



Bunts Sangha's  
**S M Shetty High School & Junior College**  
(ISO 21001 : 2018 Certified)



*of Educational Excellence and Continuing...*

# TESTIMONIALS

## The Annual Sports Magazine



**Sixth Edition : July 2023**

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# **Editorial**

## **Embracing Triumph: A Celebration of Athletic Excellence**

**Dear Readers,**

**It is with immense pleasure and boundless excitement that we present to you the School's Annual Sports Magazine 'Testimonials' - a tribute to the unwavering spirit and triumph of our talented athletes! As we gather here to cherish the memorable moments of sporting prowess, we are reminded of the invaluable lessons that sports teach us: resilience, teamwork, and the pursuit of excellence.**

**In a world that often presents challenges and uncertainties, the sports field serves as an arena of character-building and self-discovery. This year, our champs have truly exemplified these values, demonstrating extraordinary dedication, passion, and sportsmanship.**

**Throughout the academic year, our students have engaged in a wide array of sporting events, each moment marked by unparalleled enthusiasm and camaraderie. From the adrenaline-pumping track and field events to the strategic manoeuvres on the arena, every match was a testimony to the unyielding determination of our budding sportsmen.**

**Beyond the scores and medals, we witnessed the beautiful stories of friendships formed and alliances strengthened. Teammates turned into family, celebrating triumphs together and embracing setbacks as stepping stones for growth. These experiences have taught us that the true essence of sports is not just about winning; it's about the journey of self-improvement, learning from failures, and consistently striving to be the best version of oneself.**

**This year has seen the emergence of numerous rising stars who have left us in awe of their talent and potential. Their achievements inspire us to believe that no dream is too big, no goal is out of reach, and with the right attitude and dedication, we can scale any height.**

**We extend our heartfelt gratitude to the coaches and mentors who have tirelessly nurtured and guided our champions, providing them with the skills and encouragement they need to excel in their respective fields. Your dedication and mentorship have left an indelible mark on the hearts of our students.**

**We must also acknowledge the unwavering support of the Management, Parents, and our well-wishers. Your constant encouragement and applause from the sidelines have boosted the confidence of our students and motivated them to perform at their best.**

**As we look back on the year's sporting events and achievements, we eagerly anticipate the upcoming challenges and opportunities in the world of sports. Let us continue to foster a culture of sportsmanship, where respect for opponents and love for the game prevail.**

**Finally, we dedicate this magazine to all our students who have represented the school with pride and passion. Your dedication is an inspiration to us all, and we are confident that you will continue to shine brightly in every arena of life.**

**Here's to embracing triumph and celebrating the indomitable spirit of sportsmanship!**

**Sincerely,**

**The Editorial Board**

# Magazine Committee

<b>Principal</b>	<b>Ms. Seema Sabhlok</b>		
<b>Vice Principal</b>	<b>Ms. Reshma Rao</b>		
<b>Head Mistress – Preprimary Section</b>	<b>Ms. Neha Bhave</b>		
<b>Head Mistress – Primary Section</b>	<b>Ms. Kumudni Rana</b>		
<b>Coordinator – Secondary Section</b>	<b>Ms. Rutuja Raut</b>		
<b>Section</b>	<b>Providing Details &amp; Photos</b>	<b>IT Related Work</b>	<b>Screening of Articles</b>
<b>Pre primary Section</b>	<b>Ms. Surekha Lohar</b>	<b>Ms. Jayashree Shingote Ms. Arti Sampat Ms. Gauri Patil Ms. Rasila Mujat Ms. Prerana Hate</b>	<b>-----</b>
<b>Primary Section</b>	<b>Mr. Swapnil Dound Ms. Anjali Ambre Ms. Trupti Nevse Ms. Ramona Poojary</b>	<b>Ms. Anjali Ambre Ms. Hetal Mehta</b>	<b>Ms. Ramona Poojary Ms. Hetal Mehta</b>
<b>Secondary Section</b>	<b>Mr. Sanjay Nagalkar Dr. Anamika Nimkar Mr. Anil Pisal</b>	<b>Mr. Atish Chorge Ms. Joyce Noronha</b>	<b>Ms. Manjit Kaur Bhoee</b>

# SCHOOL PARLIAMENT



**Ms. Seema Sabhlok**  
**Principal**



**Ms. Reshma Rao**  
**Vice Principal**



**Ms. Lalita Kadam**  
**Coordinator**  
**Secondary Section**



**Ms. Kumudni Rana**  
**Head Mistress**  
**Primary Section**



**Ms. Neha Bhawe**  
**Head Mistress**  
**Pre primary Section**

# **PRE PRIMARY SECTION**

# Sports Event Managers



**Ms. Jayashree  
Shingote**



**Ms. Surekha  
Lohar  
Sports Teacher**



**Ms. Arti Sampat**



**Ms. Gauri Patil**



**Ms. Rasila Mujat**



**Ms. Prerana Hate**



# From the Desk of Event Managers



## Sports Culture Today

The 20th century saw a major expansion in sports culture, as new technologies and transportation made it easier for people to participate in and watch sports. The growth of mass media and television in particular had a major impact on sports culture, as it allowed people to watch live games and events from around the world. This helped to popularize sports and create global audiences for major events such as the Olympics and the World Cup.

## Why sports are good for kids?

Sports are good for kids for a variety of reasons. Physically, participation in sports helps children develop strength, endurance, and coordination. It also helps them maintain a healthy weight and lower their risk of chronic diseases. Mentally, sports can help kids develop discipline, focus, and self-confidence.

# HIGHLIGHTS – INTRASCHOOL

## PRE - PRIMARY SECTION

Class	Indoor games	Outdoor Games	Races
Nur.	Building Blocks, Stringing Beads, Rolling the ball/ Exercise, Passing the ball/Exercise, Bowling/Pegging, Kick the ball & hit the target, Ring toss game, Color color which color Game	Tunnels, Throw & Catch, Yoga, Footprints Mat, Brain Gym(Lazy 8)/Basketball, Crossing Midline Exercise, Brain Gym	Sorting Fruits & Vegetables, Running Race, Zigzag Race, Beading Race, Tunnel Race, Hopping Race
Jr.k g	Body Stretching Exercise, Yoga, Throw & Catch the ball/Brain Gym, Lagori/ Walking Stilts, Brain Gym (Lazy 8), Hopscotch (Footprints), Animal Yoga Poses, Ring Toss Game, Intro. Of Indoor Games, Carrom, Snake & ladder	Simon Says Game (Body Awareness exercise), Skipping, Crossing Midline Exercise, Walking Stilts, Cricket, Hockey, Tunnels,	Stringing beads, Sorting Colour Tablets, Running Race, Ringing the Cone Race, Obstacle Race, One Minute Game, Marble & Spoon
Sr.k g	Body Awareness Exercise, Bowling/Bucket Toss, Lagori tiles Building, Throwing & Catching/Body stretching exercise & Finger exercise, Introduction of Cricket, Hoop pass/Yoga, Brain Gym, Intro. of Football, Intro. of Basket ball, Carrom, Snake & Ladder	Cricket(Practical), Crossing Midline Exercise, Musical Chairs, Football(Practical), Exercise, yoga Hopscotch/Skipping, Basketball(Practical), Hockey	Building Seven Stones, Potato Race, Hop on 1 Leg Race, Book Balancing Race, Hurdle Race, Running Race, Short Jump Race



# INTERNATIONAL YOGA DAY 21st June, 2022



Children love yoga because they can pretend to be anything they can imagine.



# National Sports Day - 29th August 2022



**Arise! Awake! And Stop Not Till  
The Goal Is Reached**



# National Sports Day - 29th August 2022



Do you know what my favorite part of the game is? The opportunity to play.





# Sports week - 6th Jan. to 10th Jan



**"Champions keep playing until they get it right."**





# Winners of Sports Events



# **PRIMARY SECTION**

# PRIMARY SECTION PHYSICAL EDUCATION DEPARTMENT



## Sports Event Managers



**Ms. Ramona Poojary**

**Ms. Hetal Mehta**

## P.E. Teachers



**Ms. Anjali Ambre**

**Mr. Swapnil Dound**

**Ms. Trupti Nevse**



# STUDENTS' COUNCIL SELECTION PROCESS

Round 2

Round 1  
Application  
Form



Story Review/  
Book Talk



Round 3  
Panel  
Discussion



Round 4  
Interview



Round 5  
Voting





# INVESTITURE CEREMONY

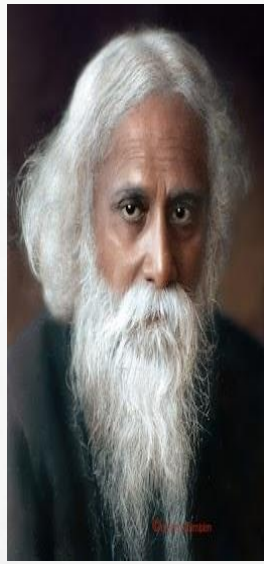




**Bhagat Singh  
House**

**House Master  
Ms. Nidhi**

**House  
Members  
Ms. Pooja  
Ms. Vanishree  
Ms. Bincy  
Ms. Pradeep  
Ms. Shail  
Ms. Saroj  
Ms. Archana  
Ms. Shaili  
Mr. Vishwa**



**Rabindranath  
Tagore House**

**House Master  
Ms. Rupali**

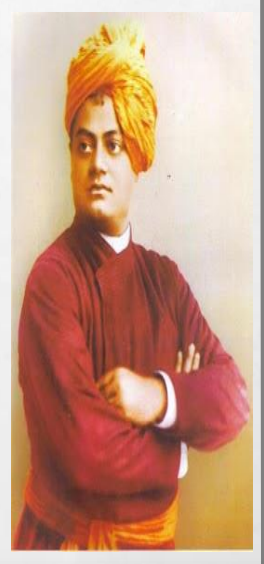
**House  
Members  
Ms. Ramsha  
Ms. Nayana  
Ms. Manisha  
Ms. Daffodil  
Ms. Shobha  
Ms. Priyanka  
Ms. Sreela  
Ms. Tanuja  
Mr. Hemant**



**Lokmanya  
Tilak House**

**House Master-  
Ms. Alpa**

**House  
Members  
Ms. Usma  
Mr. David  
Ms. Anu  
Ms. Pawanjyot  
Ms. Zeenath  
Ms. Sheela  
Ms. Swarnalata  
Mr. Rahul  
Ms. Vidhya**



**Swami  
Vivekananda  
House**

**House Master-  
Ms. Jyoti**

**House Members  
Ms. Neha  
Ms. Sultana  
Ms. Baljeet  
Ms. Trupti G  
Ms. Manpreet  
Mr. Surendra  
Mr. Fazal  
Ms. Rudhika  
Ms. Shraddha**



# OFFICE BEARERS



**Head Boy**  
**Master Hammad Mistry**



**School Sports Captain**  
**Miss Aashi Patel**



**Head Girl**  
**Miss Devika Kumar**



**Deputy Head Boy**  
**Master Mitansh Rai**



**Deputy Head Girl**  
**Miss Shriya Sakpal**



**House Captain**  
**Miss Aaryashree Padmakumar**



**Vice Captain**  
**Miss Anushka Parkar**



**Sports Captain**  
**Master Kshitij Kambli**



**Sports Captain**  
**Miss Samruddhi Kadam**



**Vice Captain**  
**Miss Rianshi Shetty**



**Sports Captain**  
**Master Anshuman Shinde**

**Bhagat Singh  
House**

**Rabindranath  
Tagore  
House**

**Lokmanya  
Tilak House**



**House Captain  
Miss Sanvi Naik**



**Vice Captain  
Miss Tanvi Shetty**



**Sports Captain  
Miss Keya Shetty**

**Swami  
Vivekananda  
House**



**House Captain  
Miss Shrim Sheth**



**Vice Captain  
Miss Ayurtha Desai**



**Sports Captain  
Miss Trisha Suvarna**



# International Yoga Day

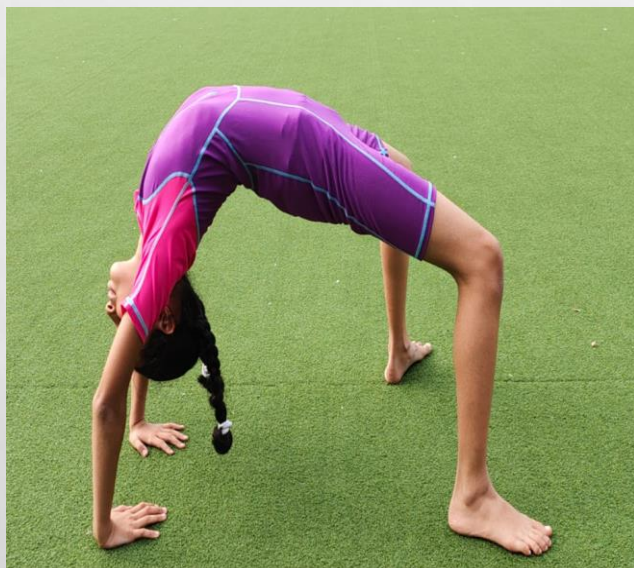


Yoga Se Hoga 



# National Sports Day

On 29<sup>th</sup> August Primary Section celebrated National Sports Day. Students' Council Members presented themselves as different sports personalities.



# FORGOTTEN GAMES

Children were introduced to forgotten games by including them in the syllabus.

## JULY-AUGUST



**Std. I & II Hopscotch**



**Std.III - V Spinning Top**



# SEPTEMBER- OCTOBER



**Std. I & II Blind Man's Buff**

**Std. V Chain Games**



**Std. III & IV Dog and the Bone**

# NOVEMBER- DECEMBER



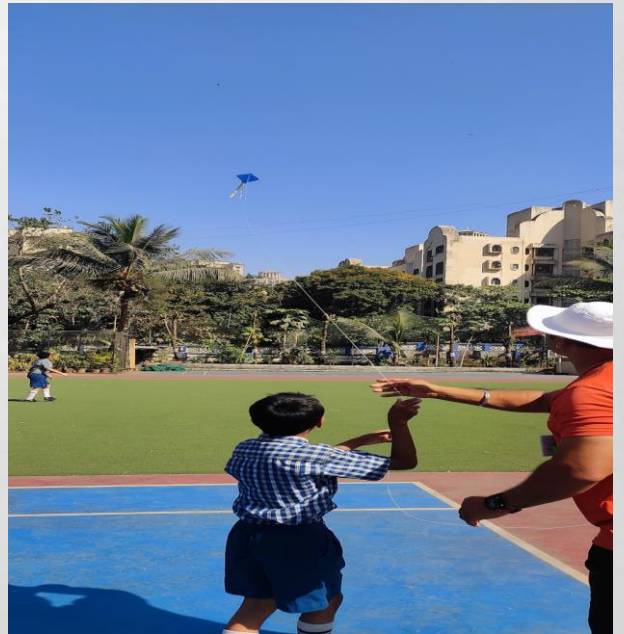
**Std I & II Marbles**



**Std III & IV Lagori**



**Std V Kite flying**





# FEBRUARY-MARCH



**Std. I Snake and Ladder**



**Std. II Ludo**



**Std. III & IV Lock and Key**



**Std. V Ball Fighting**

# Monthly Competitions (July - August )



**Std. I Getting ready to school**



**Std. II Zig-zag running with Ball dribbling**



**Std. III Obstacle race**



**Std. IV Badminton singles & doubles**



**Std. V Chess**

**Success is no accident** 



# September - October



**Std. I Multitask race**



**Std. II Dodge Ball**



**Std. III Carrom**



**Std. IV Langadi tournament**



**Std. V Basket Ball**

**Success is no accident** 



# November-December



## STD. I-V Running race



**Success is no accident** 

# February- March

## A year long practise resulted into competition.



**Std. I Gymnastics**



**Std. III Long jump**



**Std. II Football**

**Std. IV Cricket**

**Std. V Kho Kho**



**Success is no accident** 



# Glimpses of Prize distribution of Monthly Competition





# Inter School Sports Competition

**“The five S’s of sports training are: stamina, speed, strength, skill, and spirit; but the greatest of these is spirit.”**

**—Ken Doherty**

**Students got training to build stamina during monthly competitions to prepare for Inter School Sports Competition. They participated and won medals and certificates which added laurels to our school.**



## S Ward Competition



**Don't wait for the opportunity. Create it.** 



**Solderthon Vijay run**



**Central Suburban District Sports Association**



**Nisarg Run**



**Table Tennis Competition organised by Vidya Bhavan**





# 'Health and Happiness' Parents' Sports Day

**"Age is no barrier. It's a limitation you put on your mind"**  
**On 1st April, 2023, Parent's Sports Event was organised.. We received very huge number of participation. They enthusiastically showed child-like spirit and cherished the events to their best.**



**"Feedback is the breakfast of champions"** 

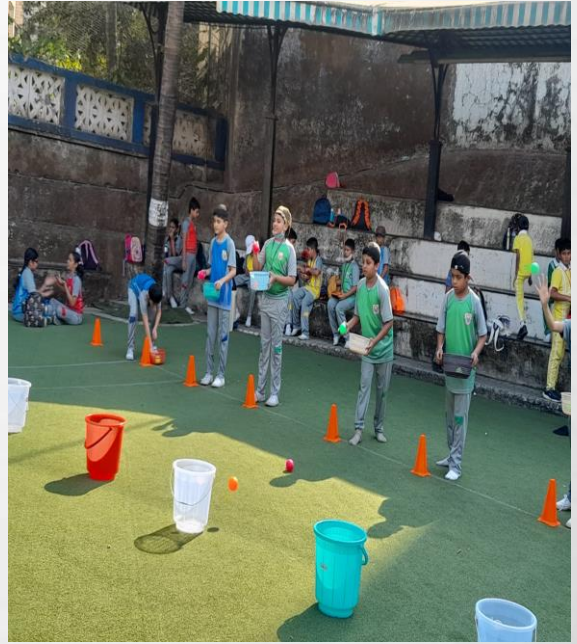


# Glimpses of Sports Week

The event was between the International Section and State Board School. Different outdoor and indoor games were played like carrom, chess, Shuttle race, and bucket the ball.



