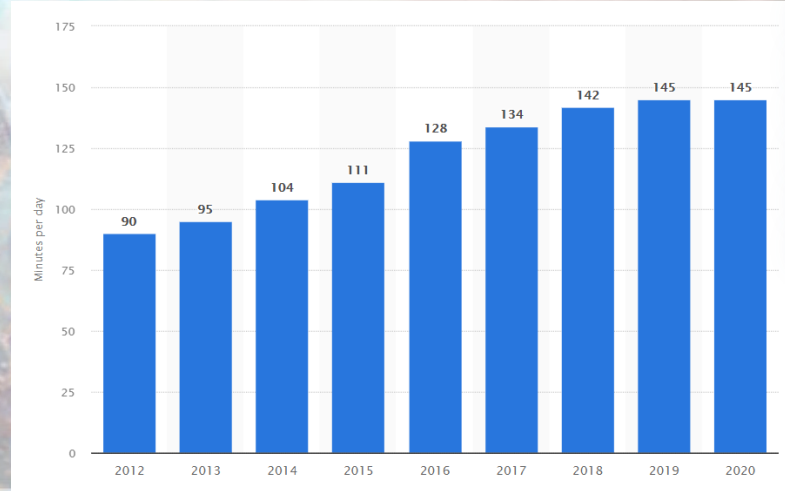
## How is Social Media a time pass habit:-

Social media is meant to promote connection, multiple studies have linked social media use with **loneliness, mood disorders, and poor self-esteem**. People with preexisting mental health issues may also be more susceptible to social comparisons, due to a negative cognitive bias, one study found.

### Daily time spent on social networking by internet users worldwide from 2012 to 2020 (in minutes)

© Statista 2021

Experts have recommended **30 minutes or less per day** as the maximum time you should spend on social media. According to a 2018 study published in the Journal of Social and Clinical Psychology, limiting use to 30 minutes a day can lead to better health outcomes.

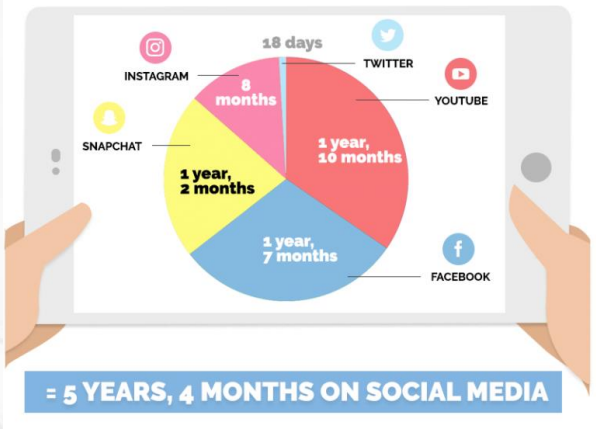


## And how it is useful:-

There are several advantages using social media as an educational gizmo. It is without boundaries, not expensive, **efficient**, provides more access to specialized experts, unlimited resources, friendly relations, prompt and reliable surveys, abreast, and decent tool for creating assignments.

BY : SWANIT K. SHINDE, V A

In our complete life cycle , if same lifestyle we are using then at the age of 80 Years we would spend around **our 5 Years 4 Months** time in Social Media which as follow ,