# Glimpses of Sports Week



Success has no accident 





## **SPORTS I LIKE TO PLAY IN SCHOOL**

**I like to play a sport named Badminton. It is the best game according to me. It's a concentrating game. We have to focus on the shuttlecock to play/win. We had many matches at our school and I was the winner in both. There are two ways to play badminton singles or doubles.'**

**Miss Ruqayyah Ansari  
IV E**

**I like to play outdoor games because it is fun. I enjoy outdoor games which are played in teams. In such games, we learn to plan in groups, communicate, help each other, and finally, we play together with a common goal. I like football, basketball, and relay race the most because I like running. I think playing outdoors helps us to be fit and fine. These games give everyone equal opportunities to play.**

**Miss Navya Kartik  
IV B**

# MEANING OF STUDENTS' COUNCIL

**If I am elected as a student council member, I will take the initiative to make changes and express the concerns of the students. My job is to listen to what students want. I will take time to listen to all the students. I do not want to brag about being a Student Council member. Instead, I want every student to be disciplined.**

**Miss Aayurtha Desai  
VD**

**Student council is an association of students guided by teachers for organizing and carrying out school activities. Organizing various events like charity, sports, art and craft, competitions and exhibitions helps in overall personality development. I enjoy participating in each and every event or competition, sometimes winning and sometimes learning. I will not say losing.**

**Miss Kanak Dubey  
IV B**



# MY VIEWS ON INTERNATIONAL YOGA DAY

I came to know that International Yoga Day is also celebrated all over the world. This idea was proposed by our honorable Prime Minister, Mr Narendra Modi. He said, “Yoga is an invaluable gift of India’s ancient tradition. It embodies unity of mind and body; thought and action; restraint and fulfillment; harmony between man and nature; the best approach to health and well-being. It is not about exercise but discovering a sense of oneness with yourself, the world, and nature. By changing our lifestyle and creating consciousness, it can help in well-being.”

**Miss Naisha Shah**  
**VA**

**Yoga is not only an exercise but also a relaxing method for the body & mind. It consists of many poses known as yoga asanas. All these poses are beneficial in their own way. International yoga day was conducted in the month of June, and we came to know much more information about yoga. Each of us got a chance to present the poses we learnt in the classroom.**

**Master Ethan Gonsalves**  
**VB**

## **MY EXPERIENCE ABOUT 'SPORTS WEEK'**

**In sports week, I played many games, like a relay race, hurdles race, and shuttle race. I didn't win but I enjoyed it very much. It was educational and full of enjoyment. We won the relay race in the Semifinals but bagged the Third position later in the Finals. It was a fun-filled day as the State Board won the challenge.**

**Miss Tanvi Shetty  
VA**

The whole fifth standard was excited the day before the start of sports week. We could not wait for it to start. The ones who worked hard for it were the teachers. They were working very hard to make sports week a success. We enjoyed sports week a lot! It was a day at school where we only played and did not study. We had all the fun because of the teachers. A great thanks to them. This was just as we imagined it would be! I loved it!

**Miss Shravani Shetty,  
VB**



# Special Achievements



Swaraj Redkar from Std. IV A participated in different Inter School competitions and won many prizes.

- Won 3rd place in Table Tennis tournament organized by Nandkishor Singh Jairamji Memorial Inter School Table Tennis tournament at Hindi Vidya prachar samiti Ghatkopar west mumbai 86
- Won 2nd position in Inter school Table Tennis competition organized by Pune Vidhyarthi Bhavan Ghatkopar
- Played Table tennis Promotional tournament in all categories from Std. IV to IX and received best player certificate and medal

# **SECONDARY SECTION**

## Secondary Section

### Sports Teachers



**Mr. Sanjay Nagalkar Dr. Anamika Nimkar Mr. Anil Pisal**  
(Head of the Department)

### Sports Event Managers



**Ms. Joyce Noronha**



**Mr. Atish Chorge**

### Event Managers



**Ms. Ankita Singh**



**Ms. Juli Singh**



**Ms. Sharon Sequeira**



**“Believe you can and you're halfway there.”**

**We all have been in a place, sometimes, in our mind, where we do not feel like doing anything. Right? Our growing up years defines a lot about us as they mold us in a certain way. We learn the do(s) and the don't(s) of life. And thus, we start believing that we could do a few things and some not. It means that realization is not only about overcoming external forces but about working hard and making sacrifices. It is about overcoming the power of your own mind. If you do not believe in yourself, then who will? Believing is the first step to achieving. Without it, our dreams and goals are pointless. Second-guessing your capability and questioning your skills will never make you accomplish anything in life, ever! The first battle is not planning or thinking of ways to achieve a goal, but believing that you can and then put your mind in the right place. Our mind works mysteriously. It can be trained to function in a certain way. The second part of the quote says you are halfway there. That means - you need to take action and begin to move the forces in the universe. When you are halfway to achieving your goals, and you believe you can, it will make you go all the way. Success is hard. It demands discipline and focus. You must be willing to make sacrifices to achieve what you want. They do not need to know much to start doing it. All they need is to just believe that they can, and guess what? They are halfway there! So, you have nothing to lose! From now on, start believing that you can, and you are halfway there too!**

**- From the desk of sports teachers**

**(Mr. Sanjay Nagalkar, Ms. Anamika Nimkar & Mr. Anil Pisal)**

**“Practice like you've never won, perform like you've never lost.”**

**It's not what we do once in a while that shapes our lives. It's what we do consistently, persistently and alongside a no-give-up spirit. 97% of the people who quit too soon are employed by the 3% who never gave up. People don't buy what you do; they buy why you do it. And what you do simply proves what you believe. If it was easy, everyone would do it. Almost every successful person begins with two beliefs: the future can be better than the present, and I have the power to make it so. Stop waiting for Friday, for summer, for someone to fall in love with you, for life. Happiness is achieved when you stop waiting for it and make the most of the moment you are in now. "How to make people interested in you?" Unless you try to do something beyond what you have already mastered, you will never grow; and the people still aren't interested in YOU. Take the challenge to create and the risks to innovate; much better with your unbiased passion. Stop telling yourself that you have no special talents; sufficient it may with just a passionate curiosity. As I look back on my life, I realize that every time I thought I was being rejected from something good, I was actually being re-directed to something better.**

**I learned to be a natural problem solver, the ones who see opportunity when most see impossibility. I learned to act with entrepreneurial drive, think outside the box and always think BIGGER. To achieve success, you must be willing to grow and change to become who you need to be. Just remember, excuses will always be there for you, OPPORTUNITY won't!-**

**-From the desk of sports event managers  
(Ms. Joyce Noronha & Mr. Atish Chorge)**

# INVESTITURE CEREMONY

The Investiture Ceremony was conducted on 6th August for both the primary and secondary sections. The programme began with a guard of honour to welcome the guests. This was followed by a welcome, prayer and lighting of the lamp, felicitation of guests, address by the Principal, handing over of duties, presentation of insignia and duties and taking the oath of office. The insignia were presented by Chairman, PEC, Shri BR Shetty; General Manager, Academics and Administration, Dr. Sandeep Singh; Principal, International School and Junior College, Ms. Mildred Lobo and Principal, State Board School and Junior College, Ms. Seema Sabhlok. The newly elected head boy of the secondary section, the head girl of the primary section and the Chairman, PEC, Shri BR Shetty addressed the audience. The ceremony concluded with a vote of thanks followed by the national song.





# STUDENTS' COUNCIL 2022-23



## Bunts Sangha's S M Shetty High School & Junior College



### Students' Council 2022-23



**Master Parth Chhugani**  
School Head Boy



**Miss Siya Gopinathan**  
School Head Girl



**Master Dhruv Jain**  
Deputy Head Boy



**Miss Aarna Dutta**  
Deputy Head Girl



**Master Vedant Bochare**  
School Sports Captain



**Miss Jiya Bajwa**  
Cultural Secretary Girl



**Master Dhyan Patel**  
Cultural Secretary Boy



**Miss Navya Patel**  
Art Secretary



**Mast. Rishi Kumar**  
House Captain



**Mast. Om Lohot**  
Deputy  
House Captain



**Ms. Paridhi Mehta**  
Sports Captain



**Ms. Trisha Shetty**  
House Captain



**Ms. Anjali Kashid**  
Deputy  
House Captain



**Mast. Suryansh  
Shetty**  
Sports Captain



**Mast. Saurabh  
Eyyani**  
House Captain



**Mast. Johan Mathew**  
Deputy  
House Captain



**Ms. Yukti Mehta**  
Sports Captain



**Ms. Aditi Panchal**  
House Captain



**Ms. Gaurika Satam**  
Deputy  
House Captain

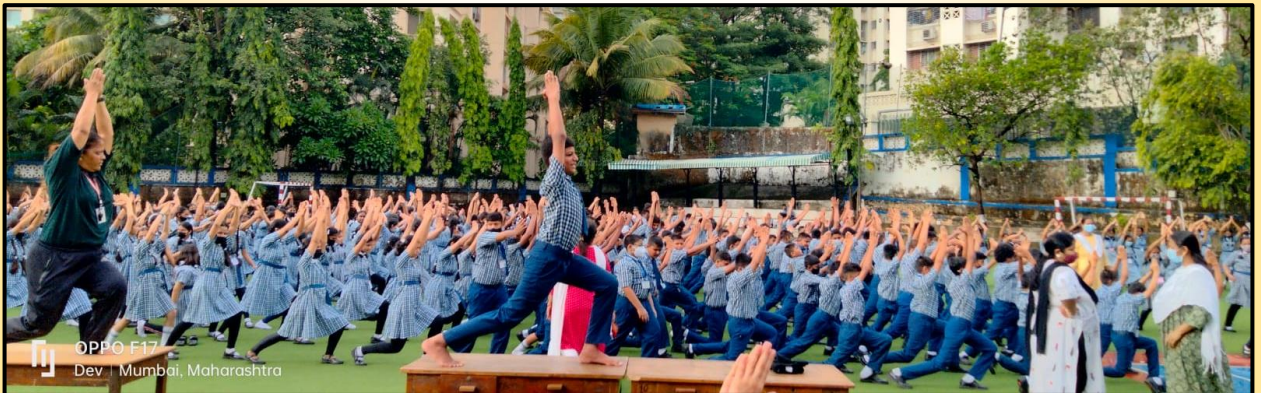


**Ms. Kyra Kapasi**  
Sports Captain



## INTERNATIONAL YOGA DAY CELEBRATION

International Yoga Day was celebrated on 20th and 21st of June. Students of Std VI to X participated in this celebration. Students were taken to the ground on 21st June where they performed different standing yoga asanas.





# YOGA DAY POSTER COMPETITION

A drawing competition involving yoga poses was arranged for Std VI to VIII and a yoga day logo making was organized for Std IX and X.





# NATIONAL SPORTS DAY CELEBRATION

National Sports Day was celebrated on 29th August beginning with the streaming of a personalized video for classes VI - X consisting of students from our school inclined towards sports speaking about the benefits of sports. Later, Std X students had various sports events organized for them on this occasion. The Government of India Ministry of Youth Affairs and Sports 'Fit India Mission' recognised our participation in the National Sports Day through a certificate.



**RESULTS – Game : Langadi**

Boys Category				Girls Category		
Place	Name	Div		Place	Name	Div
First	Mst. Dhruvansh Prajapat	F		First	Ms. Narayani Mohanta	A
First	Mst. Tanuj Jain	F		First	Ms. Dhruvi Shah	A
First	Mst. Wayas Khan	F		First	Ms. Vedika Jain	A
First	Mst. Dhrish Sharma	F		First	Ms. Sakshi Shetty	A
First	Mst. Jigar Anavadia	F		First	Ms. Anoushka Jadeja	A
First	Mst. Abhishek Sharma	F		First	Ms. Mantasha Khan	A

**Game : Passing the Ball**

Boys Category				Girls Category		
Place	Name	Div		Place	Name	Div
First	Mst. Eashan Tamboli	D		First	Ms. Abhisha Shetty	D
First	Mst. Niraj Zagade	D		First	Ms. Dhruvi Jain	D
First	Mst. Harsh Nair	D		First	Ms. Suraksha Gowda	D
First	Mst. Emmanuel Gomes	D		First	Ms. Diya Shetty	D
First	Mst. Atharv Gurav	D		First	Ms. Adveeka Sriram	D
First	Mst. Ashin Madhavan	D		First	Ms. Tanmayee Sawant	D

**Game : Tug of war**

Boys Category				Girls Category		
Place	Name	Div		Place	Name	Div
First	Mst. Kush Patel	E		First	Ms. Kashvi Ravariya	E
First	Mst. Sandesh Singh	E		First	Ms. Riddhi Rai	E
First	Mst. Bhavya Biwandiwala	E		First	Ms. Navya Bangera	E
First	Mst. Gaensh Panigrahi	E		First	Ms. Himani Kavire	E
First	Mst. Alam Siddiqui	E		First	Ms. Ria Sharma	E
First	Mst. Jay Salunkhe	E		First	Ms. Siddhi Pandey	E
First	Mst. Johaan Neelamkavil	E		First	Ms. Roshni Gupta	E
First	Mst. Vineet Sathliya	E		First	Ms. Masira Khan	E

**Game : Potato Race**

Boys Category				Boys Category		
Place	Name	Div		Place	Name	Div
First	Mst. Truptesh Shinde	G		First	Ms. Abhisha Shetty	D
Second	Mst. Pranit Dawale	C		Second	Ms. Ria Sharma	E
Third	Mst. Darsh Jain	A		Third	Ms. Laxmi Sharma	C

**Game : Moon Walk**

Boys Category				Girls Category		
Place	Name	Div		Place	Name	Div
First	Mst. Samarth Shetty	C		First	Ms. Shravani Mahindrakar	D
First	Mst. Pranit Dawale	C		First	Ms. Arpita Singh	D
Second	Mst. Murli Minariya	A		Second	Ms. Alfiya Rain	A
Second	Mst. Anas Malik	A		Second	Ms. Zainab Khan	A
Third	Mst. Meet Jain	G		Third	Ms. Lakshmi Sharma	C
Third	Mst. Ganesh Shetty	G		Third	Ms. Myesha Hashmi	C



# NATIONAL SPORTS DAY – PRIZE DISTRIBUTION

Winners of the Std X National Sports Day celebration were awarded during the prize distribution ceremony organized on 30th August.