Importance of Time : 5 YR 4 Months

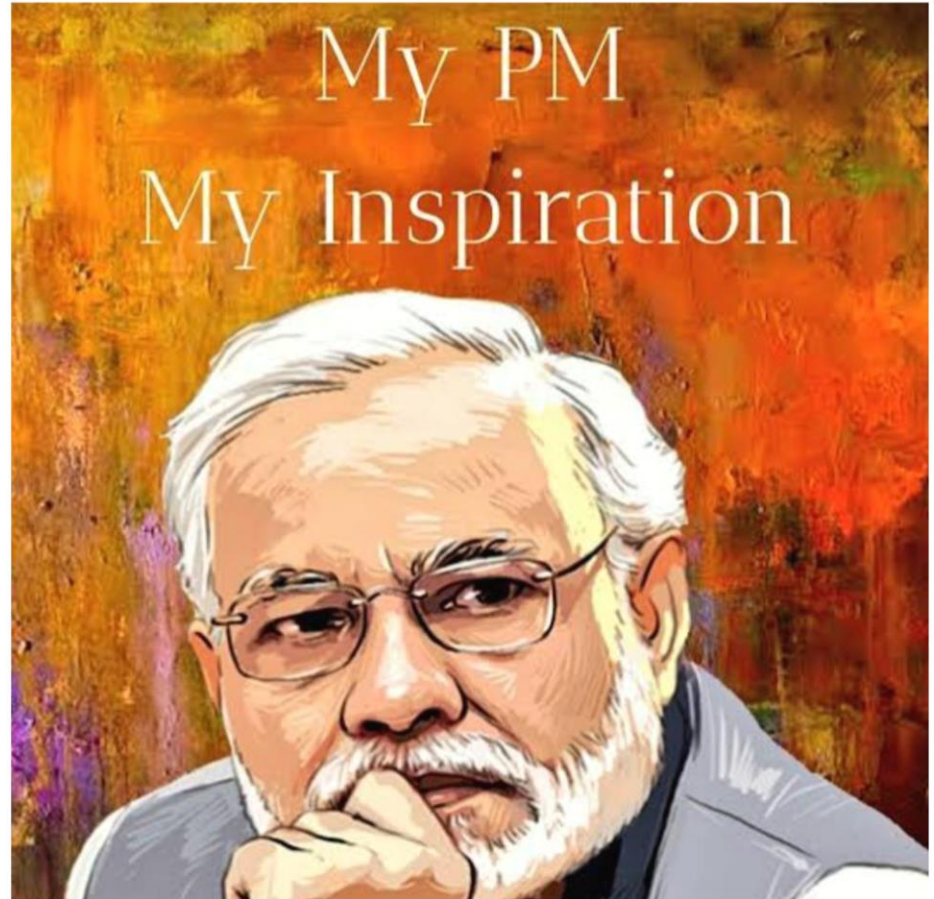


FLY	WALK	CLIMB	RUN
TO THE MOON AND BACK <b>32 TIMES</b>	THE GREAT WALL OF CHINA <b>3.5 TIMES</b>	MT. EVEREST <b>32 TIMES</b>	<b>10K+</b> MARATHONS

VB

- Narendra Modi as person has always been great inspiration for the people of the India. Narendra Modi not only gained popularity in India but also countries like the USA and Russia. He has challenging

. Capabilities have led to an impact on our nation. Modi has many fan in the country as well as in other nations he travels in different countries throught the year to discuss India's financial and friendly relationship with other countries Narendra Modiji was born on 17 th September 1950 in Vandangar Gujrat. Furthermore Modi joined RSS worked in it for several years he played important role in serving the people he is hard working in the year 1987 he joined BJP(Bhartiya Janta party)



MY SPIRITUAL DAY

- OM JAI LAKSHMI MATA -

HAPPY DIWALI

- i) Mata will always bless the people who are generous, intelligent and honest
- ii) If we don't respect our parents or keep promises . . . . . Goddess Lakshmi will never shower her blessings on us
- iii) If we're collecting wealth only to meet our selfish motives . . . . . Goddess Lakshmi will soon leave us . . . . .



"Sri Lakshmi Devi is the Goddess of Wealth, Fortune, Love, beauty Joy and prosperity"

by  
ASHNA  
V C



# Mothertongue (मातृभाषा) में Feel हैं

MOTHERTONGUE (मातृभाषा) में feel है

जीवन में भाषा ही हैं,  
जो हमें सब बतलाती हैं।  
अच्छा बुरा जो भी सीखो,  
ये ही सब सिखलाती हैं।

बचपन में जो पहला शब्द निकला,  
वै था माँ।  
माँ जो बातें बोली,  
वै ही मेरी मातृभाषा।

मेरी मातृभाषा हिन्दी,  
सरल, सुगम और अच्छी।  
चाहे जितना English बोली,  
नहीं लगती है अच्छी।