# **INTER SCHOOL EVENTS**

# INTER SCHOOL EVENTS

Event : Inter School Chess Competition

Date: 22<sup>nd</sup> August 2022, Monday

Venue: St. Arnolds High School & Jr. College, Andheri (E)

Achievements :

Category	Student's Name	Achievement
12 Years Girls	Vidita Juwatkar, Ashna Sreejesh, Lavya Shetty	Fifth Place
14 Years Girls	Nishtha Borana, Anika Nair, Soumya Doddmani	Gold Medals
16 Years Girls	Anusha Yadav, Yukti Mehta, Nidhi Upadhyaya	Bronze Medals
12 Years Boys	Faaz Shaikh, Soorya Giliyaru Maiya, Dhrumil Patel	Sixth Place
14 Years Boys	Jay Karkera, Gandhar Gosavi, Aarav Gupta	Gold Medals
16 Years Boys	Harshiv Patel, Mayank Karkera, Vedant Mahindrakar	Fourth Place





## INTER SCHOOL EVENTS

Event : S - Ward Inter School Band Competition

Date : 13<sup>th</sup> Sept 2022, Tuesday

Venue : Vikas High School, Vikhroli East

Achievement : Second Place



# INTER SCHOOL EVENTS

Event : Kanakia Chamionship 2022 (Inter School Chess)

Date: 17<sup>th</sup> September 2022, Saturday

Venue : Kanakia International School

Achievements :

Category	Student's Name	Achievement
12 years Girls	Vidita Juwatkar	3rd Place
14 years Boys	Vedansh Jain	2nd Place
14 years Boys	Gandhar Gosavi	3rd Place
14 years Girls	Anika Nair	1st Place
14 years Girls	Nishtha Borana	3rd Place





# INTER SCHOOL EVENTS

Event : 10th Swami Vivekanand Marathon (Running Competition)

Organiser : Bharat Vikas Parishad

Date: 18<sup>th</sup> September 2022, Sunday

Venue : Heritage Garden, Powai

## Achievements :

Category	Student's Name	Achievement
16 years Boys	Avanpreet Singh	1st Place
16 years Boys	Dhyan Patel	4th Place
16 Years Girls	Sanskriti Pathak	1st Place
16 Years Girls	Lakshmi Sharma	2nd Place
16 Years Girls	Abhisha Shetty	4th Place
14 years Boys	Ansh Vedpathak	2nd Place
14 years Boys	Krishiv Nair	3rd Place
14 years Boys	Tanush Shetty	5th Place
14 Years Girls	Khushi Sharma	1st Place
14 Years Girls	Krutika Gawde	3rd Place
14 Years Girls	Pratheeksha Poojary	4th Place





# INTER SCHOOL EVENTS

Event : Interschool Athletics Competition

Organiser: St. Arnolds High School & Jr. College

Date: 10th November 2022, Thursday

Venue : St. Arnolds High School & Jr. College, Andheri East

Achievements : Total 16 medals - Gold :- 06 Silver :- 09 Bronze:- 01

Event	Category	Student's Name	Achievement
100 m Race	U16 Boys	Mst. Akkshit Jethva	1st place
100 m Race	U16 Girls	Ms. Abhisha Shetty	1st place
100 m Race	U16 Girls	Ms. Ayesha Malik	2nd place
100 m Race	U16 Girls	Ms. Pratheeksha Poojari	3rd place
4 x 100 m Relay	U16 Boys	Mst. Dhyan Patel	2nd Place
4 x 100 m Relay	U16 Boys	Mst. Akkshit Jethva	2nd Place
4 x 100 m Relay	U16 Boys	Mst. Anmol Jani	2nd Place
4 x 100 m Relay	U16 Boys	Mst. Gautam Doshi	2nd Place
4 x 100 m Relay	U16 Girls	Ms. Abhisha Shetty	1st Place
4 x 100 m Relay	U16 Girls	Ms. Sanavi Satre	1st Place
4 x 100 m Relay	U16 Girls	Ms. Lakshmi Sharma	1st Place
4 x 100 m Relay	U16 Girls	Ms. Mohangi Ugale	1st Place
4 x 100 m Relay	U16 Girls	Ms. Pratheeksha Poojari	2nd Place
4 x 100 m Relay	U16 Girls	Ms. Khushi Sharma	2nd Place
4 x 100 m Relay	U16 Girls	Ms. Akansha Verma	2nd Place
4 x 100 m Relay	U16 Girls	Ms. Ayesha Malik	2nd Place





# INTER SCHOOL EVENTS

Event : Athletics Competition

Organiser: DSO – Taluka Level

Date: 21<sup>st</sup> to 22<sup>nd</sup> November 2022

Venue: SAI, Kandivali

Achievements :

Competition	Category	Student's Name	Achievement
800 meter race	17 Years Girls	Lakshmi Sharma	1st Place
100 m relay	17 Years Girls		2nd Place
400 m Hurdles	17 Years Girls		1st Place
400 m relay	17 Years Girls		1st Place
400 m Relay	17 Years Girls	Sanavi Satre	1st Place
100 m Relay	17 Years Girls		2nd Place
400 m Hurdles	17 Years Girls	Mohangi Ugale	2nd Place
400 m Relay	17 Years Girls		1st Place
100 m Relay	17 Years Girls		2nd Place
100 m Race	17 Years Girls	Dhruti Rai	2nd Place
100 m Race	17 Years Girls	Abhisha Shetty	1st place
400 m Relay	17 Years Girls		1st Place
100 m Relay	17 Years Girls		2nd Place
100m Relay	17 Years Boys	Dhyhan Patel	1st Place
400 m relay	17 Years Boys		1st Place
400m Hurdles	17 Years Boys		1st Place
400 m Hurdles	17 Years Boys	Anmol Jani	2nd Place
100 m relay	17 Years Boys	Johan Mathew	1st Place
400 m relay	17 Years Boys		1st Place
100 m Race	17 Years Boys	Akkshit Jethva	3rd Place
100 m relay	17 Years Boys		1st Place
400 m relay	17 Years Boys		1st Place
100 m relay	14 Years Boys	Tanush Shetty	1st Place
High Jump	14 Years Boys	Palash Doshi	1st Place
100m Relay	14 Years Boys		1st Place
600 m	14 Years Boys	Krishiv Nair	2nd Place
100 m relay	14 Years Boys		1st Place
400 m Race	14 Years Boys	Aariz Nandolia	2nd Place
100 m relay	14 Years Boys		1st Place
High Jump	14 Years Boys		2nd Place
600 m	14 Years Boys	Ansh Vedpathak	1st Place
Long Jump	14 Years Boys		2nd Place
Hurdles	14 Years Boys		2nd Place
600 m	14 Years Girls	Khushi Sharma	3rd Place
100m relay	14 Years Girls		1st Place
Shot Put	14 Years Girls	Lavya Shetty	3rd Place
100m relay	14 Years Girls	Pratheeksha Poojary	1st Place
100m relay	14 Years Girls	Akansha Verma	1st Place
Long Jump	14 Years Girls		1st Place
100m relay	14 Years Girls	Ayesha Malik	1st Place

## INTER SCHOOL EVENTS

Event : Athletics Competition

Organiser: DSO – District Level

Date: 23<sup>rd</sup> November 2022

Venue : SAI, Kandivali

Achievements :

Competition	Category	Student's Name	Achievement
400 m Hurdles	17 Years Girls	Lakshmi Sharma	2nd Place
400 m Relay	17 Years Girls		2nd Place
400 m Relay	17 Years Girls	Sanavi Satre	2nd Place
400 m Hurdles	17 Years Girls	Mohangi Ugale	3rd Place
400 m Relay	17 Years Girls		2nd Place
400 m Relay	17 Years Girls	Abhisha Shetty	2nd Place
400 m Relay	17 Years Boys	Dhyan Patel	2nd Place
400 m Relay	17 Years Boys	Johan Mathew	2nd Place
400 m Relay	17 Years Boys	Akkshit Jethva	2nd Place
400 m Relay	17 Years Boys	Anmol Jani	2nd Place
600 m Race	14 Years Boys	Ansh Vedpathak	3rd Place
100 meter Relay	14 Years Girls	Khushi Sharma	2nd Place
100 meter Relay	14 Years Girls	Akansha Verma	2nd Place
100 meter Relay	14 Years Girls	Pratheeksha Poojary	2nd Place
100 meter Relay	14 Years Girls	Aysha Malik	2nd Place
400 m Hurdles	17 Years Girls	*Ms. Lakshmi Sharma has been selected for Division Level - 400 m Hurdle Race Competition*	



## INTER SCHOOL EVENTS

**Event : Interschool Rink Football Competition**

**Organiser: St. Arnolds High School & Jr. College**

**Date: 10th November 2022, Thursday**

**Venue : St. Arnolds High School & Jr. College, Andheri East**

**Achievements : Secured Forth Place out of 9 teams**



# INTER SCHOOL EVENTS

Event : Open Athletics Competition

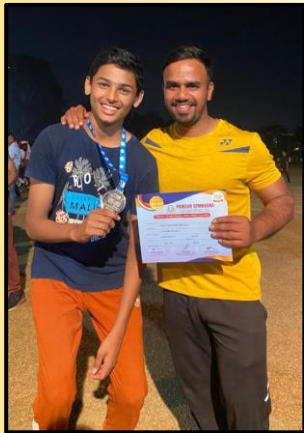
Organiser: Poinсур Gymkhana

Date: 24th to 26th November 2022

Venue : Poinсур Gymkhana, Kandivali

Achievements :

Competition	Category	Student's Name	Achievement
100 meter relay	16 years Boys	Dhyan Patel	2nd Place
100 meter relay	16 years Boys	Gautam Doshi	2nd Place
100 meter relay	16 years Boys	Akkshit Jethva	2nd Place
100 meter relay	16 years Boys	Anmol Jani	2nd Place
Shot Put	14 Years Boys	Ansh Vedpathak	3rd Place





# INTER SCHOOL EVENTS

Event : Nisarg Run Marathon Competition 2022

Organiser: Nisarg Swastya Sansthan

Date: 27th November 2022, Sunday

Venue : Visarjan Ghat, Powai lake

Achievements :

Student's Name	Category	Achievement
Mst. Ansh Vedpathak	10 to 14 Years Boys	1st Place
Ms. Lakshmi Sharma	10 to 14 Years Girls	1st Place
Ms. Khushi Sharma	10 to 14 Years Girls	2nd Place
Ms. Pratheeksha Poojary	10 to 14 Years Girls	3rd place





## INTER SCHOOL EVENTS

**Event : Inter School Dodge Ball Competition**

**Organiser: DSO – District level**

**Date: 30th November 2022, Wednesday**

**Venue : Oxford Public School, Kandivali**

**Achievements :**

**1) Girls Team bagged 2<sup>nd</sup> Place.**

**Girls Team: Sreasha Rajawat, Taira Nagwekar , Raashi Shetty, Dhruvi Shetty, Suraksha Gowda, Riddhi Rai, Palavi Charwekar, Anjali Kashid, Nidhi Shetty, Purvi Shetty**

**2) Boys Team Reached to Quarter Final.**

**Boys Team: Dhrish Sharma, Arman Shetty, Ebaad Chougule, Truptesh Shinde, Ganesh Shetty, Sairaj Jadhav, Faraz Khan, Hriday Verma, Samarth Shetty, Om Paul, Tanuj Jain**





# INTER SCHOOL EVENTS

Event : Inter School Foot Ball Competition

Organiser : DSO

Date : 30th November 2022, Wednesday

Venue : Naigaon Police Ground

Achievements : Girls team bagged the 1<sup>st</sup> Place.



# INTER SCHOOL EVENTS

Event : Badminton Competition

Organiser : DSO

Date : 5<sup>th</sup> to 7<sup>th</sup> December 2022

Venue : Goregaon Sports Club, Goregaon

Achievements :

Category	Student's Name	Achievement
14 Years Boys	Alek Singh, Priyanshu Rawat, Anurag Nair, Rishi Poojary	1st Round
14 Years Girls	Anaya Patil, Vedika Sonar, Vinisha Shetty, Krutika Gawade	7th Place
17 Years Boys	Sachin Sharma, Yash Kadam, Atharva Nagalkar, Samridh Chatarmal	4th Place





# INTER SCHOOL EVENTS

Event : Wushu Sub - Junior National Competition

Organiser : All Maharashtra Wushu Association

Date : 5<sup>th</sup> July 2022

Venue : Luhanu Sports Complex, Bilaspur, Himachal Pradesh

Achievements :

Master Hrishith Shetty bagged 3<sup>rd</sup> Place in U 14 Boys Category.



## INTER SCHOOL EVENTS

Event : Volley Ball Competition

Organiser : DSO – Taluka Level

Date : 8<sup>th</sup> December 2022

Venue : Modern High School, Chembur

Achievements : U 17 Boys team won Pre Quarter final match

Participants :

Fawaaz Mistry, Samved Waghmare, Dhrish Sharma, Mohd Yaqub Ansari,  
Mohd Anas Malik, Dhruv Jain, Jigar Anavadia, Qutubuddin Malik





## INTER SCHOOL EVENTS

Event : Chess Competition

Organiser : DSO

Date : 11<sup>th</sup> to 13<sup>th</sup> December 2022, Sunday

Venue : NES High School, Bhandup

Achievements :

Category	Student's Name	Achievement
U 14 Boys	Dhrumil Patel, Vedansh Jain, Jay Karkera,	5th Round
U 17 Boys	Nirmith Hegde, Eshan Tamboli, Aryan Bohra, Vedant Mahindrakar	7th Round
U 17 Girls	Nidhi Upadhyaya, Yukti Mehta, Anusha Yadav, Nikita Shinde, Shravani Mahindrakar - 4th place at District level out of 146 students	7th, 6th, 8th round
U14 Girls	Nishtha Borana, Vidita Juwatkar, Anika Nair, Ashna Sreejesh	4th, 5th, 6th Round



## **INTER SCHOOL EVENTS**

**Event : Cricket Competition**

**Organiser : DSO – District level**

**Date : 15<sup>th</sup> and 19<sup>th</sup> December 2022**

**Venue : Azad Maidan, Fort**

**Achievements :**

**U 17 Boys won three rounds**

**Boys Team:**

**Atharva Nagalkar, Anuj Indulkar, Uzer Khan, Kush Patel, Tejas Jain, Smit Patel, Vedant Bochare, Krishna Chothave, Ramleen Mathur, Sankalp Mane, Tejas Rai, Pruthviraj Kavire, Truptesh Shinde, Deepansh Mishra, Preet Kothari**



## **INTER SCHOOL EVENTS**

**Event : Cricket Competition**

**Organiser : Jolly Gymkhana**

**Date : 2<sup>nd</sup> January 2023, Monday**

**Venue : Ghatkopar**

**Achievements :**

**U 16 Boys Team Qualified 1<sup>st</sup> Round**

**Team Members : K Kush Patel, Tejas Jain, Smit Patel, Vedant Bochare, Krishna Chothave, Ramleen Mathur, Sankalp Mane, Tejas Rai, Pruthviraj Kavire, Truptesh Shinde, Deepansh Mishra, Preet Kothari**



## INTER SCHOOL EVENTS

Event : Yoga Competition

Organiser : Ramkrishna Mission

Date : 19<sup>th</sup> December 2022, Monday

Venue : Ramkrishna Mission Trust, Bhandup

Achievements : Participated

Junior Group Students:

Krutika Gawde, Ansh Vedpathak, Swanika Chothave, Paarth Thakur

Senior Group Students:

Akansha Verma, Amanraj Yadav, Saanvi Suvarna, Dhyan Patel



## INTER SCHOOL EVENTS

Event : Athletics Competition

Organiser : Central Suburban Athletics Association

Date : 21<sup>st</sup> January 2023, Saturday

Venue : Chadivali, Mhada

Achievements : We Won Overall Best Athletics School Award

Category	Student's Name	Achievement
U12 80 m Girls	Ms. Lavya Shetty	2nd Place
U12 100 m Girls	Ms. Lavya Shetty	3rd Place
U12 Girls - Shot Put	Ms. Lavya Shetty	1st Place
U12 Girls 4 × 100m Relay	Ms. Lavya Shetty	1st Place
	Ms. Riddhima Yadav	1st Place
	Ms. Taiba Khan	1st Place
	Ms. Aashi Patel	1st Place
U12 80 m Boys	Mst. Aaradhya Chothave	1st Place
U12 100 m Boys	Mst. Aaradhya Chothave	1st Place
U12 Boys - Shot Put	Mst. Saarthak Khot	1st Place
	Mst. Ishan Gowda	2nd Place
	Mst. Aaradhya Chothave	3rd Place
U12 Boys 4 × 100m Relay	Mst. Saarthak Khot	2nd Place
	Mst. Ayush Shetty	2nd Place
	Mst. Ishan Shinde	2nd Place
	Mst. Aradhya Chothave	2nd Place
U14 80 m Girls	Ms. Pratheeksha Poojary	1st Place
	Ms. Akansha Verma	3rd Place
U14 100 m Girls	Ms. Pratheeksha Poojary	1st Place
	Ms. Akansha Verma	3rd Place
U14 Girls 200 m	Ms. Pratheeksha Poojary	1st Place
	Ms. Akansha Verma	2nd Place
	Ms. Khushi Sharma	3rd Place
U14 Girls 4 × 100m Relay	Ms. Pratheeksha Poojary	1st Place
	Ms. Akansha Verma	1st Place
	Ms. Khushi Sharma	1st Place
	Ms. Sirah Shaikh	1st Place
U14 80 m Boys	Mst. Aariz Nandolia	1st Place
U14 100 m Boys	Mst. Aariz Nandolia	3rd Place
U14 Boys - Shot Put	Mst. Ansh Vedpathak	1st Place
	Ms. Mihit Patel	2nd Place
U14 Boys 200 m	Mst. Ansh Vedpathak	1st Place
	Mst. Palash Doshi	2nd Place
	Mst. Om Mirgule	3rd Place



## INTER SCHOOL EVENTS

Event : Athletics Competition

Organiser : Central Suburban Athletics Association

Date : 21<sup>st</sup> January 2023, Saturday

Venue : Chandivali, Mhada

### Achievements :

Category	Student's Name	Achievement
U14 Boys 4 × 100m Relay	Mst. Aariz Nandolia	2nd Place
	Mst. Palash Doshi	2nd Place
	Mst. Krishiv Nair	2nd Place
	Mst. Amey Parab	2nd Place
U14 Boys 4 × 100m Relay	Mst. Ansh Vedpathak	3rd Place
	Mst. Atharv Dalvi	3rd Place
	Mst. Om Mirgule	3rd Place
	Mst. Anurag Pandey	3rd Place
U16 80 m Girls	Ms. Abhisha Shetty	1st Place
	Ms. Dhruthi Rai	2nd Place
	Ms. Mohangi Ugale	3rd Place
U16 100 m Girls	Ms. Abhisha Shetty	1st Place
	Ms. Dhruthi Rai	2nd Place
	Ms. Mohangi Ugale	3rd Place
U16 Girls - Shot Put	Ms. Nidhi Shetty	1st Place
	Ms. Abhisha Shetty	2nd Place
	Ms. Mohangi Ugale	3rd Place
U16 Girls 200 m	Ms. Abhisha Shetty	1st Place
	Ms. Dhruthi Rai	2nd Place
	Ms. Mohangi Ugale	3rd Place
U16 Girls 4 x 100m Relay	Ms. Abhisha Shetty	1st Place
	Ms. Dhruthi Rai	1st Place
	Ms. Mohangi Ugale	1st Place
	Ms. Sanskriti Pathak	1st Place
U16 80 m Boys	Mst. Akkshit Jethva	3rd Place
U16 100 m Boys	Mst. Akkshit Jethva	3rd Place
U16 Boys - Shot Put	Mst. Gautam Doshi	2nd Place
U16 Boys 200 m	Mst. Akkshit Jethva	2nd Place
U16 Boys 4 × 100m Relay	Mst. Gautam Doshi	1st Place
	Mst. Akkshit Jethva	1st Place
	Mst. Anmol Jani	1st Place
	Mst. Avanpreet Singh	1st Place
U12 Boys	Mst. Aaradhya Chothave	Best Athlete Award
U14 Boys	Mst. Aariz Nondolia	Best Athlete Award
U14 Girls	Ms. Pratheeksha Poojary	Best Athlete Award
U16 Girls	Ms. Abhisha Shetty	Best Athlete Award

# INTER SCHOOL EVENTS

## Athletics Competition Photos





# INTER SCHOOL EVENTS

Event : Marathon Competition

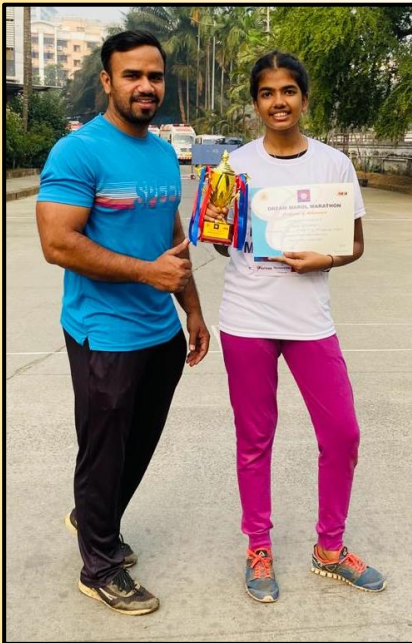
Organiser : Marol Athletics Association

Date : 29<sup>th</sup> January 2023, Saturday

Venue : Marol

Achievements :

Category	Student's Name	Achievement
U14 Boys	Mst. Ansh Vedpathak	1st Place
U14 Girls	Ms. Khushi Sharma	1st Place
U16 Girls	Ms. Lakshmi Sharma	2nd Place



## INTER SCHOOL EVENTS

**Event : Marathon Competition**

**Organiser : LupinLife**

**Date : 12<sup>th</sup> February 2023, Saturday**

**Venue : BKC, Bandra**

**Achievements :**

**Mst. Ansh Vedpathak form class VI D got 1<sup>st</sup> Place in U 13 Boys Category**





## INTER SCHOOL EVENTS

Event : Athletics Competition

Organiser : Mumbai Suburban Athletics Association

Date : 27<sup>th</sup> to 29<sup>th</sup> January 2023

Venue : SAI, Kandivali

Achievements :

Category	Student's Name	Achievement
U 12 80m Boys	Mst. Aaradhya Chothave	2 <sup>nd</sup> Place
U 12 Girls Shot Put	Ms. Lavya Shetty	4 <sup>th</sup> Place



Mst. Aaradhya Chothave has been selected for State Level Athletics Competition for Boys Under 12 in Long Jump event.

## INTER SCHOOL EVENTS

Event : Judo Competition

Organiser : DSO – District Level

Date : 3<sup>rd</sup> December 2022

Venue : I B Patel Municipal School, Goregaon

Achievements :

Participants :

Category	Student's Name	Achievement
U14 Boys	Mst. Krishaang Shetty	2nd Round



## INTER SCHOOL EVENTS

Event : Badminton Competition

Organiser: MSSA

Date: 23<sup>rd</sup> to 27<sup>th</sup> November 2022

Venue : CCI Club, Churchgate

Achievements :

Category	Student's Name	Achievement
12 years Boys	Saarthak Kadam	Reached 3 <sup>rd</sup> Round
12 years Boys	Sufiyan Shaikh	Reached 2 <sup>nd</sup> Round
12 years Boys	Shubhamana Shetty	Reached 4 <sup>th</sup> Round
12 years Boys	Aayush Kadam	Reached 2 <sup>nd</sup> Round
14 years Boys	Aalek Singh	Reached 5 <sup>th</sup> Round
14 years Boys	Priyanshu Ravat	Reached 5 <sup>th</sup> Round
14 years Boys	Anurag Nair	Reached 3 <sup>rd</sup> Round
14 years Boys	Aditya Kuwalekar	Reached 2 <sup>nd</sup> Round

## INTER SCHOOL EVENTS

Event : Taekwondo Competition

Organiser : DSO – Taluka Level

Date : 3<sup>rd</sup> to 5<sup>th</sup> December 2022

Venue : Collector Colony BMC School, Chembur

Achievements :

Participants :

Category	Student's Name	Achievement
U 17 Boys	Amanraj Yadav , Pratham Shetty	2nd Round
U 14 boys	Dhyan , Shlok , Manav, Saomya	3rd Round
U19 Boys	Gautamraj Yadav	Participated





## INTER SCHOOL EVENTS

Event : Athletics Competition – Long Jump

Organiser : Prabodhan Kridabhavan

Date : 6<sup>th</sup> and 7<sup>th</sup> January 2023

Venue : Prabodhan Kridabhavan, Goregaon (W)

Achievements :

Mst. Ansh Vedpathak got Gold Medal in Long Jump



## INTER SCHOOL EVENTS

Event : Kabaddi Competition

Organiser : DSO

Date : 19<sup>th</sup> December 2022, Monday

Venue : Sahyadri High School, Bhandup

Achievements :

U 14 Boys – Lost in 2<sup>nd</sup> Round

Boys Team: Nitinkumar Verma, Shamit Shetty, Vedang Bhosle, Punit Shetty, Bhavya Jain, Om Lohot, Viraj Waghmode, Kavya Borhade, Sujal Gaonkar, Kanishka Paikrao, Aayush Shingote

U 14 Girls – Lost in 3<sup>rd</sup> Round

Girls Team: Shweta Yadav, Ananya Alva, Nidhi Shetty, Nupur Pawar, Anvi Shetty, Aarya Shelar, Shamika Parkar, Priya Upadhyay, Prapti Shetty, Rashi Shetty, Riddhi Kothari, Vinisha Shetty, Geetakshra Owhal, Laasya Shetty

## INTER SCHOOL EVENTS

Event : Karate Competition

Organiser : DSO – District Level

Date : 21<sup>st</sup> and 22<sup>nd</sup> December 2022

Venue : Swami Vivekanand High School, Kurla

Achievements :

Participants :

Category	Student's Name	Achievement
U 14 Girls	Vidita Juwatkar, Tanisha Panigrahi	Participated
U17 Girls	Myesha Hashmi	Third Place
U17 Boys	Pratham Shetty	Third Place
U17 Boys	Daksh Bhanushali	Third Place

## INTER SCHOOL EVENTS

Event : MASA Interschool Athletics Competition (District Level)

Organiser : Marol Athletics Sports Association (MASA)

Date : 14<sup>th</sup> April 2023

Venue : Holy Family Ground, Andheri East

Achievements :

Total Medals won :- 46 (Gold-23, Silver-14, Bronze-09)

**BEST ATHLETICS SCHOOL AWARD** for the 6<sup>th</sup> time (4<sup>th</sup> time in a row)

Best Athlete Award - Ms. Dhruiti Rai (U-16) and Ms. Pratheeksha Poojary (U-14)

Sr No.	Category	Name	Result
1	U12 Boys - 200m	Aaradhya Chothave	2nd Place
2	U12 Boys - Relay	Aaradhya Chothave	2nd Place
3	U12 Boys - 80 m	Aaradhya Chothave	2nd Place
4	U12 Boys - Relay	Ishan Gowda	2nd Place
5	U12 Boys - Relay	Vignesh Shetty	2nd Place
6	U12 Boys - Relay	Anurag Pandey	2nd Place
7	U12 Girls - Relay	Lavya Shetty	1st Place
8	U12 Girls - Relay	Swara Wajage	1st Place
9	U12 Girls - Relay	Krutika Gawade	1st Place
10	U12 Girls - Relay	Aashi Patel	1st Place
11	U12 Girls - 200m	Swara Wajage	2nd Place
12	U12 Girls - 200m	Krutika Gawade	3rd Place
13	U12 Girls - Shot Put	Rashi Kumbhar	3rd Place
14	U14 Boys - Relay	Johan Mathew	1st Place
15	U14 Boys - Relay	Palash Doshi	1st Place
16	U14 Boys - Relay	Aariz Nandolia	1st Place
17	U14 Boys - Relay	Om Mirgule	1st Place
18	U14 Boys-Shot Put	Johan Mathew	1st Place
19	U14 Boys-Shot Put	Mehit Patel	3rd Place
20	U14 Girls-80m	Pratheeksha Poojary	1st Place
21	U14 Girls-200m	Pratheeksha Poojary	1st Place
22	U14 Girls-50m	Pratheeksha Poojary	1st Place
23	U14 Girls-Relay	Pratheeksha Poojary	2nd Place
24	U14 Girls-Relay	Khusi Sharma	2nd Place
25	U14 Girls-Relay	Sirah Shaikh	2nd Place
26	U14 Girls-Relay	Faariya Rain	2nd Place
27	U16 Boys-200m	Akkshit Jethva	3rd Place
28	U16 Boys-80m	Akkshit Jethva	3rd Place



Sr No.	Category	Name	Result
29	U16 Boys-50m	Akkshit Jethva	3rd Place
30	U16 Boys-Relay	Akkshit Jethva	1st Place
31	U16 Boys-Relay	Anmol Jani	1st Place
32	U16 Boys-Relay	Dhyan Patel	1st Place
33	U16 Boys-Relay	Krishiv Nair	1st Place
34	U16 Girls-200m	Lakshmi Sharma	1st Place
35	U16 Girls-80m	Lakshmi Sharma	3rd Place
36	U16 Girls-50m	Lakshmi Sharma	2nd Place
37	U16 Girls-200m	Mohangi Ugale	3rd Place
38	U16 Girls-80m	Mohangi Ugale	1st Place
39	U16 Girls-50m	Mohangi Ugale	3rd Place
40	U16 Girls-200m	Dhruti Rai	2nd Place
41	U16 Girls-80m	Dhruti Rai	2nd Place
42	U16 Girls-50m	Dhruti Rai	1st Place
43	U16 Girls-Relay	Sanskriti Pathak	1st Place
44	U16 Girls-Relay	Lakshmi Sharma	1st Place
45	U16 Girls-Relay	Mohangi Ugale	1st Place
46	U16 Girls-Relay	Dhruti Rai	1st Place
47	U16 Girls	Dhruti Rai	BEST ATHLET AWARD
48	U14 Girls	Pratheeksha Poojary	BEST ATHLET AWARD











# **INTER HOUSE EVENTS**



# INTER HOUSE EVENTS

Game : Chess

Month : July 2022

Winners List:

Junior Boys Category			
Place	House	Student's Name	Class
First	Red	Mst. Vedant Salunkhe	6C
		Mst. Jitesh Jha	7C
		Mst. Anish Ghalke	7A
Second	Blue	Mst. Sufiyan Shaikh	6C
		Mst. Zunain Khan	7E
		Mst. Lakshya Pangariya	7D
Third	Green	Mst. Faaz Shaikh	6D
		Mst. Ninad Pingulkar	7D
		Mst. Bhaven Shetty	7A

Junior Girls Category			
Place	House	Student's Name	Class
First	Yellow	Ms. Ashna Sreejesh	6A
		Ms. Anvi Shetty	7E
		Ms. Siddhi Yelkar	7A
Second	Green	Ms. Prisha Khetle	6A
		Ms. Moksha Kankariya	7A
		Ms. Reena Mourya	7B
Third	Red	Ms. Simran Sharma	7B
		Ms. Anvi Shetty	7E
		Ms. Vidita Juwatkar	6E



# INTER HOUSE EVENTS

Game : Chess

Month : July 2022

Winners List:

Senior Boys Category			
Place	House	Student's Name	Class
First	Blue	Mst. Jay Karkera	8F
		Mst. Om Lohot	8D
		Mst. Vedant Mahindrakar	9D
Second	Red	Mst. Rishi Poojary	8B
		Mst. Amanat Ansari	9A
		Mst. Aryan Bohra	9A
Third	Yellow	Mst. Aarav Gupta	8B
		Mst. Parv Jain	8B
		Mst. Vedant Yadav	9B

Senior Girls Category			
Place	House	Student's Name	Class
First	Red	Ms. Ananya Alva	8C
		Ms. Nishtha Borana	8C
		Ms. Yukti Mehta	9C
Second	Green	Ms. Saumya Doddmani	8A
		Ms. Sakina Shaikh	8B
		Ms. Nikita Malankar	9D
Third	Yellow	Ms. Nidhi Upadhyaya	9D
		Ms. Fatima Mandviwala	9B
		Ms. Dhriti Chheda	8C





# INTER HOUSE EVENTS

Game : Carrom

Month : July 2022

Winners List:

## Junior Boys Category - Singles

Place	House	Student's Name	Class
First	Green	Mst. Vedant Gajare	7C
Second	Red	Mst. Vedant Salunkhe	6C
Third	Yellow	Mst. Junaid Shaikh	7F

## Junior Girls Category - Singles

Place	House	Student's Name	Class
First	Green	Ms. Antara Dalvi	7D
Second	Red	Ms. Ikshita Mahale	7C
Third	Yellow	Ms. Lavya Shetty	6B

## Senior Boys Category - Singles

Place	House	Student's Name	Class
First	Green	Mst. Ali Sayed	9B
Second	Yellow	Mst. Vedant Yadav	9B
Third	Red	Mst. Samved Waghmare	9C

## Senior Girls Category - Singles

Place	House	Student's Name	Class
First	Green	Ms. Laasya Shetty	8A
Second	Yellow	Ms. Shreya Palan	9E
Third	Blue	Ms. Aarya Shelar	8A



# INTER HOUSE EVENTS

Game : Carrom

Month : July 2022

Winners List:

## Junior Boys Category - Doubles

Place	House	Student's Name	Class
First	Blue	Mst. Manthan Shetty	6C
	Blue	Mst. Kunal Choudhari	6D
Second	Yellow	Mst. Manthan Rajpurohit	6A
	Yellow	Mst. Viraj Shinde	6D
Third	Red	Mst. Punit Shetty	7D
	Red	Mst. Ujjwal Thakur	7E



## Junior Girls Category - Doubles

Place	House	Student's Name	Class
First	Green	Ms. Tejasvi Shetty	6A
	Green	Ms. Rashi Kumbhar	6B
Second	Yellow	Ms. Rajvi Khandalkar	6C
	Yellow	Ms. Vritti Sonawane	6A
Third	Red	Ms. Shourya Waingankar	6A
	Red	Ms. Juuhi Chaudhary	7E



## Senior Boys Category - Doubles

Place	House	Student's Name	Class
First	Blue	Mst. Aashish Rakshe	9C
	Blue	Mst. Akshat Verma	9A
Second	Yellow	Mst. Nihal Singh	9C
	Yellow	Mst. Saish Shetty	8E
Third	Green	Mst. Suarab Shetty	8B
	Green	Mst. Pratham Shukla	8E



## Senior Girls Category - Doubles

Place	House	Student's Name	Class
First	Green	Ms. Rashi Mourya	8F
	Green	Ms. Saanvi Suvarna	9B
Second	Red	Ms. Shehla Shaikh	8B
	Red	Ms. Disha Sawant	9D
Third	Blue	Ms. Shruti Dandge	8E
	Blue	Ms. Swara Mestry	9A





# INTER HOUSE EVENTS

Game : Long Jump

Month : August 2022

Winners List:

Junior Boys Category			
Place	House	Student's Name	Class
First	Red	Mst. Aariz Nandolia	7A
Second	Red	Mst. Faiz Khan	7D
Third	Blue	Mst. Tanush Shetty	7B
Fourth	Red	Mst. Punyah Verma	7D
Junior Girls Category			
First	Red	Ms. Pratheeksha Poojary	7E
Second	Blue	Ms. Khushi Sharma	7D
Third	Blue	Ms. Mahi Patel	7B
Fourth	Red	Ms. Pavneet Kaur Dhindsa	6A
Senior Boys Category			
First	Red	Mst. Dhyan Patel	9C
Second	Red	Mst. Gautam Doshi	9A
Third	Blue	Mst. Anmol Verma	9E
Fourth	Green	Mst. Athrya Shetty	9E
Senior Girls Category			
First	Green	Ms. Sanskriti Pathak	9C
Second	Yellow	Ms. Mohangi Ugale	9C
Third	Red	Ms. Akansha Verma	8C
Fourth	Red	Ms. Siya Gopinathan	9D





# INTER HOUSE EVENTS

Game : Badminton

Month : September 2022

## Winners List:

Junior Boys Category - Singles			
Place	House	Student's Name	Class
First	Blue	Mst. Shubanan Shetty	6E
Second	Red	Mst. Gaurav Sighvi	6E
Third	Yellow	Mst. Ansh Dhone	7A

Junior Girls Category - Singles			
Place	House	Student's Name	Class
First	Blue	Ms. Krutika Gawde	6C
Second	Red	Ms. Shourya Waingankar	6A
Third	Yellow	Ms. Shradha Singh	6B

Senior Boys Category - Singles			
Place	House	Student's Name	Class
First	Yellow	Mst. Arjun Shah	9E
Second	Green	Mst. Aditya Kuvalekar	8A
Third	Blue	Mst. Rishi Thapa	8B

Senior Girls Category - Singles			
Place	House	Student's Name	Class
First	Green	Ms. Shreya Prajapati	9E
Second	Red	Ms. Sufia Lakhwa	9B
Third	Yellow	Ms. Mrunal Devmane	8D





# INTER HOUSE EVENTS

Game : Badminton

Month : September 2022

## Winners List:

Junior Boys Category - Doubles			
Place	House	Student's Name	Class
First	Green	Mst. Mehit Patel	7B
	Green	Mst. Gauran Akahde	7B
Second	Yellow	Mst. Hrishit Shetty	6A
	Yellow	Mst. Shashvat Doshi	6C
Third	Red	Mst. Sarthak Kadam	7C
	Red	Mst. Ayush Kadam	7E

Senior Boys Category - Doubles			
Place	House	Student's Name	Class
First	Yellow	Mst. Saish Shetty	8E
	Yellow	Mst. Anurag Nair	8F
Second	Blue	Mst. Taksh Pokale	9B
	Blue	Mst. Vedant Mahindrakar	9D
Third	Red	Mst. Priyanshu Rawat	8B
	Red	Mst. Saurabh Eyyani	9D

Junior Girls Category - Doubles			
Place	House	Student's Name	Class
First	Blue	Ms. Swara Bhandari	7F
	Blue	Ms. Vedika Sonar	7C
Second	Yellow	Ms. Priyanka Patel	7A
	Yellow	Ms. Harleen Kaur Nagi	7C
Third	Green	Ms. Rashi Kumbhar	6B
	Green	Ms. Priya Upadhyay	7E

Senior Girls Category - Doubles			
Place	House	Student's Name	Class
First	Green	Ms. Anaya Patil	8C
	Green	Ms. Nikita Malankar	9D
Second	Yellow	Ms. Dhriti Chheda	8C
	Yellow	Ms. Kashish Upadhyay	9D
Third	Blue	Ms. Vinisha Shetty	8A
	Blue	Ms. Trisha Shetty	9E



# INTER HOUSE EVENTS

Game : Badminton

Month : September 2022

## Winners List:

Junior Group – Mixed Doubles			
Place	House	Student's Name	Class
First	Yellow	Mst. Ishaan Mehta	7C
	Yellow	Ms. Vritti Sonawane	6A
Second	Blue	Mst. Maulik Kothari	7C
	Blue	Ms. Aditi Chalke	6E
Third	Green	Mst. Vihaan Shetty	6B
	Green	Ms. Almira Mhatarnaik	7F

Senior Group – Mixed Doubles			
Place	House	Student's Name	Class
First	Yellow	Mst. Darshan Salian	9B
	Yellow	Ms. Charvi Patil	9B
Second	Green	Mst. Viraj Waghmode	8A
	Green	Ms. Jiya Sonar	8B
Third	Red	Mst. Aalek Singh	8F
	Red	Ms. Riddhi Kothari Jain	8D





# INTER HOUSE EVENTS

Game : Dodge Ball

Month : September 2022

Winners List:

Junior Boys Category			
Place	House	Student's Name	Class
First	Red	Mst. Aaradhya Chothave	6A
		Mst. Moiz Khan	6C
		Mst. Kawshik Gowda	6E
		Mst. Sarthak Amrutkar	7A
		Mst. Shri Ganesh Gupta	7D
		Mst. Atharva Dalvi	7E

Junior Girls Category			
Place	House	Student's Name	Class
First	Yellow	Ms. Devanshi Attarde	6B
		Ms. Durvi Shelar	6D
		Ms. Anvisha Shetty	6E
		Ms. Navika Salian	7A
		Ms. Priyanka Patel	7A
		Ms. Aadnya Sanas	7E



# INTER HOUSE EVENTS

Game : Volley Ball

Month : September 2022

## Winners List:

Senior Boys Category			
Place	House	Student's Name	Class
First	Green	Mst. Saurab Shetty	8B
		Mst. Shrikar Gundu	8B
		Mst. Ayush Kharmale	8F
		Mst. Athrya Shetty	9F
		Mst. Aumkar Sharma	9C
		Mst. Smit Patel	9C

Senior Girls Category			
Place	House	Student's Name	Class
First	Green	Ms. Jiya Sonar	8B
		Ms. Ikra Fatima Khan	8E
		Ms. Tanishkaa Shetty	8E
		Ms. Manvi Pathak	9C
		Ms. Sanskriti Pathak	9C
		Ms. Amulya Gowda	9C





# INTER HOUSE EVENTS

Game : Foot Ball

Month : November 2022

## Winners List:

Junior Boys Category			
Place	House	Student's Name	Class
First	Red	Mst. Anvit Jatav	6B
		Mst. Arnav Goyal	6A
		Mst. Vidwan Shetty	6C
		Mst. Aarush Mahindrakar	6C
		Mst. Faiz Khan	7D
		Mst. Aarav Sunil	7C
		Mst. Aariz Nandolia	7A
		Mst. Abaan Khan	7B
Junior Girls Category			
Place	House	Student's Name	Class
First	Green	Ms. Nemat Rizvi	7B
		Ms. Avantika Roy	7C
		Ms. Aarya Swamy	7C
		Ms. Noor Fatima Khan	7A
		Ms. Hrithika Shetty	7C
		Ms. Tejasvi Shetty	6A
		Ms. Trisha Shetty	6D
		Ms. Prisha Khetle	6A

Senior Boys Category			
Place	House	Student's Name	Class
First	Yellow	Mst. Arnav Bapna	8B
		Mst. Satish Choudhary	8A
		Mst. Nitin Verma	8A
		Mst. Anurag Nair	8F
		Mst. Bhunik Sapru	9A
		Mst. Shantanu Katke	9A
		Mst. Samarth Salla	9B
		Mst. Raj Motiwale	9C
		Mst. Ruwan Surve	9C
Senior Girls Category			
Place	House	Student's Name	Class
First	Yellow	Ms. Dhriti Chheda	8C
		Ms. Aarchi Khandor	8C
		Ms. Kashish Upadhyay	9D
		Ms. Aditi Panchal	9D
		Ms. Kyra Kapasi	9D
		Ms. Aahana Maurya	9E
		Ms. Mahika Tiwari	9E
		Ms. Charvi Patil	9B
		Ms. Samruddhi Salvi	9D



# INTER HOUSE EVENTS

Game : Basket Ball

Month : November 2022

Winners List:

Junior Boys Category			
Place	House	Student's Name	Class
First	Green	Mst. Vighnesh Shetty	6E
		Mst. Aagam Mehta	6D
		Mst. Pratyush Sawant	6C
		Mst. Saad Khan	7C
		Mst. Vedant Gajare	7C
		Mst. Alaman Khan	7B

Junior Girls Category			
Place	House	Student's Name	Class
First	Green	Ms. Lavnya Gaikwad	6C
		Ms. Samriddhi Hegde	6D
		Ms. Chhavi Sharma	7C
		Ms. Swanika Chothave	7C
		Ms. Rithika Kumar	7F
		Ms. Karishma Maurya	6A

Senior Boys Category			
Place	House	Student's Name	Class
First	Blue	Mst. Rishi Thapa	8B
		Mst. Hriday Bandel	8A
		Mst. Jay Karkera	8F
		Mst. Anmol Verma	9E
		Mst. Taksh Pokale	9B
		Mst. Yugank Korgaonkar	9B

Senior Girls Category			
Place	House	Student's Name	Class
First	Yellow	Ms. Nidhi Upadhyaya	9D
		Ms. Gwen D'Souza	9B
		Ms. Mohangi Ugale	9C
		Ms. Dhriti Chheda	8C
		Ms. Taiba Khan	8E
		Ms. Aarchi Khandor	8C





# INTER HOUSE EVENTS

Game : Kabaddi

Month : December 2022

Winners List:

Girls Category			
Place	House	Student's Name	Class
First	Green	Ms. Taira Nagwekar	9D
		Ms. Rishita Shetty	9A
		Ms. Nupur Pawar	8D
		Ms. Laasya Shetty	8A
		Ms. Noor Fatima Khan	7A
		Ms. Naisha Shetty	7B
		Ms. Priya Upadhyay	7E
		Ms. Rashi Kumbhar	6B

Junior Boys Category			
Place	House	Student's Name	Class
First	Red	Mst. Punit Shetty	7D
		Mst. Gouraang Singh	7B
		Mst. Jitesh Jha	7C
		Mst. Krishaang Shetty	6E
		Mst. Sai Shetty	6B
		Mst. Suryansh Mandavkar	6A
		Mst. Shri Ganesh Gupta	7D
Senior Boys Category			
Place	House	Student's Name	Class
First	Red	Mst. Ronak Ganeriwala	8F
		Mst. Kanishka Paikrao	8C
		Mst. Bhavya Jain	8B
		Mst. Sujal Gaonkar	8A
		Mst. Shivam Jadhav	9B
		Mst. Kavya Borhade	8A
		Mst. Adrin Panackal	8B
		Mst. Aayush Shingote	8E



# INTER HOUSE EVENTS

Game : Cricket

Month : December 2022

Winners List:

Junior Boys Category		
Place	Student's Name	Class
First	Mst. Ansh Vedpathak	6D
	Mst. Advait Gaokar	6C
	Mst. Dhairya Pal	6A
	Mst. Ritul Verma	8B
	Mst. Parth Bhayani	6C
	Mst. Dhrumil Patel	6E
	Mst. Krishiv Nair	7A
	Mst. Arnav Ingale	7B
	Mst. Aaryash Temkar	7E
Junior Girls Category		
Place	Student's Name	Class
First	Ms. Hiti Dalal	6C
	Ms. Vidita Juwatkar	6E
	Ms. Anvi Shetty	7E
	Ms. Prapthi Shetty	7D
	Ms. Nishtha Borana	8C
	Ms. Riddhi Kothari Jain	8D
	Ms. Disha Devadiga	9C
	Ms. Yukti Mehta	9C

Junior Boys Category		
	Student's Name	Class
Best Batsman	Mst. Atharva Dalvi	7E
Best Bowler	Mst. Ansh Vedpathak	6D
Junior Girls Category		
	Student's Name	Class
Best Batsman	Ms. Mahi Patal	7A
Best Bowler	Ms. Krutika Gawde	6C
Senior Girls Category		
	Student's Name	Class
Best Batsman	Mst. Rutvik Shetty	9A
Best Bowler	Mst. Smit Patel	9C

Senior Boys Category		
Place	Student's Name	Class
First	Mst. Aumkar Sharma	9C
	Mst. Smit Patel	9C
	Mst. Dipansh Mishra	9C
	Mst. Aayush Sanil	8F
	Mst. Parth Shetty	9D
	Mst. Yashraj Gaddad	8B
	Mst. Roushan Ram	8E
	Mst. David Suthar	9E
	Mst. Veer Yadav	9A





# Sports Events House Points:

- 1) Red House – 913
- 2) Green House – 877
- 3) Yellow House – 865
- 4) Blue House – 817

**BEST SPORTS HOUSE - RED HOUSE**



# **SPORTS WEEK EVENTS**



## **SPORTS WEEK 2023**

**Sport Week was conducted standard wise from 6<sup>th</sup> to 11<sup>th</sup> January 2023. It was an interschool sports competition between state board and international school.**

**6<sup>th</sup> January, Friday – Std 6**

**9<sup>th</sup> January, Monday – Std 7**

**10<sup>th</sup> January, Tuesday – Std 8**

**11<sup>th</sup> January, Wednesday – Std 9**

**All the students from each standard participated in one game from the three groups of individual and team games.**

**Group 1: Chess, Carrom, Table Tennis**

**Group 2: Carry Your Partner, Hand Cart, Three-Legged Race**

**Group 3: Card Board Race, Sack Race, Hurdle Race**

**Preliminary rounds were conducted by both state board and international PE teachers to select top 4 students (or pairs). In the final rounds, top three winners (or pairs) from girls' and boys' category were selected.**