संदेश मेरा सबसे यही,  
सीखो हर एक भाषा।  
प्रथम गर्व है जिसपर किन्तु,  
वै ही तुम्हारी मातृभाषा।

मेरी हिन्दी है मुझे शान,  
मेरी हिन्दी मेरी पहचान।  
मन से बात, मन की बात,  
में कऊँ हिन्दी में,

बड़ी अनोरवी हैं, बड़ी निराली हैं  
मेरी Mother tongue में feel हैं।

— ओइशका भौमिक  
V-D

The background features a central watercolor-style flower in shades of light blue and turquoise, with some darker blue and brownish-gold accents. The flower is surrounded by a light, airy pattern of overlapping circles and soft washes of color, creating a delicate, ethereal feel.

# Activities

# MINI Farm

*"If you want a child's mind to grow... You must first plant a seed."*

*The students of primary section enthusiastically participated in the "My Mini Farm, My Earning Activity", by planting different seeds of their choice.*



# "Lunch with friends and teacher"



# Protect Marine Life

Our children had a busy day raising awareness about the need to protect marine life. They addressed about marine conservation and also discussed why it is necessary to keep the beach clean and how can each of us help to protect marine life?

Their knowledge was focused on the global goals for sustainable development.



*"Kindness is free. Sprinkle it everywhere!"*

*Gratitude is a simple expression of appreciation and acknowledgement for the things, people, and happiness we have in our lives. Our children showed thankfulness towards 'Community Helpers' by making beautiful cards and notes for them.*



# THE PRIMARY TEAM

HAND IN HAND WE WALK TOGETHER  
SIDE BY SIDE PERFORM TOGETHER  
WHEN ALONE JUST CAN'T DO IT  
WE AS A TEAM DO IT.  
WE STAND UNITED BY JUST ONE GOAL  
WE ARE 6 BUT ONE SOUL  
WE BRING OUR STRENGTHS AND PUT IN OUR TEAM  
TO GET IT SUPREME  
BECAUSE WE AS A TEAM DO IT.

*"None of us, including me, ever do great things. But we can all do small things, with great love, and together we can do something wonderful."*

*We creates a feeling of family, inclusion and interdependence, providing a strong teacher voice and significantly extending the base of organizational leadership, accountability and momentum.*



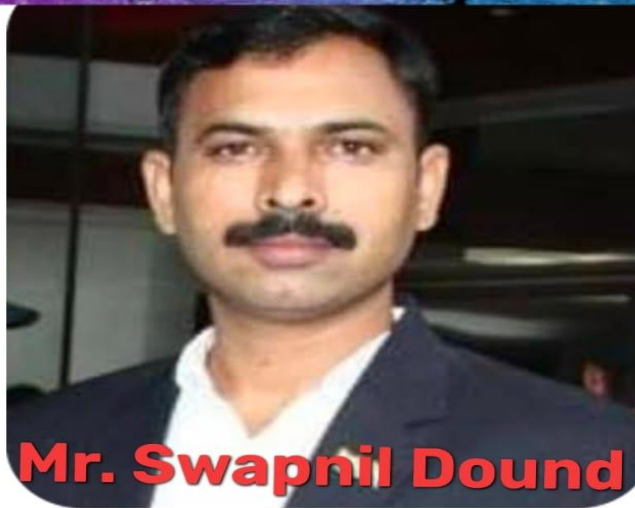


**WE AS A TEAM DO IT**





PE Team



**Mr. Swapnil Dound**



**Ms. Anjali Ambre**



**Mrs. Trupti Nevse**

## *ART Team*



**Mr. Vishwanath J.  
Parule.**



**Mr. Hemant B.  
Mane.**



**Mr. Surendra D.  
Pimpale.**

*DANCE Team*



**Mr. Rahul Sherkar**



**Mrs. Rudhika Dhabholkar Mrs. Rupali Yadav**



Ms. Aparna Anand

Ms. Pradeep Badhwal

Ms. Sreela Dutta

Ms. Shaili Shah

Ms. Zeenath Khan

Ms. Pearl Sirvel



Mr. Sunil Gaikwad

# MARATHI TEAM



Ms. Archana Poojary



Ms. Nisha Mane





Ms. Manpreet

Ms. Tanuja

Ms. Trupti

Ms. Neha

Ms. Vidhya



*The strength of the team is in each individual member. The strength of each member is the team.*

# INFORMATION TECHNOLOGY TEAM



Ms. Sreela Datta



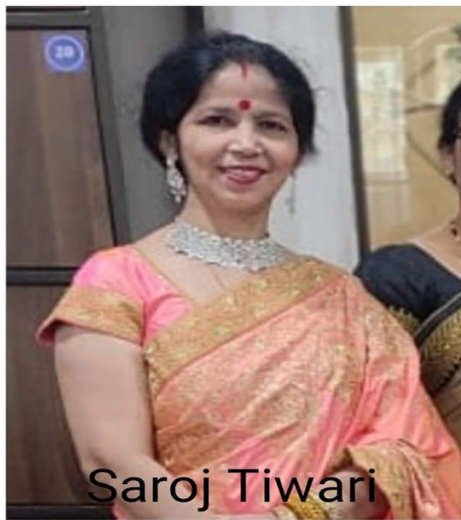
Mr. David Maxwell



Kumudini Rana



Alpa Jain



Saroj Tiwari



# Induction

Bunts Sangha's  
S M Shetty Educational Institutions  
ISO 21001:2018 certified

Preparing the academic gear for 2021 - 22

Rashmi Fao

CA Jagdish Shetty

Zoom meeting controls: Mute, Start Video, Security, Participants (322), Polls, Chat, Share Screen, Pause/Stop Recording, Breakout Rooms, More.

WHO  
am I?

Serma Sabhick

The cosmos holds all our memories

Dr. Harish Shetty

Pillars of The National Education Policy, 2020.

ACCESS  
EQUITY  
AFFORDABILITY  
ACCOUNTABILITY  
QUALITY

Dr. SEGHARA SHETTY

# Competitions

*"Poetry is simply the most beautiful, impressive, and widely effective mode of saying things." – Matthew Arnold.*

*The competition inspired the young poets to come forward and recite online. They enjoyed the perfection of expression, thoughts, emotions, rhythm and music of words.*




*"Being a reporter seems like a ticket out to the world."*



The best preparation for tomorrow is doing your best today. - H. Jackson Brown, Jr. Weat

Bunts Sanaha's S.M. Shettu High School and Jr. College believe on preparing individuals for tomorrow and making every tomorrow a better day. The art of letter writing encouraged young writers to write letters to our honourable Prime Minister, Mr. Narendra Modi on various themes.

Date: 24<sup>th</sup> August 2021




To,  
Shri Narendra Modi ji  
Honourable PM of India.

From,  
Mrunal Shyam Singote  
S.M. Shetty High School and Jr. College  
Mumbai, India

Subject: About learning through online classes.

Respected P.M. Shri Modi Ji,  
I am Mrunal Singote from Mumbai, studying 4<sup>th</sup> std from S.M. Shetty High School, Mumbai.  
Sir, I am writing this letter not only for me but for all students. Due to this corona situation we are learning from home, doing online classes. Previously, it was difficult for us as well as for teachers. Now, we are used to this. We are learning new technology, attending virtual classes through different applications with the help of mobiles, tablets and laptops. But our screen time has increased due to which sometime we are facing problems like headache and all. Though all teachers are taking classes nicely, still we are missing the physical interactions with them.



25, Rose Villa,  
Park Street,  
Bhandup (W),  
Mumbai - 400078.  
August 24, 2021.


The Prime Minister of India,  
New Delhi - 110101

Subject: INVITATION FOR ANNUAL DAY AND SPORTS DAY ON ONLINE PLATFORM.

Respected Sir,

It is my joy to write a letter to my favourite Prime Minister whom I admire and thank for all the efforts that you take to grow our country. I, Mr. Ethan Ganesha, a student of Bunt Sanaha's S.M. Shetty High School and Junior College would like to invite you to attend our online Annual Day and Sports. Our school has decided to host an online annual day and sports day due to the outbreak of Covid-19. We have worked very hard for this programme.