**Under the guidance of Heads, Sports teachers, Sports Events Managers, Student Council Members and Class Teachers of respective standards contributed to make a grand success.**



# SPORTS WEEK EVENTS

Game : Chess

Month : January 2023

Winners List:

Chess - Boys Category		
Place	Student's Name	Class
First	Mst. Sufiyan Shaikh	6C
Second	Mst. Vihaan Shetty	6B
Third	Mst. Anshul Bathula	6D
Fourth	Mst. Akshat Gupta	6C
First	Mst. Ishan Roy	7D
Second	Mst. Narit Vora	7A
Third	Mst. Aryan Sawant	7C
Fourth	Mst. Diyaan Shah	7D

Place	Student's Name	Class
First	Mst. Vedansh Jain	8D
Second	Mst. Rishi Poojary	8B
Third	Mst. Vedant Chandurkar	8A
Fourth	Mst. Rushil Kumar	8C
First	Mst. Parth Chhugani	9E
Second	Mst. Shrish Shetty	9D
Third	Mst. Sanskar Nagral	9D
Fourth	Mst. Vedant Yadav	9B





# SPORTS WEEK EVENTS

Game : Chess

Month : January 2023

Winners List:

Chess - Girls Category		
Place	Student's Name	Class
First	Ms. Tiya Survase	6B
Second	Ms. Vidita Juwatkar	6E
Third	Ms. Ashna Shreejesh	6A
Fourth	Ms. Riddhika Kargeti	6B
First	Ms. Naisha Shetty	7B
Second	Ms. Simran Sharma	7B
Third	Ms. Falak Hoda	7E
Fourth	Ms. Siddi Yelkar	7A

Place	Student's Name	Class
First	Mst. Nishtha Borana	8C
Second	Mst. Dhvani Shroff	8A
Third	Ms. Ilisha Kamat	8B
Fourth	Ms. Anushka Unni	8A
First	Ms. Nidhi Upadhyaya	9D
Second	Ms. Anusha Yadav	9C
Third	Ms. Divya Daga	9A
Fourth	Ms. Palak Gupta	9B



# SPORTS WEEK EVENTS

Game : Carrom

Month : January 2023

## Winners List:

Carrom - Boys Category		
Place	Student's Name	Class
First	Mst. Viraj Shinde	6D
Second	Mst. Arjun Chothave	6D
Third	Mst. Rishabh Ganatra	6B
Fourth	Mst. Ayush Shetty	6C
First	Mst. Abbas Shaikh	7B
Second	Mst. Ansh Dhone	7A
Third	Mst. Punit Shetty	7D
Fourth		

Place	Student's Name	Class
First	Mst. Dhruv Jethwa	8B
Second	Mst. Dipesh Jain	8F
Third	Ms. Amaan Khalifa	8F
Fourth	Ms. Prathamesh Kamble	8B
First	Mst. Ansh Choudhary	9A
Second	Mst. Aashish Rakshe	9C
Third	Mst. Akshat Verma	9A
Fourth		





# SPORTS WEEK EVENTS

Game : Carrom

Month : January 2023

## Winners List:

Carrom - Girls Category		
Place	Student's Name	Class
First	Ms. Shrija Pawar	6C
Second	Ms. Reenie Jain	6B
Third	Ms. Sakshi Mane	6B
Fourth	Ms. Lavya Shetty	6B
First	Ms. Drishti Jain	7E
Second	Ms. Antara Dalvi	7D
Third	Ms. Easha Devadiga	7B
Fourth	Ms. Noor Fatima Khan	7A

Place	Student's Name	Class
First	Ms. Dipti Shetty	8D
Second	Ms. Laasya Shetty	8A
Third	Ms. Rashi Shetty	8F
Fourth	Ms. Taiba Khan	8E
First	Ms. Saanvi Suvarna	9B
Second	Ms. Swara Mestry	9A
Third	Ms. Sufiya Lakhwa	9B
Fourth		



# SPORTS WEEK EVENTS

Game : Table Tennis

Month : January 2023

Winners List:

Table Tennis - Boys Category		
Place	Student's Name	Class
First	Mst. Aarin Shah	6D
Second	Mst. Vihan Shah	6A
Third	Mst. Moksh Shah	6B
Fourth	Mst. Saraansh Jain	6C
First	Mst. Prithvi Aiya	7C
Second	Mst. Faiz Khan	7D
Third	Mst. Aryan Panchal	7A
Fourth	Mst. Shantanu Parab	7E

Place	Student's Name	Class
First	Mst. Shaun Sebastian	8A
Second	Mst. Hashil Furia	8C
Third	Mst. Shahzaman Khan	8B
Fourth	Mst. Luv Kanthi	8A
First	Mst. Tejas Rai	9B
Second	Mst. Jaiman Jain	9B
Third	Mst. Param Pokar	9B
Fourth	Mst. Sumit Kanade	9C





# SPORTS WEEK EVENTS

Game : Table Tennis

Month : January 2023

Winners List:

Table Tennis - Girls Category		
Place	Student's Name	Class
First	Ms. Sharayu Mane	6C
Second	Ms. Janelle Gandhi	6C
Third	Ms. Taiba Khan	6B
Fourth	Ms. Arya Raut	6B
First	Ms. Priyanka	7A
Second	Ms. Manjiri	7C
Third	Ms. Taniya Lakhwa	7E
Fourth	Ms. Ruhin	7D

Place	Student's Name	Class
First	Ms. Dhriti Chheda	8C
Second	Ms. Trisha Shetty	8
Third	Ms. Anrish Ghadi	8
Fourth	Ms. Ikra Khan	8E
First	Ms. Jiya Patel	9D
Second	Ms. Diara	
Third	Ms. Stuti Pandey	9C
Fourth	Ms. Nivedita	



# SPORTS WEEK EVENTS

Game : Hurdles Race

Month : January 2023

Winners List:

Hurdles Race - Boys Category		
Place	Student's Name	Class
First	Mst. Aaradhya Chothave	6A
Second	Mst. Aryan Thorat	6C
Third	Mst. Arham Khan	6D
Fourth	Mst. Yash Khanna	6B
First	Mst. Om Mirgule	7E
Second	Mst. Tanush Shetty	7B
Third	Mst. Krishiv Nair	7A
Fourth	Mst. Aariz Nandolia	7A

Place	Student's Name	Class
First	Mst. Anmol Jani	8C
Second	Mst. Roushan Ram	8E
Third	Mst. Yuvansh Anchan	8A
Fourth	Mst. Johan Mathew	8D
First	Mst. Aumkar Sharma	9C
Second	Mst. Devansh Patil	9D
Third	Mst. Rushabh Pawar	9E
Fourth		





# SPORTS WEEK EVENTS

Game : Hurdles Race

Month : January 2023

## Winners List:

Hurdles Race - Girls Category		
Place	Student's Name	Class
First	Ms. Pavneet Kaur Dhindsa	6A
Second	Ms. Lavya Shetty	6B
Third	Ms. Krutika Gawde	6C
Fourth		
First	Ms. Pratheeksha Poojary	7E
Second	Ms. Khushi Sharma	7D
Third	Ms. Ayati Kaul	7A
Fourth	Ms. Reena Maurya	7B

Place	Student's Name	Class
First	Ms. Ayesha Malik	8A
Second	Ms. Rashi Shetty	8F
Third	Ms. Trisha Shetty	8B
Fourth	Ms. Anvisha Ghadi	8B
First	Ms. Krishnali Savi	9C
Second	Ms. Dhruthi Rai	9E
Third	Ms. Mohangi Ugale	9C
Fourth		



# SPORTS WEEK EVENTS

Game : Card Board Race

Month : January 2023

Winners List:

Card Board Race - Boys Category		
Place	Student's Name	Class
First	Mst. Rohan Gupta	6B
Second	Mst. Aryan Patil	6A
Third	Mst. Saarthak Khot	6C
Fourth	Mst. Aditya Agarwal	6C
First	Mst. Mahavir Mishra	7F
Second	Mst. Mayank Rane	7A
Third	Mst. Aryan Sawant	7C
Fourth	Mst. Swamish Chinchankar	7F

Place	Student's Name	Class
First	Mst. Nitin Verma	8A
Second	Mst. Saish Shetty	8E
Third	Mst. Dhir Dhakad	8B
Fourth		
First	Mst. Rishi Kumar	9D
Second	Mst. Rajesh Mandal	9C
Third	Mst. Vedant Mahindrakar	9D
Fourth		





# SPORTS WEEK EVENTS

Game : Card Board Race

Month : January 2023

## Winners List:

Card Board Race - Girls Category		
Place	Student's Name	Class
First	Ms. Trisha Chauhan	6C
Second	Ms. Ashna Sreejesh	6D
Third	Ms. Kristina Salmon	6B
Fourth	Ms. Sumbul Choudhary	6B
First	Ms. Shreya Sukale	7B
Second	Ms. Moksha Kankriya	7A
Third	Ms. Nishita Chouhan	7B
Fourth	Ms. Aashi Mhatre	7C

Place	Student's Name	Class
First	Ms. Reeda Raine	8E
Second	Ms. Laasya Shetty	8A
Third	Ms. Nupur Pawar	8D
Fourth	Ms. Praniti Deshmane	8C
First	Ms. Saanvi Suvarna	9B
Second	Ms. Aditi Panchal	9D
Third	Ms. Mahika Tiwari	9E
Fourth		



# SPORTS WEEK EVENTS

Game : Sack Race

Month : January 2023

Winners List:

Sack Race - Boys Category		
Place	Student's Name	Class
First	Mst. Umar Malik	6E
Second	Mst. Abhiram Shetty	6D
Third	Mst. Armaan Shaikh	6A
Fourth	Mst. Atrharva Voradkar	6B
First	Mst. Punit Shetty	7D
Second	Mst. Atharva Indulakar	7E
Third	Mst. Shri Ganesh Gupta	7D
Fourth	Mst. Ishaan Roy	7D

Place	Student's Name	Class
First	Mst. Kavya Borhade	8A
Second	Mst. Adwaya Sawant	8B
Third	Mst. Darshil Shejwal	8D
Fourth	Mst. Aahan Mansurekar	8B
First	Mst. Dhyan Patel	9C
Second	Mst. Daksh Jain	9A
Third	Mst. Pratham Shetty	9A
Fourth	Mst. Noman Khan	9A





# SPORTS WEEK EVENTS

Game : Sack Race

Month : January 2023

## Winners List:

Sack Race - Girls Category		
Place	Student's Name	Class
First	Ms. Shrija Pawar	6C
Second	Ms. Siddhi Bhanushali	6E
Third	Ms. Geetika Alwa	6E
Fourth	Ms. Sarana Nadar	6D
First	Ms. Ayati Kaul	7A
Second	Ms. Deetya Semitha	7C
Third	Ms. Anya Ahmed	7A
Fourth	Ms. Bhagyashree Mistry	7D

Place	Student's Name	Class
First	Ms. Dhwani Shroff	8A
Second	Ms. Aarya Shelar	8A
Third	Ms. Hardiki Patil	8D
Fourth	Ms. Durva Sawant	8F
First	Ms. Sanskriti Pathak	9C
Second	Ms. Aastha Ojha	9B
Third	Ms. Sanika Shetty	9C
Fourth		



# SPORTS WEEK EVENTS

Game : Carry Your Partner

Month : January 2023

## Winners List:

Carry Your Partner - Boys Category		
Place	Student's Name	Class
First	Mst. Saad Khan	6D
	Mst. Shreyank Shetty	6D
Second	Mst. Swanit Shinde	6A
	Mst. Aryan Patil	6A
Third	Mst. Kawshik Gowda	6E
	Mst. Dhrumil Patel	6E
Fourth	Mst. Keshav Patil	6C
	Mst. Nouman Khan	6C
First	Mst. Aarav Prabhu	7C
	Mst. Aarav Kurtadkar	7D
Second	Mst. Vaibhav Guruswamy	7D
	Mst. Siddhid Shimpi	7D
Third	Mst. Maulik Kothari	7C
	Mst. Saumya Das	7C
Fourth	Mst. Darsh Mehta	7B
	Mst. Dhrit Saraiya	7B

Place	Student's Name	Class
First	Mst. Rahul Choudhary	8B
	Mst. Harshil Furia	8C
Second	Mst. Soumil Kamble	8B
	Mst. Rushil Sujaikar	8C
Third	Mst. Zeeshan Khan	8C
	Mst. Smith Joseph	8B
Fourth	Mst. Mohd. Hasan Khan	8A
	Mst. Amaan Siddiqui	8A
First	Mst. Aumkar Sharma	9C
	Mst. Rutvik Shetty	9A
Second	Mst. Gautam Doshi	9A
	Mst. Kayaan Dalal	9E
Third	Mst. Samarth Salla	9B
	Mst. Dipansh Mishra	9C
Fourth		





# SPORTS WEEK EVENTS

Game : Carry Your Partner

Month : January 2023

## Winners List:

Carry Your Partner - Girls Category		
Place	Student's Name	Class
First	Ms. Suhani Patel	6C
	Ms. Naysha Das	6D
Second	Ms. Sakshi Kamble	6C
	Ms. Ruchi Naikade	6C
Third	Ms. Lavnya Gaikwad	6C
	Ms. Hiti Dalal	6C
Fourth	Ms. Ramita Sheth	6C
	Ms. Rajvi Khandalkar	6C
First	Ms. Hiteesha Chavan	7C
	Ms. Varalika Shirur	7C
Second	Ms. Khushi Sharma	7D
	Ms. Swara Wagage	7B
Third	Ms. Nishita Chouhan	7B
	Ms. Janhavi Bagayatkar	7B
Fourth		

Place	Student's Name	Class
First	Ms. Anvisha Ghadi	8C
	Ms. Misha Surana	8B
Second	Ms. Mahika Vijay	8A
	Ms. Praniti Deshmane	8C
Third	Ms. Shivangi Verma	8E
	Ms. Reeda Raine	8E
Fourth	Ms. Gargee Markar	8A
	Ms. Saher Shaikh	8B
First	Ms. Afraa Lakhwa	9E
	Ms. Dhruthi Rai	9E
Second	Ms. Krishnali Savi	9C
	Ms. Gayatri Samudra	9A
Third	Ms. Siya Gopinathan	9D
	Ms. Samruddhi Salvi	9D
Fourth		



# SPORTS WEEK EVENTS

Game : Three Legged Race

Month : January 2023

## Winners List:

Three Legged Race - Boys Category		
Place	Student's Name	Class
First	Mst. Aagam Mehta	6A
	Mst. Vihaan Shah	6A
Second	Mst. Prince Kankekar	6A
	Mst. Kahaan Shah	6B
Third	Mst. Vanij Mehta	6A
	Mst. Atharva Varadkar	6B
Fourth	Mst. Shashvat Doshi	6C
	Mst. Aagam Mehta	6D
First	Mst. Atharv Revvani	7C
	Mst. Soham Rokade	7B
Second	Mst. Punit Shetty	7D
	Mst. Shri Ganesh Gupta	7D
Third	Mst. Musa Khan	7E
	Mst. Rasim Shaikh	7E
Fourth	Mst. Yagnesh Dangar	7B
	Mst. Tanuj Gaikwad	7B

Place	Student's Name	Class
First	Mst. Vedant Pol	8A
	Mst. Rushil Sojaikumar	8C
Second	Mst. Aman Khalifa	8F
	Mst. Yashraj Gaddad	8B
Third	Mst. Aalek Singh	8F
	Mst. Anurag Nair	8F
Fourth	Mst. Yuvansh Anchan	8A
	Mst. Soumil Kambli	8B
First	Mst. Aryadatt Hatkar	9B
	Mst. Rushabh Pawar	9E
Second	Mst. Tejas Rai	9B
	Mst. Hasan Kazi	9A
Third	Mst. Sanjit Ramesh	9D
	Mst. Shrish Shetty	9D
Fourth		