To,  
The Honourable  
Prime Minister of India  
(Shri Narendra Modi ji)



Subject: Letter appreciating Modi ji for collecting


Respected Sir,

I the student of S.M. Shetty High School studying in class IX<sup>th</sup> is highly grateful to take this opportunity to appreciate you and your consideration for giving teachers and children the online platform for maintaining the continuity in education during this tough time of pandemic.

Had we as a student haven't got this online platform many of us may not have completed our academic goals and also the teachers and other staff members would not have their jobs at stake.

I on behalf of the entire school and my family would like to thank you for helping us grow and giving your support at the very right time. This truly means a lot to us.

Page No. \_\_\_\_\_ Date: 24/8/21



To,  
Manoj Shri Narendra Modi (Prime Minister of India).

I am Rudra Biswas Dasgupta from 4<sup>th</sup> B Class, S.M. Shetty School with all due respect inviting yourself as a guest for our school management as a chief guest for our school Annual and Sports events.


This year due to covid we are celebrating annual function and sports day on digital platform. Your online presence for this events will boost our energy. Your valuable words to us will be great source of inspiration.

This year we are representing different different states, culture and playing different interesting games. We have prepared lots of things from home and very excited to show that on both events. You will definitely like and enjoy it. We are aware and understand that you have other priority work, but I request you to please take out some minutes for us from your precious time. I hope that you will definitely make your presence looking forward to your acceptance.

Your Sincerely,  
Rudra.

# Letter Writing Competition

Date: 24/8/21



Name: S. Shetty  
Class: IX B

The Honourable Prime Minister of India,  
New Delhi

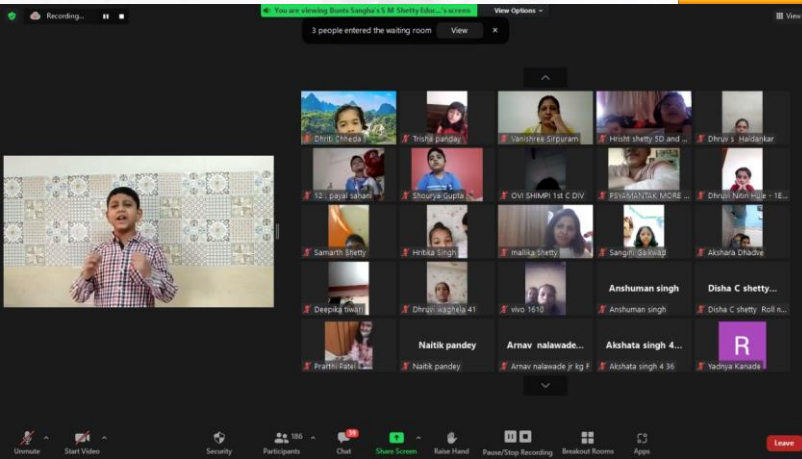
Subject:

Letter to the Prime Minister describing limitations during lockdown and when vaccines be available for children.

Dear Modi ji,

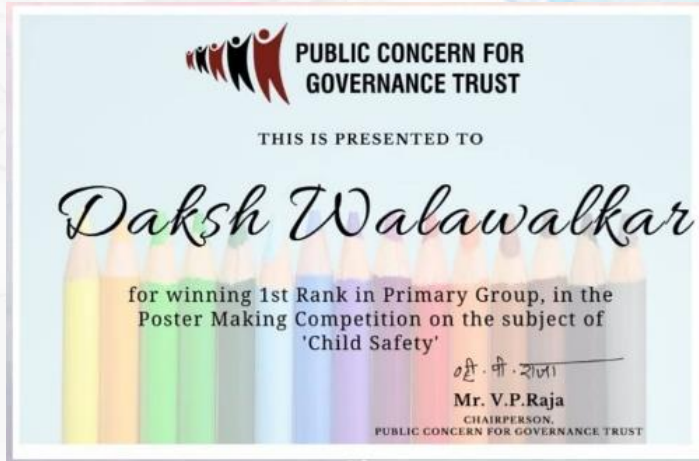
As we all know that Covid is spreading all over the world. In this pandemic situation, people are facing many difficulties like most of the people are losing their jobs, family members etc. Some of them are not getting food and shelter. Hotels, schools and shops are closed. So people are facing financial issues. We hope that vaccines are available soon.

# Kindness Carnival





# Achievements



**Master Daksh Walawalkar  
Standard II**

Miss Anusha is proactive student and avid reader, Head Girl Anusha Jain, has yet again proved her mettle by securing **THIRD RANK** in **NELTAS ECAT Grand Finale 2020-21** in **STD IV**. We salute her enthusiasm and never give up attitude.



Miss Anusha Jain

It has been indeed a proud moment for all of us as our student Master Hrishit Shetty, a sports aficionado, secured First Position in the Cadets and Juniors National Level Kickboxing Championship-2021.

Yet again we feel honored to announce that Hrishit Shetty has once again proved his mettle in the field of sports by winning two Gold Medals in Kick light and Light contact event that was organized by Mumbai Mayor Kickboxing Chashak competition 2022.

His accomplishments are innumerable in the field of sports and education. Here's another one that we feel glad referencing of, has added another feather to his cap as he demonstrated his grit in Numbers, is the Bronze medal bestowed upon him by Walnut Excellence Education for securing 77.0 Marks in the National Maths and Arithmetic competition held on 26th February 2022.



# Workshop for students

The curious paradox is that when I accept myself just as I am, then I can change.

Carl R. Rogers

The session delivered useful content on Emotional intelligence, developing emotional vocabulary and expression. The idea was to open up interaction between students and counsellor and explore different areas of emotional health.

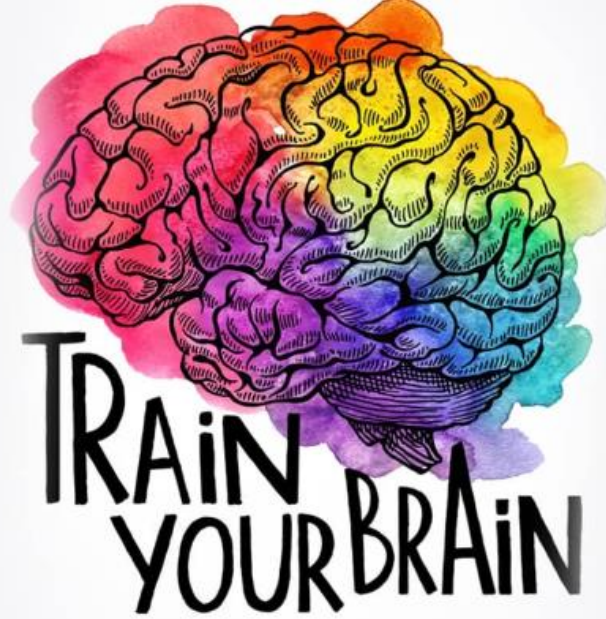
## Being Smarter



# Workshop for parents

"Don't let mental blocks control you. Set yourself free. Confront your fear and turn the mental blocks into building blocks."

"Train the brain: A parenting Masterclass" especially for the parents' of Std I & II on 3rd August, 2021. The session was on myths on parenting, 3 R's- Regulate, Relate and Reason, S.H.O.E.S- supportive relationships, healthy coping strategies, optimism, emotional awareness and skills for independent living and much more.



# SSR

*\*SSR – Care To Share\* has been our grassroots movement since the academic year 2014–15 to help people in need.*

*Even this year our teachers came together and contributed for sponsoring student's education, our parents also came forward to sponsor the education of 5 students. Such is the inspirational instance is of our student who rose to contribute to the initiative of \*Ek Coin, Ek Value\* to lend a helping hand to sponsor the fee of students facing financial crisis. She is none other than our student from Std. V – A, \*Ms. Mishty Ganguly\*.*

*The PIGGY BANK in Mishty's hand is not just the collection of money which she has earned by doing good deeds at home but it also contains the hopes and dreams of the students she aims to sponsor. It's this act of kindness that will spread its roots in all directions to help our students who struggle for their education.*

*Thank you Mishty for being an inspiration in someone's life*



# Online to Offline

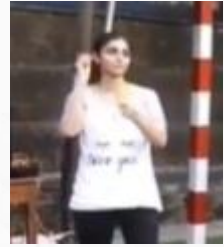
After almost one and a half year days of silent hallways and empty classrooms, it was a delight to welcome all of our students back into the school premises. The campus had come alive again.