# SPORTS WEEK EVENTS

Game : Three Legged Race

Month : January 2023

## Winners List:

Three Legged Race – Girls Category		
Place	Student's Name	Class
First	Ms. Naisha Gandhi	6A
	Ms. Samira Singh	6C
Second	Ms. Sharayu Mane	6C
	Ms. Shravani Chindarkar	6C
Third	Ms. Soumya Upadhayay	6A
	Ms. Anishka Karthik	6B
Fourth	Ms. Ira Duthade	6E
	Ms. Vidita Juwatkar	6E
First	Ms. Eesha Devadiga	7B
	Ms. Shreya Sukale	7B
Second	Ms. Deetya Semitha	7C
	Ms. Aashi Mhatre	7C
Third	Ms. Khushi Krishna	7B
	Ms. Laya Lyjulal	7B
Fourth	Ms. Priyanka Patel	7A
	Ms. Moksha Kankariya	7A

Place	Student's Name	Class
First	Mst. Saisha Kotian	8C
	Mst. Trisha Shetty	8B
Second	Mst. Janisha Patel	8B
	Mst. Alina Shaikh	8C
Third	Mst. Samiksha Phutane	8F
	Mst. Straina Attavar	8F
Fourth		
First	Ms. Jiya Patel	9D
	Ms. Anusha Yadav	9C
Second	Ms. Sanika Shetty	9C
	Ms. Minnisha Singh	9C
Third	Ms. Aarya	
	Ms. Sarah Menezes	9A
Fourth		



# SPORTS WEEK EVENTS

Game : Hand Cart Race

Month : January 2023

## Winners List:

Hand Cart Race - Boys Category		
Place	Student's Name	Class
First	Mst. Siddhant Dhawade	6B
	Mst. Yash Kulkarni	6B
Second	Mst. Om More	6A
	Mst. Soamil Mandlik	6C
Third	Mst. Dhyan Jain	6E
	Mst. Vignesh Shetty	6E
Fourth	Mst. Junwain Mohaved	6D
	Mst. Shyam Rajiv	6B
First	Mst. Diaan Shah	7D
	Mst. Aarav Rathore	7D
Second	Mst. Gauran Akhade	7A
	Mst. Vedant Shetty	7A
Third	Mst. Parth Kadam	7F
	Mst. Dhrumeet Kumavat	7F
Fourth		

Place	Student's Name	Class
First	Mst. Darshil Shejwal	8D
	Mst. Puneet Shetty	8E
Second	Ms. Vedant Pole	8
	Ms. Aahan Piwari	8
Third	Mst. Ronak Ganeriwal	8F
	Mst. Harshit Jain	8F
Fourth	Mst. Shrikar Gundu	8B
	Mst. Aryan Shetty	8F
First	Mst. Racheet Sanghavi	9B
	Mst. Prathamesh Shinde	9A
Second	Mst. Kavya Gala	9B
	Mst. Aarav Bhuta	9B
Third	Mst. Dhyan Patel	9C
	Mst. Krishna Chothave	9C
Fourth		





# SPORTS WEEK EVENTS

Game : Hand Cart Race

Month : January 2023

## Winners List:

Hand Cart Race - Girls Category		
Place	Student's Name	Class
First	Ms. Rableen Kaur Kahlon	6A
	Ms. Pavneet Kaur Dhindsa	6A
Second	Ms. Tanisha Panigrahi	6E
	Ms. Atifa Lakhwa	6E
Third	Ms. Samaira Arora	6A
	Ms. Riddhika Kargeti	6A
Fourth	Ms. Kavya Rathi	6C
	Ms. Shravya Uchil	6D
First	Ms. Prapti Shetty	7B
	Ms. Reena Mourya	7B
Second	Ms. Faariya Rain	7E
	Ms. Prateeksha Poojary	7E
Third	Ms. Mahi Patel	7B
	Ms. Alina Shaikh	7B
Fourth		

Place	Student's Name	Class
First	Ms. Vinisha Shetty	8A
	Ms. Laasya Shetty	8A
Second	Ms. Sirah Shaikh	8C
	Ms. Anaya Patil	8C
Third	Ms. Shivangi Verma	8E
	Ms. Saumya Daddmani	8A
Fourth	Ms. Rishika Shette	8C
	Ms. Aishwarya Joshi	8C
First	Ms. Divya Daga	9A
	Ms. Sarah Menezes	9A
Second	Ms. Shriya Naik	9C
	Ms. Nivedita Vivekanand	9A
Third	Ms. Aastha Ojha	9A
	Ms. Krishnai Savi	9C
Fourth		



# **SPECIAL ACHIEVERS**

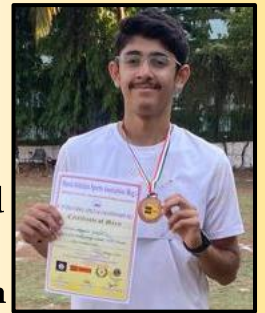


## SPECIAL ACHIEVERS 2022-23

1. Ms. Lakshmi Sharma has exhibited exceptional athletic ability, marking her as a distinguished achiever. She secured a Gold Medal in the Mixed Relay at the State level organized by SVJCTSA, Chiplun. Her dedication and skill were recognized when she was selected to participate in the DSO division level. She secured a Silver Medal in the 100m relay and 400m hurdle race. Adding to her list of triumphs, she secured the 1st Place in the Nisarg Run Marathon and the 3rd Place in the Swami Vivekanand Run Marathon, both at the District level. Lakshmi earned a Silver Medal in the 400m relay organized by DSO and a 2nd Place in the Marol Marathon organized by Marol Athletics Sports Association. Her achievements stand as a testament to her dedication, hard work, and remarkable athletic abilities.



2. Mst. Akkshit Jethva has shown impressive skills in athletics. He won a Gold Medal in the 100m race at the District level, achieved at St. Arnold School's event. Akkshit also managed to secure Silver Medals in both the 100m Relay and 400m Relay, organized at the District level by DSO. Additionally, he clinched another Silver Medal in the 100m relay at St. Arnold School's event. Akkshit's dedication and determination have brought him these remarkable achievements, highlighting his promising athletic abilities.



3. Mst. Dhyan Patel has proved himself in athletics by winning a Gold Medal in the Mixed Relay at the State level, a significant triumph he achieved at the SVJCTSA event in Chiplun. He also bagged Silver Medals in the 100m relay and 400m relay, both at the District level events organized by DSO. He added another Silver Medal to his collection in the 100m relay, at the District event held by St. Arnold School.



Dhyan's consistent Performance and commitment are evident in these accomplishments, highlighting his promising future in the world of athletics.

4. Ms. Pratheeksha Poojari has truly shone in the field of athletics, showcasing a series of impressive achievements. She achieved a fantastic feat at the national level, winning a Gold Medal in the 400m race, a Silver Medal in the 100m race, and a Bronze Medal in the 60m race. These accomplishments came at the Maxfit India event, underscoring Pratheeksha's remarkable talents. At the District level, she secured a Silver Medal in the 100m relay in the event organized by DSO. Additionally, she earned a Bronze Medal in the 100m race at the event held by St. Arnold School. Pratheeksha's consistent dedication and exceptional performances are evident in her remarkable achievements, making her a true standout in the world of athletics.



5. Ms. Khushi Sharma's accomplishments in athletics are noteworthy. At the national level event, Maxfit India, she achieved an impressive 4th Place in both the 400m and 100m races. Her dedication paid off again at the District level where she won a Silver Medal in the 100m relay organized by DSO. Khushi's talent isn't just limited to the track; she clinched the 1st Place in the Swami Vivekanand Run Marathon held by Bharat Vikas Parishad. In addition, she secured the 2nd Place in the Nisarg Run Marathon organized by Nisarg Swasthya Sansthan, highlighting her endurance and commitment. Khushi's success continued with a 1st Place victory in the Marol Marathon organized by Marol Athletics Association. Her accomplishments stand as a testament to her hard work and remarkable athletic abilities.



6. Mst. Ansh Vedpathak's achievements in athletics are impressive. He leaped to success by securing a Gold Medal in the long jump at the District-level event organized by Prabodhan Kridabhavan. Ansh showcased his endurance as he clinched the 1st Place in the Nisarg Run Marathon organized by Nisarg Swasthya Sansthan, and again in the Swami Vivekanand Run Marathon held by Bharat Vikas Parishad. Demonstrating his diverse skills, Ansh won a Bronze Medal in Shot Put at the District event hosted by Poinsure Gymkhana and another Bronze Medal in the 600m run organized by DSO. His running prowess was further evident as he emerged victorious with the 1st Place in the Marol Marathon organized by Marol Athletics Association. Ansh's dedication to running culminated in a triumph at the BKC Marathon hosted by LupinLife, where he claimed the 1st Place. His accomplishments showcase his dedication, versatility, and outstanding athletic abilities.





7. Ms. Abhisha Shetty's achievements in athletics are promising. She sprinted her way to success by earning a Gold Medal in the Mixed Relay event at the State level, organized by SVJCTSA in Chiplun. She secured a Gold Medal in the 100m race at the District event held by St. Arnold School. Her talent wasn't limited to individual events; she also played a key role in the District-level 100m relay, winning a Silver Medal in the event organized by DSO. Abhisha continued to shine in relay races, contributing to the Silver Medal in the 400m relay, once again at the District level and organized by DSO. Her exceptional performances showcase her commitment, speed, and team spirit in the world of athletics.



8. Ms. Sanavi Satre's has done a commendable job by displaying her speed and teamwork by securing a Silver Medal in the 100m relay at the District level event organized by DSO. Sanavi's contribution to the relay race highlights her dedication and athletic abilities, showcasing her potential in the world of athletics.



9. Ms. Mohangi Ugale showcased her speed and coordination by winning a Silver Medal in the 100m relay and a Silver Medal in the 400m relay at the District level event organized by DSO. Mohangi's dedication to her sport is evident in her performance. Additionally, she displayed her agility and skill by securing a Bronze Medal in the 400m hurdles at the same District-level event. These accomplishments reflect her hard work and determination in the field of athletics.



10. Mst. Johan Mathew's demonstrated his speed and teamwork by earning a Silver Medal in the 100m relay and another Silver Medal in the 400m relay at the District level event organized by DSO. His consistent performances showcase his commitment to the sport and his ability to excel in a team setting.



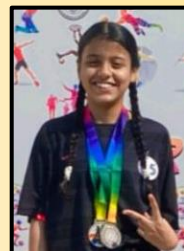
11. Mst. Anmol Jani's has done a fantastic job by displaying his speed and collaboration skills by securing Silver Medals in the 100m relay at two different District-level events – one organized by Marol Athletics Association and the other by St. Arnold School. Anmol's consistent performance in relay races highlights his dedication and athletic capabilities.



**12. Ms. Akansha Verma has secured a Silver Medal in the 100m relay at the District level event organized by DSO. Akansha's achievement in the relay race showcases her commitment and ability.**



**13. Ms. Ayesha Malik's showcased her speed and teamwork by securing a Silver Medal in the 100m relay at the District-level event organized by DSO. Ayesha's dedication and athletic abilities also shone as she earned another Silver Medal in the 100m race at the event hosted by St. Arnold School. Ayesha's consistent performances have enabled her to excel.**



**14. Mst. Aaradhya Chothave's achievements in athletics are truly remarkable. He showcased his jumping prowess by securing a Silver Medal in the Long Jump event at the District level, organized by the Mumbai Athletic Association. Aaradhya's dedication and skill earned him recognition at the State level as well, where he was selected to participate in the State Level event organized by the Maharashtra Athletics Association. His talent in jumping has positioned him as a promising athlete.**



**15. Ms. Anika Nair's has excelled in the game of chess. She demonstrated her strategic thinking and mastery of the game by securing Gold Medals in chess competitions at the District level. Anika's first Gold Medal victory came at St. Arnold School, where her skills and dedication shone brightly. Her excellence continued as she earned another Gold Medal at the RBK Educational Institute, further highlighting her talent and consistent performance in chess. Anika's achievements show her dedication to the game and her ability to excel in competitive settings. She is a promising chess player with a bright future in the field of competitive chess.**



**16. WINNERS ALL THE WAY. The Dodgeball Girls U17 Team exhibited an outstanding performance in the District-level competition organized by DSO. They showcased their teamwork and skill, securing a remarkable 2nd Place in the competition. The team members who contributed to this achievement include Sreasha Rajavat, Taira Nagwekar, Raashi Shetty, Dhruvi Shetty, Suraksha Gowda, Riddhi Rai, Palavi Charvekar, Anjali Kashid, Nidhi Upadyaya, and Purvi Shetty. Their accomplishment has made the school proud.**



# **PARENT'S SPORTS EVENT**

## PARENTS SPORTS EVENT 2023

An exclusive sports event was organised by the Sports Department of Secondary Section on Saturday, 25<sup>th</sup> February 2023.

From 7am to 9:30am, Outdoor games Lagori and Dodge Ball games were conducted for both men and women on the school ground.

From 10am to 12:30pm, Indoor games Chess and Carrom were conducted for both men and women category in the preprimary classrooms.

Sports teachers along with the student council members successfully conducted the event. Winners were felicitated with certificates and trophies.





# INDOOR GAMES – CHESS AND CARROM





# PRIZE DISTRIBUTION PARENTS SPORTS EVENT 2023





**WINNERS LIST :**

<b>Game</b>	<b>Category</b>	<b>Position</b>	<b>Name of the Parent</b>
Lagori	Mix	First	Ms. Laxmi Rawat
Lagori	Mix	First	Ms. Pushpalatha Gowda
Lagori	Mix	First	Ms. Varsha Shetty
Lagori	Mix	First	Ms. Neepa Shetty
Lagori	Mix	First	Mr. Prem Rawat
Lagori	Mix	First	Ms. Jyoti Shetty
Lagori	Mix	First	Mr. Dipesh Patel
Lagori	Mix	First	Ms. Kalpita Patel
Dodgeball	Mix	First	Ms. Bhavika Limbani
Dodgeball	Mix	First	Ms. Nikita Patel
Dodgeball	Mix	First	Mr. Mitesh Patel
Dodgeball	Mix	First	Mr. Dinak Kumar
Carrom	Women	First	Ms. Kanchan Kubal
Carrom	Women	Second	Ms. Bhavna Dedhia
Carrom	Women	Third	Ms. Jyothy Shetty
Carrom	Men	First	Mr. Nilesh Karmale
Carrom	Men	Second	Mr. Dinak Kumar
Carrom	Men	Third	Mr. Prem Rawat
Chess	Men	First	Mr. Mitesh Patel
Chess	Women	First	Ms. Shraddha Kankariya

**ANNUAL SPORTS  
PRIZE DISTRIBUTION**



# ANNUAL SPORTS PRIZE DISTRIBUTION

Winners of all the sports events were felicitated on 31<sup>st</sup> March 2023 in the Annual Prize Distribution Ceremony held on school ground from 10 am to 12:30 pm. Interhouse Sports and Sport Week winners in team and individual category were awarded with certificate, trophy and medal.

Felicitation was done by Principal madam, Coordinator madam and teachers. Student council members assisted team of sports teachers and sports events managers in smooth conduction of the event.

Best House Trophy was awarded to Red House Team by Principal madam for achieving maximum overall score in the sports events conducted throughout the year.



























# **ARTICLES FROM STUDENTS**



**“As we all know kids like me can’t live without sports... well some kids play only for fun whereas some kids like me who have dreamed to play for their career. I love to play professional cricket and I have dreamt to play for the Indian cricket team and make women in blue win the World Cup. Recently Indians Girls U19 won the ICC U19 Women’s World Cup against England, the ICC Cup was hosted by South Africa. Well my story of joining cricket is quite different from others “ I loved skating I won 26 medals, 7 trophies and more than 30 certificates and I had also been to state championships but bad luck I didn’t win, my brother joined cricket club he was only 7 when he joined, it was very difficult for my dad to manage both of us so one day he told me go with him and I started to cry because I wanted to skate and I said I won’t go and my dad slapped me and took me with him over there I was sitting and crying a lot then my father said me to do batting and said no he again yelled at me then I did batting and I was able to hit the ball very nicely and then I realised that cricket is a very good sport and from that day I decided to make cricket my carrier and today I am at such a level that people know and I have been to many selections and I got selected but because of age issues they had to remove me I was very sad that time but my dad told me this was the trailer the blockbuster is remaining because I was only 10 and it was a U14 selection the coach said I can achieve everything in my life and I realised that I am special.**

**“NEVER EVER GIVE UP, DO ACHIEVE YOUR GOALS”**

**Faariya Firoz Rain, VII E**

### **Sports Is An Integral Part Of My Life**

**Regular involvement in sport and physical activity are fundamental to good health and wellness at all stages of life. Sports play an important role in building physical and mental capabilities of the person. It enhances the leadership qualities of the person engaged.**

**It enables us to overcome sufferings and worries. Games help in building a tenacious and strong body. Regular physical activity helps prevent and treat noncommunicable diseases (NCDs) such as heart disease, stroke, diabetes and breast and colon cancer. It also helps prevent hypertension, overweight and stress.**

**Hrushikesh P. Vishwakarma, VIII E**

## **My Favourite Sport: Basketball**

**Basketball is a sport that has captured the hearts of millions of people all over the world. From the fast-paced action on the court to the thrill of a game-winning shot, there is something about basketball that makes it one of the most popular sports around.**

**One of the things that I love about basketball is the way it brings people together. Whether you're playing in a pick-up game with friends or competing in a high-stakes tournament, basketball has the power to unite people from all walks of life. It's a sport that brings people of different ages, cultures, and backgrounds together, creating a sense of community and camaraderie that is unique to this sport.**

**Another aspect of basketball that I love is the strategy and strategy involved. Whether you're playing in a fast-paced game or in a slow-paced, controlled game, there is always a sense of strategy and strategy involved. Teams must work together to outmanoeuvre their opponents, execute plays, and make shots. This strategic aspect of the sport makes it incredibly exciting to watch and to play, as you never know what will happen next.**

**The physical demands of basketball are also part of what makes the sport so challenging and so much fun.**

**Khush R Senghani, VIII E**

## **Sports and Me**

**Sports have always been an important part of my life. Growing up, I was always active and loved participating in various athletic activities. Whether it was playing soccer with my friends, joining a local basketball league, or swimming at the community pool, I always found a way to stay active and have fun.**

**As I got older, my passion for sports only grew stronger. I became more competitive and dedicated, constantly striving to improve my skills and reach new goals. I was also introduced to a wider range of sports, including track and field, tennis, and golf. Each sport taught me valuable lessons, such as the importance of teamwork, perseverance, and mental toughness.**

**One of my proudest accomplishments as an athlete was making the varsity team in high school. It was a goal I had been working towards for years, and finally achieving it was a huge moment for me. Not only did I get to play at a higher level, but I also learned how to be a leader and mentor to my younger teammates.**

**Khush R Senghani, VIII E**



**Badminton is a racquet sport played using racquets to hit a shuttlecock across a net. Although it may be played with larger teams, the most common forms of the game are "singles" (with one player per side) and "doubles" (with two players per side). Badminton is often played as a casual outdoor activity in a yard or on a beach; formal games are played on a rectangular indoor court. Points are scored by striking the shuttlecock with the racquet and landing it within the opposing side's half of the court. Each side may only strike the shuttlecock once before it passes over the net. Play ends once the shuttlecock has struck the floor or if a fault has been called by the umpire, service judge, or (in their absence) the opposing side.**

**The shuttlecock is a feathered or (in informal matches) plastic projectile which flies differently from the balls used in many other sports. In particular, the feathers create much higher drag, causing the shuttlecock to decelerate more rapidly. Shuttlecocks also have a high top speed compared to the balls in other racquet sports. The flight of the shuttlecock gives the sport its distinctive nature. The game developed in British India from the earlier game of battledore and shuttlecock. European play came to be dominated by Denmark but the game has become very popular in Asia, with recent competitions dominated by China. In 1992, badminton debuted as a Summer Olympic sport with four events: men's singles, women's singles, men's doubles, and women's doubles; mixed doubles was added four years later. At high levels of play, the sport demands excellent fitness: players require aerobic stamina, agility, strength, speed, and precision. It is also a technical sport, requiring good motor coordination and the development of sophisticated racquet movements.**

**Sachin Sharma, X E**

### **THE DAY WE MISSED OUR PE PERIOD**

**Good morning, Guy! Yesterday we missed our PE period because our sir was absent. We all were sad about it.**

**By this we got two IT periods and likely it was practical period so we got 1 hour 30 min. But nothing can exchange a hour playing with friends on the ground.**

**It caused some of our class students who were excited for cricket match with other classes.**

**Devansh Vishwakarma, VIII E**

### **The day I won on sports day**

**I participated in the carry your partner competition but I had no partners to play with! It was time for selections and we were told to stand in a line, but a girl was also having no partner Suhani! We became partners. We were doing so well before the selection round and I was happy, and we did so much better and came 1st in the selection round! Then, we had to wait a lot, but it was time for the final round. I was nervous but Suhani was so cool! We stood on the racing tracks, and the race started! Everyone was cheering for us, of course I couldn't let them down by losing. We were so fast, but some cheating happened behind us we didn't notice so we had to start again and the same thing happened we were 1st! I felt so happy because I promised my friends that we'll come 1st and we did!**

**Naysha Shamal Das, VI D**

### **Sports is an integral part of my life**

**Sports can be one of the main chapters in one's life but what if the whole book was about it? It definitely is for me.**

**Sports can help to enhance the physical and mental health of a person. If we keep a regular habit of jogging early in the mornings, it will keep our mind and inner soul calm. Sports if practiced well it can help in maintaining good health.**

**I myself am passionate about sports. I am an athlete and I have been participating in inter school competitions since grade 1st. I enjoy practicing and doing workouts. I love to wake up early and exercise. It keeps me active and fresh throughout the day. I have a special attachment with my sport shoes. They motivated me and helped me to never give up. I respect them and they have supported me throughout my whole journey.**

**The satisfaction I get whenever I participate and win any competition! I have always had a habit to feel and connect with the ground before stepping on it. I feel thankful that I got a opportunity to prove myself. I am always thankful to my coaches who believed in me and trained me for this. Whatever I am today is because of them.**

**Mohangi Ugale, IX C**



How would you feel if your PE period was cancelled? Surely sad, agitated etc.? The same way our class felt when our class PE period was cancelled.

### **The Day We Missed Our PE Period**

Our class is notorious for being mischievous. Teachers were fed up with scolding and giving lectures. They decided to complain about it to our PE teacher. They complained and we were made to sit. We saw the girls playing kho-kho, dodgeball, kabaddi and boys playing cricket, football etc. Some girls started playing games like Atlas and Aam Chori while the others talked and complained about. The boys did some timepass too.

But seriously to tell you, everyone felt miserable and sad. I too wanted to play. But what could we even do...

**Prapti Ratnakar Vanita Shetty, VII B**

### **The match we lost or won**

Let me tell you about the sports fest which was held by our school between International and State board students. I and my partner Reena were selected for handcart race. My classmates Mahi and Alina were also selected.

During our race, I and Reena won that race.

But during Mahi and Alina race, Mahi's both the hands got badly injured got totally scratched. She raced once again. We won and came first again but Mahi and Alina came second; it was due to her hands totally injured. Blood was oozing from her hands like water from a tap. Still she raced. That was Mahi's dedication towards the race. The hands were not in a condition to be seen. Though she didn't come first, she was happy that State board came first. That was Mahi's dedication towards the race.

**Prapti Ratnakar Vanita Shetty, VII B**

## Sports and Me

Sports and me is a topic which means a lot to me. The relation between sports and me is super complex. I just love sports. But I have not even won a single game till now. Know why? Because it is my fate. Well my fate has a twist in it. I have participated in every sports in my School and I passed all rounds expect the semi-finals. I mean be it any sports or any game I will pass every round no matter how tough it is but I have never passed the semi-finals! Well at one point It is good that I can pass all rounds of sports even if I don't know what it is. For example this year during our school sports day I participated in a game called 'Cardboard Race'. Honestly I heard it for the very first time in my life. Probably I was pretty sure that I am not goanna even pass the first round as I got to know what it is the night before the event. But know what? I passed all rounds expect for the semi-final and that also for the difference of 0.000001 nanometer from the other player. I was just so depressed. It was a mourning moment for me. And at that time, it was more negative than positive. It is not only about one time. It happens every time since I joined school (when I 4 to today when I am 13). I am very good at carrom and the only game in which I pass finals but always on 4<sup>th</sup> place for which there is no prize! I have thousands of similar reasons to prove that it is in my fate to never win any sports but for of course pass all rounds expect finals. Which is even more painful. Plus to make it more painful by best friend is just opposite to me! She wins every game! It really makes me super jealous of her. But it is said that if you change you mindset you can do anything. So today I promise myself that one day I will make this quote true for my life.

Somya Ambuj Roy, VII D

## My Favourite Sport

Cricket is my favourite sport which is widely played across the globe by everyone irrespective of their caste, creed or colour. It is one of the most famous games in India.

It is played in various formats – twenty overs, fifty overs, test matches, domestic/international/league tournaments. India's under 19 girls' team, recently won the first inaugural World Cup.

This is an outdoor game, played with a bat, ball and stumps. There are two teams which complete with one another. The team with the highest scores wins the game. The umpire ensures that rules are followed and his decision is final.

Cricket was played as a hobby, then as a passion and now it has become a profession. I play the game very often under proper guidance and dream that one day I shall become a famous cricketer.

Darsh Mehta, VII B



## **Sports is an integral part of my life**

**Just like a diet of healthy nutrients is needed for nourishing the body, playing sports holds a great significance in enhancing our lives, especially for growing children. As a student, one has to face many challenges, and playing sports helps them cope with the exam pressure and prepare them for further challenges by providing them with physical and mental strength. Children who are indulged in physical activities sustain good values of mutual respect and cooperation. Playing sports teaches them skills such as accountability, leadership, and learning to work with a sense of responsibility and confidence.**

**Shravya Shetty, IX D**

## **Sports and Me**

**Sports are for fun, but they also offer benefits and lessons, that carry over into all aspects of life. It also means all form of physical activities and skills. A good sport helps in building confidence and leadership skills. It plays an important role in improving physical and mental health.**

**When I was small sports and me were totally opposite to each other. Sports need stamina and energy but like slow motion sloth I just like to sit at one place, here the best example of me was my nursery running race. Here the rules are that we have to pick some toys between the middle and run till the middle point of the race. But just opposite I took the toys first (as I am very greedy of toys I sat and start playing. I didn't bother the race was going on. All my friends complete the race. All the teachers and parents were laughing on me and my teachers pick me from there.**

**From that incident I took the lesson, as my age is also growing up my point of view on sports also changed. Now I like the sports very much I do exercises at home because it keeps us fit. I start taking part in my school's sport activities. I play indoor and outdoor games, and I join summer camps too. Sports and games are essential part of our lives. So we have to quit our slow motion sloth habit and we have to eagerly participate in sport activities and regularly exercise.**

**Junaid Shaikh, VII F**

### **The unholy day we missed our PE period**

**My class 6<sup>th</sup> D has their block PE period on Thursdays and mostly all holidays are on Thursdays so one Thursday we all were not so excited as we used to be because it was raining cats and dogs but at the time of somewhere around 6:55am it stopped raining and everyone got too excited and were restless to go on the ground in this restlessness after prayer and attendance we made a mistake we all went to ground without informing any teacher. This was the biggest mistake of my whole year. Then because of this we all sat on the stairs a whole 1 period then as it was our first mistake so sir forgave us and let us play for 1 period. This was the first and last time we did this after this event we always waited for our sir to send anyone to take us on the ground.**

**Gori Om Rakesh, VI D**

**Sport plays an important role in our life. It helps us to be fit and fine. Also it refreshes our brain.**

**There are many sports in the world. Some of them are indoor and some of them are outdoor. There are many indoor games such as chess, carrom, ludo, snake and ladder etc. Football, cricket, hockey, volleyball, kabaddi, badminton etc are outdoor sports. My favourite sport is football. I enjoy playing it. I mostly play in midfield position. I admire great players such as Cristiano Ronaldo, Lionel Messi, Neymar Jr. etc. Football sport is very beneficial to us as it boosts our immunity power, stamina, keeps our body fit and legs strong. Football teaches us the value of discipline, dedication, respecting the players and teammates on the field, captainship, sportsmanship etc. The 2 teams play against each other. There are 11 players in each team playing. The team which has more goals than the other team wins the match.**

**I love playing football. I watch football matches on television, laptop, tab or mobile. In my opinion, football is the best sport ever.**

**Mohammed Sufiyan Shaikh, VI C**



## Sports and me

Sports occupies a vital role in our lives. It keeps us fit, healthy and makes us active. The secret to having a healthy and positive lifestyle is to have a positive mind and body.

Sports is one such activity which helps us in maintaining a proper physique and a positive mentality.

Apart from keeping a healthy body and mind, sports also helps us in alerting our senses, keeps us aware and an undaunting personality and outlook on life. Hence, sports has a multi-faceted role in our lives. Sports is such an activity that it can be taken up by anyone; at any age and any point in life. Adults, children and elders – everyone alike can take part in sports. Many regard sports as a mere co-curricular or extra-curricular activity in schools. However, in reality, sports play an equally important role as does education in a person's life. To achieve overall and all-round development in life, one should be well-versed in both sports and culture. While training sharpens the mind, sports sharpens the body and fitness. Thus, both are essential.

There are numerous advantages of involving oneself in sports. First and foremost, as known by all and very definitively, competitions increase the physical fitness of an individual. Additionally, sports also contribute to building stable mental well-being of a person. Various researchers show that people who are in the daily practice of sports in any form record better mental as well as physical health. Moreover, sports also eliminates the risk of a person catching diseases or facing any bodily interruptions.

Competitions increase immunity and increase people's stamina.

Mohd Saad Khan, VI D

## The Match We Won

It was a memorable day when my partner and I participated in the final round of Hand Cart race against IG section.

During the selection, I chose Yash Kulkarni as my partner as I knew he would be fast on his hands with me holding his ankles.

Because of our strong partnership, we won all the preliminary rounds and my PE teachers team were hopeful about us winning this event.

Oh ! what a match. Yash and me must have never ran as fast as this ever before. The cheering added more energy into us.

We were the first to reach the finishing line. Students started celebrating our victory by lifting Yash on their shoulders and cheering. It was difficult for them to lift me as I am on the chubby side. My teachers were very proud of us.

Siddhant Dhawade, VI B

## **The Day We Missed Our PE Period**

**It was a Tuesday morning when we had 2 P.E. periods. Everybody in the class was very excited as our friends from other sections would meet us too. Unfortunately, our teacher responsible for accompanying us to the ground were absent. It had our mood ruined. However, a student went to the laboratory and enquired about the teacher coming for proxy. Few moments later, our Music teacher entered the class with his harmonium. He made us all sit in a disciplined manner and ended the chaos. He then entertained us with his good musical skills and funny jokes. He is truly an epitome of talent and hard work. He even talked to us about his school days and his passion and journey towards music. Even though we missed our P.E. Period, But our music teacher definitely made our day! At the end we all thanked him when he was about to leave the class.**

**Sadia Shaikh, X F**

## **Sports is an integral part of my life**

**Sports is an important part of my life as sports can help me reach my fitness goals and maintain a healthy weight.**

**What could be the integrity of sports?... Integrity is the most fundamental value of sports. Integrity in sport is largely addressed through concepts of fair game play, respect for the game, sportsmanship, etc.**

**It makes you a better person, choosing healthy eating habits, determined to achieve goals, becoming more obedient towards your schedule and gives you a better healthy lifestyle.**

**What is the importance of sports integration?... Deeply embedded in the school curriculum, sports integration utilizes physical activities to help develop skills such as collaboration, self initiative, self discipline, teamwork, etc.**

**Sports teaches me values such as fairness, team building, equality, discipline, perseverance and respect.**

**Everyone loves to play games. It plays an important part in improving my physical and mental health.**

**Tanishka Gosavi, VII D**



## Sports and Me

**“Walk, Run & Practice!” “Do good as much you can!” “We want to show our talents through sports!” Sports help us to build a Strong Body with a Strong Mind. The value of sports can Hardly be over Estimated. Sports make us Athletics and Gymnastic. Sports have immense importance in our life. They provide pure pleasure and Energetic Entertainment. They promote us Game Spirit and the value of Discipline too. It helps us to Grow Physically and Mentally. School Sports are an Essential and Integral part of the school. Annual School Sports are held once in a year during Winter Months. We were held on Big and Beautiful School Playground and it marked out for Wonderful occasion. For me it was a it was an Enjoyable and Memorable. Me and My Sports Shines ever and ever. If we are interested or not interested, Take a part and Enjoy it with fun !!**

**Ashna Shreejesh, VI A**