It was heartening to see the children return to classrooms.



# Sports Day for Parents

On the occasion of "World Health Day", Bunts Sangha's S M Shetty High School and Jr College organized "Health and Happiness Parents' Event". Our parents showed child like spirit and cherished the events to their best. There was no end to their joy as they realized that they have got their days before the lockdown back. This was also one of the first offline event conducted for the parents in the past 2 years. We extend our gratitude to our dear parents for making this event a memorable one.



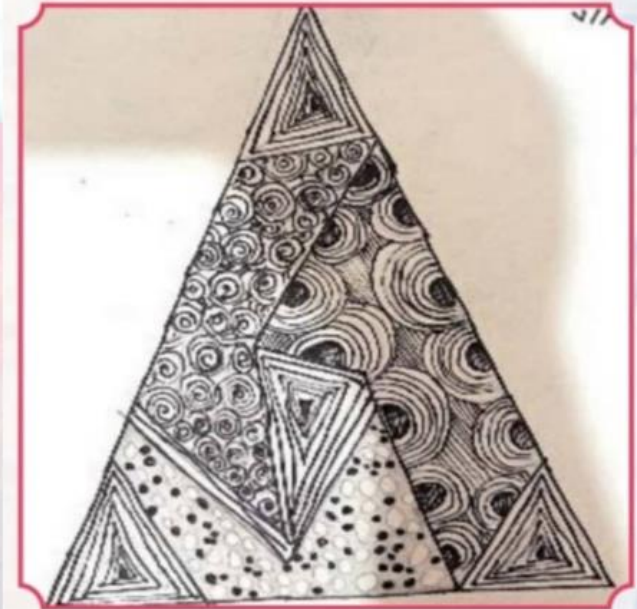


# Sports Day for Teachers



# Paint a life

Ved, the name itself symbolises knowledge. Being synonymous to this meaning, Ved is an intelligent and knowledgeable child who gets involved in all the activities conducted during the class. Being a child having excellent skills in art, he has managed grabbing attention of many through his artistic skill work. The image here is one of his masterpiece published in the Times NIE



VED TENDULKAR, class V, Bunts Sangha's  
S.M.Shetty High School & Jr.College, Powai

Tanishka has an innocent face and always wears a beautiful smile. She is cheerful and has positive approach towards everything. She has good command over language and uses it very well to express her feelings clearly to others. She showcases dancing talent. She is very expressive. She is a self assured young learner who is always willing to learn something new.



**TANISHKA  
JUWATKAR,**  
class III,  
Bunts Sangha's  
S.M.Shetty High  
School &  
Jr.College, Powai



# International Yoga Day Celebration



*"Your Body exists in the past and your mind exists in the future."*

*In yoga, they come together in the present*

*Yoga is not just about bending or twisting the body and holding the breath. It is a technique to bring you into a state where you see and experience reality simply the way it is.*

*"Yoga is Like Music.*

*The Rhythm of the Body,*

*The Melody of the Mind and*

*Harmony of the Soul that Creates the Symphony of Life."*

# Art Corner



SMIT PATEL IB



AVISHKAR TAMUCHE - IC



DEVANG AND DEVASHREE DALVI - I D



DRUVI HULE - I E

AARADHYA  
GUPTA  
IIA



AAHANA  
SHAIKH  
II B



SHREYA PEDNEKAR - II C

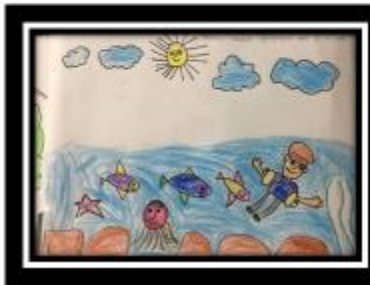


AMEERS RAYAIN - II D

CHRISHELLE  
NICOSIA  
FERNANDES  
II E



AARADHYA  
PAWAR  
II F



SWARAJ REDKAR III A



NIRBHAY KASHID III B



SARA MUKADAM III C



GATTIK KANEKAR III D



AVNIPRIYA AJAYKUMAR III E

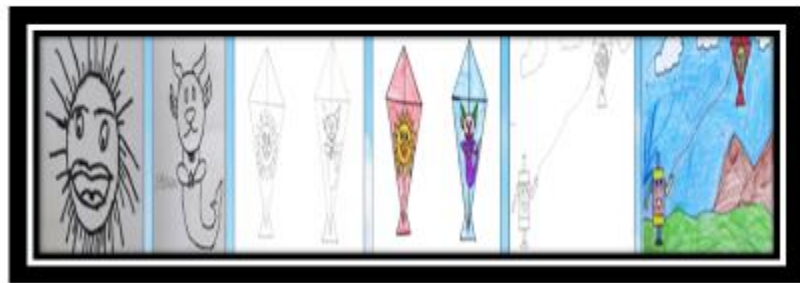
TRISHA SUVARNA IVA



SANVI POLEKAR IV B



SAMARTH SHETTY IV C

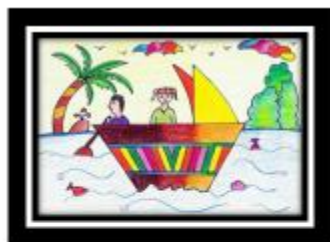


ETHAN GONSALVES IV D



ADHIRA VENGURLEKAR IV F





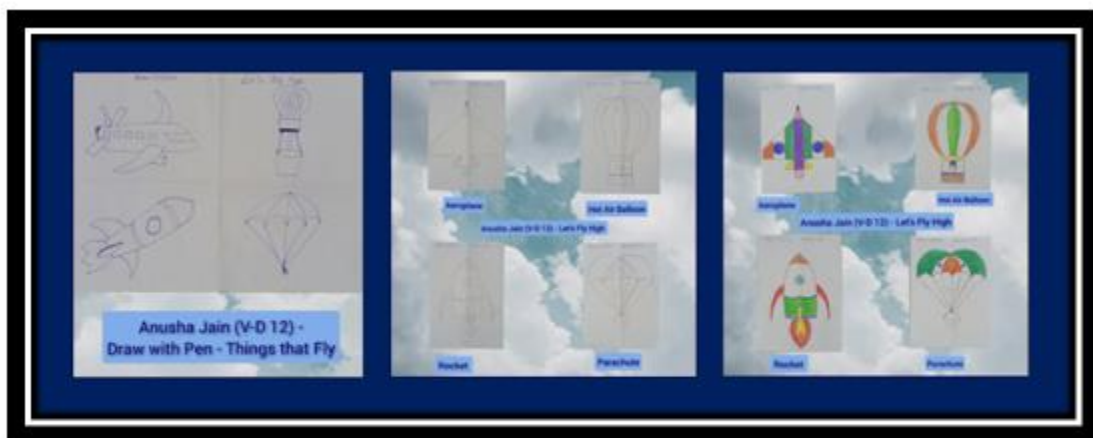
SAVITA GANCHI VA



ARYA RAUT V B



HARSHITA VISHWAKARMA V C



SOORYA GILIYARU MAIYA VE

# Students' Wellbeing

## Dance/ Drama/ Music



The Dance Room

# Healthify Me

Pictures of Sports room, ground and Audi



# At Safe Hands - Physically and Mentally



Picture of the counselling centre



Self care and personal hygiene are basic but vital skills essential to ensure healthy lifestyle.

# Safety Measures

It is said that “Precaution is better than cure.” We ensure safety measures are inculcated in our children for a better and safer tomorrow.

Picture of Evacuation drill, fire exit plan and fire training.

